

FSSD Illness Guidelines 2021-22

Symptom/ Illness	Should NOT attend school/work/activity if:	May attend school/work/activity if or when:
COVID-19	Positive COVID-19 test with or without symptoms	<ul style="list-style-type: none"> After 5 days minimum have passed since symptoms first appeared (Day 0), or since positive test result if no symptoms, AND Fever-free for 24 hours without the use of fever-reducing medication and symptoms improving, AND Should wear a mask for at least 10 days following symptom onset/positive test date
COVID-19 Exposure Exposure -Close contact in the 48 hours before the positive person's symptom onset or their positive test if no symptoms Close Contact -Within 6 feet or less of positive case for 15 or more minutes in a 24-hour period	Had close contact to person with a confirmed case of COVID-19. It is advised to self-quarantine based on current guidelines set forth by the state health commissioner, regardless of official notification from the health department <u>EXCEPTIONS TO EXCLUSION FOR EXPOSURE</u> Individuals who: <ul style="list-style-type: none"> Are ages 18 or older and have received all recommended vaccine doses, including boosters and additional primary shots for some immunocompromised people. Are ages 5-17 years and completed the primary series of COVID-19 vaccines. Had confirmed COVID-19 within the last 90 days may attend school/work following exposure if they remain without symptoms . It is recommended to get tested 5 days after exposure and wear a mask in public for 10 days following exposure.	<ul style="list-style-type: none"> After 5 days have passed since last contact with the positive case, and no symptoms have developed, individuals may return to school/work, but should wear a mask for at least 10 days following exposure to the positive case and it is recommended they get tested 5 days after exposure. <p>If symptoms develop during the 10 days following exposure, the individual is excluded from school/work and should get tested and/or see healthcare provider</p> <p>If the positive case is in the household, the positive case must be completely isolated from exposed individuals to start the recommended 5-day exclusion period, otherwise the recommended exclusion period will be longer</p>
Symptoms of Infectious Illness	<ul style="list-style-type: none"> New onset and persistent cough (change from baseline for those with asthma and allergies) New loss of sense of taste or smell Fever greater than 100.4 degrees <p>Any combination of symptoms such as:</p> <ul style="list-style-type: none"> Muscle aches, body aches, fatigue (especially with fever) Congestion, runny nose and/or sore throat (not likely related to seasonal allergies) Severe headache (especially with fever) Diarrhea and/or vomiting <p>Individuals with symptoms at school will be assessed by the school nurse and sent home if indicated</p>	<ul style="list-style-type: none"> After 5 days minimum have passed since symptoms first appeared and fever-free without the use of a fever-reducing medication, and symptoms improving for at least 24 hours <p>OR</p> <ul style="list-style-type: none"> With written documentation from a physician with return to school date and fever-free without the use of a fever-reducing medication, and symptoms improving for at least 24 hours <p>OR</p> <ul style="list-style-type: none"> Proof of negative COVID-19 PCR test and fever-free without the use of a fever-reducing medication, and symptoms improving for at least 24 hours
Strep Throat	<ul style="list-style-type: none"> Sore throat with fever greater than 100.4 should be seen for medical evaluation 	<ul style="list-style-type: none"> 24 hours after starting antibiotics and fever-free without the use of fever-reducing medication
Diarrhea and/or Vomiting	<ul style="list-style-type: none"> Two or more episodes of diarrhea and/or vomiting occur within 24 hours of school 	<ul style="list-style-type: none"> Free from diarrhea/vomiting for 24 hours, AND No fever or additional symptoms have developed
Rash/Skin Infection	<ul style="list-style-type: none"> Rash or signs of skin infection not previously diagnosed or seen by a healthcare provider A rash accompanied by a cough and/or fever should be evaluated by a healthcare provider 	<ul style="list-style-type: none"> Rash-free & no other symptoms, OR Doctor release to return to school
Conjunctivitis "Pink Eye"	<ul style="list-style-type: none"> Redness, itching, swelling, discomfort, and/or purulent discharge of eye(s) Physician confirmed bacterial conjunctivitis 	<ul style="list-style-type: none"> Free of eye symptoms and no additional symptoms have developed, OR Doctor release to return to school 24 hours on antibiotic drops if bacterial

Revised 1/10/2022