



Monday, January 10, 2022

# TRABUCO HILLS HIGH SCHOOL WEEKLY BULLETIN

Trabuco Hills High School's Newsletter for Parents, Students & Staff

## WHAT'S IN THIS WEEK'S ISSUE:

PRINCIPAL'S MESSAGE  
GUIDANCE INFORMATION  
PTSA  
ASB  
COMMUNITY NEWS  
ATHLETICS

## UPOMING EVENTS:

TUESDAY, JANUARY 11TH  
THHS BOYS VOLLEYBALL FUNDRAISER 5:00 - 9:00 PM

MONDAY, JANUARY 17TH  
THHS GIRLS BASKETBALL FUNDRAISER 11:00 A.M. - 8:30 P.M.

MONDAY, JANUARY 17TH  
NO SCHOOL, DR. MARTIN LUTHER KING JR. DAY

MONDAY, JANUARY 24TH  
SCHOOL SITE COUNCIL MEETING

THURSDAY, JANUARY 27TH  
MINIMUM DAY

THURSDAY, JANUARY 27TH  
WINTER FORMAL @ KNOTT'S BERRY FARM 8:00 PM - 12:00 PM

FRIDAY, JANUARY 28TH  
NO SCHOOL FOR STUDENTS, STAFF DEVELOPMENT DAY

MONDAY, JANUARY 31ST  
\$277.00 GRAD NITE TICKET DEADLINE

MONDAY, JANUARY 31ST  
THHS SHOWCASE 5:30 P.M. - 7:00 P.M.

**Mustang Families,**

**Please take some time this morning to review all the information in today's newsletter.**

**The new semester has begun, and as you are aware we're currently facing a large surge in Covid positive cases and close contacts. If you notified the school that your student was Covid positive or a close contact, this information has been shared with the district contact tracing team. The district, in conjunction with the OCHCA and CDPH, is following the newly adjusted quarantine guidance from the CDC. As always, if your student is ill, please have them remain home until symptoms subside.**

**As a reminder, THHS has not yet received the state-provided tests. We hope they will arrive on site sometime this week. Once they are received, messaging will be sent out to the entire community.**

**Be sure to check our athletics twitter feed or with the different programs if you are able to come out and support our wrestlers, soccer, basketball, or water polo athletes.**

**Thank you in advance for your patience and we hope you are all remaining healthy and well at this time.**

**As a reminder, next Monday, January 17th is Dr. Martin Luther King Jr. Day. All district facilities will be closed.**

**Ms. Alicia Foulk  
Principal**

**24-Hour Attendance Hotline  
(949) 460-2707 or e-mail:  
[THHSAttendance@svusd.org](mailto:THHSAttendance@svusd.org)**



# Bell Schedule Beginning January 10, 2022

## Monday

### Collaboration/Minimum Day Schedule

Period	Time
1	7:16 - 7:56
2	8:02 - 8:42
3	8:48 - 9:38
4	9:44 - 10:24
Snack	10:24 - 10:37
5	10:43 - 11:23
6	11:29 - 12:09
7	12:15 - 12:55



## Tuesday - Friday

### Regular Bell Schedule

Period	Time
1	7:02 - 7:56
2	8:02 - 8:57
3	9:03 - 10:01
Snack	10:01 - 10:17
4	10:23 - 11:18
5	11:24 - 12:19
Lunch	12:19 - 12:59
6	1:05 - 2:00
7	2:06 - 3:02

### Reminder:

**No School On  
Monday, January 17th  
(Martin Luther King Jr. Day)**



# THHS Girls Basketball Fundraiser

Monday, January 17th 11:00 a.m. - 8:30 p.m.



**Fundraiser**

**Monday, January 17, 11am-8:30pm**

**28813 Los Aliso Blvd, Mission Viejo, CA**

**949-830-3436**

**20% benefits THHS Girls Basketball**

**Please mention THHS GBB when placing order**



Not valid with any coupons, discounts, specials or delivery



# Guidance Department Important Dates



## Important Dates

Last Day to ADD a Class:

Friday, January 21, 2022

Last Day to make a course LEVEL  
change:

Tuesday, February 15, 2022

Last Day to DROP an EXTRA class  
(without transcript notation):

Tuesday, February 15, 2022

Second Semester

# **School Site Council Meeting**

**Monday, January 24, 2022 @ 4:00 p.m.**



**THHS** | Site Council

## **THHS Site Council Meeting**

**Monday, January 24, 2022**

**@ 4:00 p.m. in the MPR**

**(face masks are required)**

**The Site Council Meeting Packet can be found by clicking on the link below.**

**<https://drive.google.com/drive/folders/13HssjQL11TC9I5vNwV0XBmN4pcarbvdL>**

**<https://drive.google.com/drive/folders/13HssjQL11TC9I5vNwV0XBmN4pcarbvdL>**

# THHS Showcase

Welcome All Incoming & Current THHS Students & Families  
Monday, January 31, 2022 5:30 p.m. - 7:00 p.m.



## TRABUCO HILLS HIGH SCHOOL SHOWCASE

You are cordially invited the THHS  
Showcase on Monday, January  
31st from 5:30 pm-7:00 pm  
in the THHS stadium

5:30 pm- Welcome and Performances  
5:45-7:00 pm- Department, Athletic  
and Extracurricular Information  
Tables

For all incoming and current THHS  
students and families



## Why Choose TRABUCO HILLS?

The answer is simple...BALANCE.  
We do it all and we do it well.

1

### OUR VISION

At Trabuco Hills, we provide the resources and support you need to explore your passions, develop your talents, and further your education. Students come to Trabuco Hills to learn how to think critically, creatively, and ready themselves for the ever-changing world.

2

### AWARDS

2020 Golden Bell Award  
3 Time Newsweek Top U.S. Public High School  
National Blue Ribbon School of Excellence  
California Distinguished School  
California Excellence in Arts School (1 of 3 high schools in state of California)

3

### ACADEMICS

92% of students attend higher education  
25 AP Course Offerings  
281 AP Scholars, 1,407 AP Exams Taken- 76% pass rate-well above national average!  
28 IB diplomas earned by the class of 2020  
99% of IB exams were passed with a score of 4 or higher

4

### EXTRA CURRICULARS

24 athletic teams, including multiple League, CIF and State Championship teams  
Award-winning Marching, Ensemble, and Jazz Bands  
Multiple offerings of visual arts including Cinema Night, Comedy Sportz, Off the Wall, Dance Production, and Musical Theatre.

5

### CLUBS

Trabuco Hills offers over 60 curricular and non-curricular clubs allowing an opportunity for everyone to find a home on our campus.

6

### GOT SPIRIT?

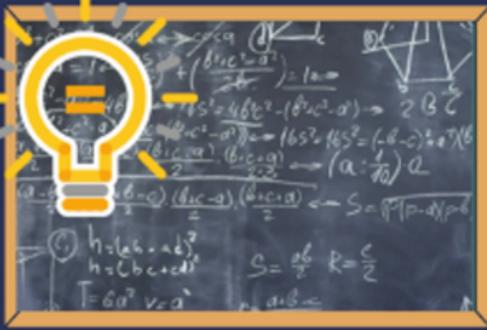
Our Got Spirit? days are tough to beat when 2800 students bring out their class colors, creating a sea of blue, green, red, and yellow.

TRABUCO HILLS HIGH SCHOOL

<https://www.svusd.org/schools/high-schools/trabuco-hills/about/showcase>

# THHS Mustang Learning Center

## Mustang Learning Center



Need one on one help in math, physics, chemistry, structuring an essay?

HELP

The Mustang Learning Center is open at lunch and after school in the library.

- Available Teachers
- Peer Tutors (students who already took the class)
- Quiet place to study
- Get your questions answered
- Come right before a big test!



## Mustang Learning Center

*Monday-Thursday in the Library  
Adjusted hours beginning 11/1/21*

Attention all students! Please take advantage of the Mustang Learning Center during the following days and times:

Mondays: 1-1:30

Tuesdays: 7-8am, 12:20-12:50 and 2-4pm

Wednesdays: 7-8am, 12:20-12:50 and 1-4pm

Thursdays: 7-8am, 12:20-12:50 and 2-4pm

\*The Learning Center will be closed on all school holidays

The Learning Center is a great place to get the following support:

- Academic
- Organizational
- Quiet place to study/complete homework

The following combination of THHS staff members will be available during the Learning Center times:

- Teachers
- Instructional Assistants
- Office staff
- Peer Tutors
- Administration



# Detention & Saturday School

## Detention Hours

**Tuesday, Wednesday, & Thursday Only**

**7:02 am - 7:56 am – Room 128**

**2:06 pm - 3:02 pm – Room 101**

**3:06 pm - 4:00 pm – Room 101**

**Trabuco Hills High School  
2021-2022**



<https://www.svusd.org/schools/high-schools/trabuco-hills/about/discipline-and-supervision>

### 21-22 Saturday School Dates

**Jan. 22<sup>nd</sup>, Feb. 5<sup>th</sup>, Feb. 12<sup>th</sup>, Feb. 26<sup>th</sup>, March 6<sup>th</sup>, March 12<sup>th</sup>,  
March 26<sup>th</sup>, April 2<sup>nd</sup>, April 23<sup>rd</sup>, April 30<sup>th</sup>, May 14<sup>th</sup> & May  
21<sup>st</sup>.**

**Please visit the Trabuco Hills website for times and rules.**

<https://www.svusd.org/schools/high-schools/trabuco-hills/about/discipline-and-supervision>

# Mind Out Loud, Free Virtual Student Mental Health Event Saturday, March 12th



**FREE VIRTUAL STUDENT EVENT**  
Saturday  
March 12th, 2022  
10 AM - 4 PM PST

**BOLDLY DISCUSSING MENTAL HEALTH**  
MIND OUT LOUD INSPIRES STUDENTS  
TO LIVE AUTHENTIC LIVES

FOUR PILLARS:

- 1 Personal Wellness
- 2 Suicide Prevention
- 3 Support for Marginalized Communities
- 4 Awareness & Advocacy

 @molstudents | mindoutloud.org

<https://www.mindoutloud.org/>

## PREVIOUS GUESTS @ MIND OUT LOUD



**BIG SEAN**



**ANGIE THOMAS**



**MAX STOSSEL**



**SHANE HARPER**



**PROPAGANDA**



**NAHOA LIFE**

**SCAN HERE TO LEARN MORE**



# Pacific Coast Corvettes Scholarship

**Deadline to Apply March 31, 2022**



**Pacific Coast Corvettes**

**Scholarship – 2021-2022**

The Pacific Coast Corvettes (PCC) club scholarship in the amount of \$3000 will be offered to an eligible candidate who is a graduating senior at a high school within either the Saddleback Valley Unified School District or the Capistrano Unified School District. Because PCC wishes to encourage automobile enthusiast activities and the continued advanced development of automotive technology, this scholarship is supportive of, but not necessarily limited to, that end. Applications forms are available on PCC's website at [www.pccvettes.org](http://www.pccvettes.org). or by email request to [Scholarship@pcc.org](mailto:Scholarship@pcc.org). Completed applications may be mailed USPS to Pacific Coast Corvettes, 23785 El Toro Road, #251, Lake Forest, CA 96230-4762, or emailed to [Scholarship@pccvettes.org](mailto:Scholarship@pccvettes.org).

To be eligible to receive this scholarship grant, applicants must have been accepted by an accredited college or university, post-secondary school, or technical trade school and planning to enroll or be enrolled in at least 12 class hours per semester. Preference will be given to applicants pursuing a S.T.E.A.M. major or be enrolled in an accredited technical trade school. Other qualifications being equal, preference may be given to those applicants who are able to demonstrate a genuine interest in automobiles and automotive related activities.

While academic performance and extracurricular activities will be considered, apparent financial need and work and/or volunteer experience will also be considered in the application review process. To be considered for the scholarship award, the applicant must meet the requirements described on this page and submit a completed application package (i.e., [1] the completed Scholarship Application form, [2] Application Questionnaire, and [3] an essay as described below.)

PCC will consider only those applications received or postmarked by March 31, 2022. Selection of the intended scholarship recipient will be made by April 30<sup>th</sup> provided the applicant is able to provide a letter of acceptance from the college or university or post-secondary school. Scholarship recipients who fail to provide proof of enrollment in an approved college, university, or trade school program, by May 15<sup>th</sup> may have their scholarship award selection rescinded and the scholarship award may be given to another qualified applicant. The scholarship disbursement will be made in September subject to verification of enrolment. Scholarship funds may, at the discretion of the Scholarship Committee, be remitted to the selected applicant or directly to the school.

The PCC Scholarship Committee will consider all information provided by each of the scholarship applicants and determine, in its sole discretion, that applicant who best suited to meet the intent and purpose of PCC in offering this scholarship. The PCC Scholarship Committee may, at its discretion, interview potential scholarship awardees prior to making its decision. The decision of the PCC Scholarship Committee is final.

# Saddleback Valley Educational Foundation

## Dr. Walter Cascell 2022 Scholarship

Deadline To Apply: Friday, April 1, 2022



Dear Applicant,

The Saddleback Valley Educational Foundation is pleased to announce that it is accepting applications for the Dr. Walter Cascell Scholarship for **2022** in the amount of **\$1,000**.

The scholarship is open to any student graduating from a high school in the Saddleback Valley Unified School District by June 2022, with a B or higher grade point average.

Applications must be submitted online by Friday, **April 1, 2022**, including the following information:

- A fully completed application, posted on <https://sveffoundation.org/scholarships>
- Copy of your official transcript.
- Letters of recommendation.

Once submitted, a confirmation email will be sent back to you with a copy of your application.

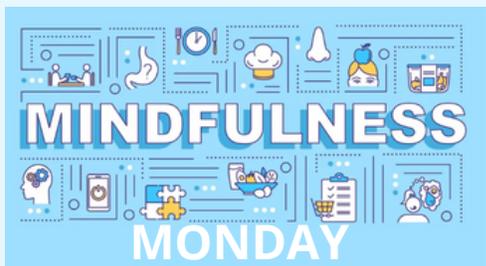
The selected scholarship finalists will receive an email invitation enabling you to sign up for an interview indicating a preferred day and time. All interviews will be held via Zoom video conference and are scheduled to take place during the week of **April 18, 2022**.

The chosen scholarship recipient will be notified via email by **April 22, 2022**. Scholarship funds will be made available once the Foundation receives proof of your college registration.

Please feel free to contact me if you have any questions.

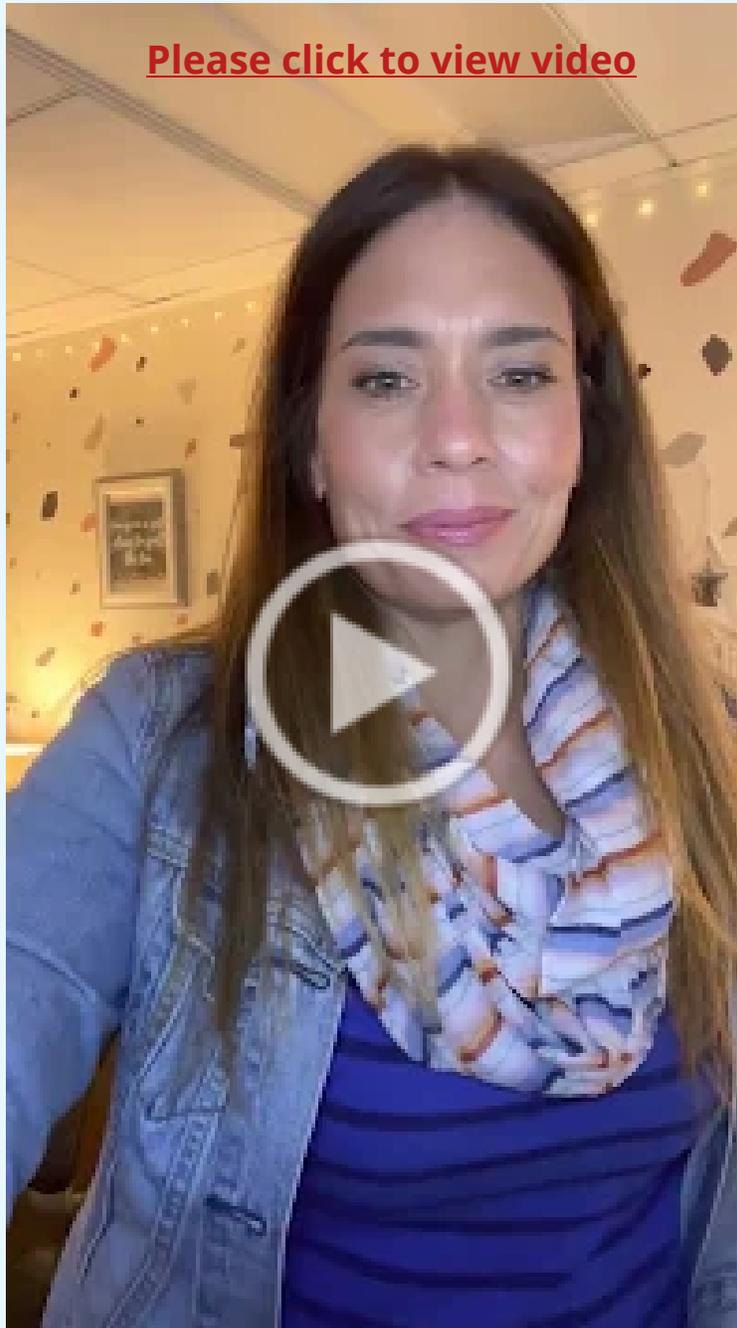
Sincerely,

Chris Mackey, Scholarship Chairperson  
Saddleback Valley Educational Foundation  
[mackeychris@sveffoundation.org](mailto:mackeychris@sveffoundation.org)



# Mindfulness Monday Video

## "Melting Lava Guided Imagery" Video



**Ms. Lunsford**  
**THHS Guidance Specialist**

[https://drive.google.com/file/d/1fB9bS8PdcpUAUQqC\\_OTQ241WHiMQaCh9/view](https://drive.google.com/file/d/1fB9bS8PdcpUAUQqC_OTQ241WHiMQaCh9/view)

# Grad Nite 2022 Tickets

## Grad Nite 2022

*We are going to Disneyland!*

Friday, June 3, 2022

CHECK-IN: FRIDAY 6/3  
12:00pm (NOON) at THHS

PICK-UP: SATURDAY 6/4  
6:00am at THHS

Transportation via SVUSD Buses

*Sponsored by the Trabuco Hills PTSA*

Please click on the link below to purchase your ticket & fill out the MANDATORY Registration & Waiver Form.

<https://www.thhsptsa.org/grad-night>  
[www.thhsptsa.org](http://www.thhsptsa.org)

## Grad Nite 2022

To purchase tickets, please visit [www.thhsptsa.org](http://www.thhsptsa.org).

*We have different ticket purchase options available.*

All students MUST sign the waiver on the website.

*More info available on our website.*

Questions? Email Lisa at [dunganfive@gmail.com](mailto:dunganfive@gmail.com).

## Grad Nite 2022

*Disneyland Park Hopper Plus  
Disney's Official Grad Nite held at  
CA Adventure followed by Private  
After-Party at a secret location.*

\$270.00      12/18/21 - 1/31/2022

\$300.00      2/1/22- 3/14/2022

**(plus \$7.00 service fee)**

*Sponsored by the Trabuco Hills PTSA*

**Questions?**

**Email Lisa at:**

**[dunganfive@gmail.com](mailto:dunganfive@gmail.com)**

# Share Your Photos in the Yearbook

School Code 6726

Did you go all out for a recent

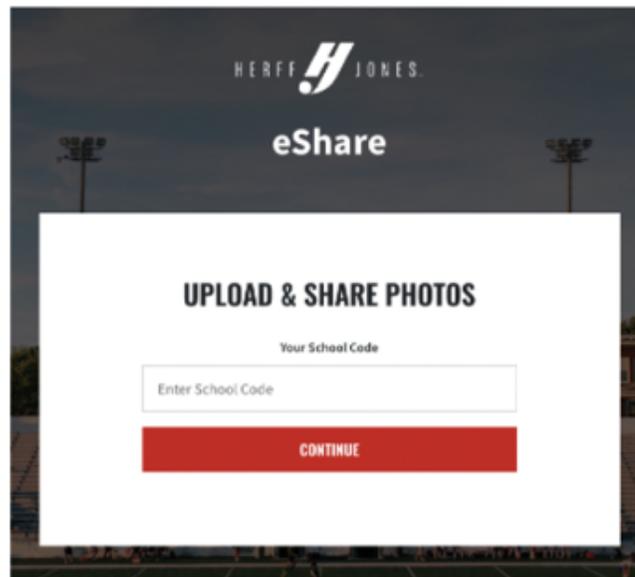
*Dress Up*

-or-

**GOT SPIRIT!**

Day?

Your photo could end up in the  
2022 Yearbook, if you share it.



HERFF JONES.

eShare

UPLOAD & SHARE PHOTOS

Your School Code

Enter School Code

CONTINUE

Click the link

Please share any photos to

<https://www.hjeshare.com/eShare/home?code=6726>

School Code = 6726

# Senior Dedication Ads for the Yearbook

Trabuco Hills High School

## Senior Dedication Ads for the Yearbook

Ads will continue to be sold  
as space is available.

85% of the allocated dedication space has been filled.



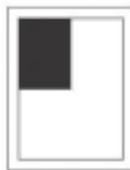
Full Page-Color

\$450.00



Half Page-Color

\$275.00



Quarter Page-Color

\$175.00



Full page ad: approximately 8.33" x 10.75"



1/4 page ad:  
approximately 4" x 5 1/2"



1/2 page ad: approximately 8.33" x 5.25"

### How to Create your Ad

1. Go To: [www.yearbookordercenter.com](http://www.yearbookordercenter.com) - enter order number 6726 or the name of the school
2. Click on "My Ad Projects" at the top of the screen
  - Once you have created an account, you will be directed to the home page.
3. Click **Create New Ad**
  - Follow the prompts to design your ad, add it to your cart and purchase it. Your ad is not complete until you add it to your cart and complete the checkout process!
  - To make the ad creation process easier, select **Watch Video** or **Online Ad Creation Guide links**.
4. Create Message
  - Create the message **exactly** as you want it to appear in the yearbook. You will have final approval before you submit your ad. *We reserve the right to refuse or edit any portion of your message or photo that is unacceptable for publication.*

\*Ads are accepted on a space-available basis. When space runs out, or we reach the printer's deadline, we can no longer accept ads. Please plan ahead and submit your ad early to guarantee placement!

For **Tech Support** while using the online ad creator, contact Herff Jones Technical Support at: 877.362.7750

**School questions** should be directed to the Yearbook adviser ([manns@svusd.org](mailto:manns@svusd.org)).

# Want to Join a THHS Club?

**HEY YOU!!!!**

**Wanna join a CLUB!??!**

**Of course you do!!! Scan this QR Code to check out a list of all the clubs available on campus.**



**Club List**

Or, click link below to view a list of clubs.

[https://docs.google.com/spreadsheets/d/1Z-1Xid\\_Hxf41GefBpHrH--wcJKYNjv01K\\_GmFfEIEZg/edit#gid=1495332769](https://docs.google.com/spreadsheets/d/1Z-1Xid_Hxf41GefBpHrH--wcJKYNjv01K_GmFfEIEZg/edit#gid=1495332769)

## French Club & French Honor Society Notebook Fundraiser

**Do you need a new notebook for Spring Semester? THHS French Club and French Honor Society are selling quality notebooks for \$2. Please come to room 109 during snack or at lunch to purchase a notebook and support THHS French Club!**

**Maureen Kinney  
French Teacher**

# Mission Viejo January Community of Character

## Perseverance



Mission Viejo

### Community of Character

## Perseverance

January  
Perseverance

#### Character Qualities

- Responsibility
- Respect
- Thankfulness
- Caring
- Perseverance
- Unity
- Integrity
- Service
- Moral Courage
- Citizenship
- Fairness
- Self Control

"Many of life's failures are people who did not realize how close they were to success when they gave up."

Thomas Alva Edison

City of Mission Viejo  
200 Civic Center  
Mission Viejo, CA 92691

**Perseverance** is the quality of refusing to give up, and continuing on in spite of difficulty or opposition. Hard work and **perseverance** lead to success in reaching our goals. We should always remember that when the task is easy, anyone can do it. It is only when we persevere and accomplish tasks that are difficult that we set ourselves apart from the others. **Perseverance** also involves learning from failure. Often we "fail into success!" Failure offers a motivation to get better, an opportunity to learn and grow, and it may open a door that is better for you than that in which you failed!

**Perseverance** is an important key to success! When a person meets well-set goals, he/she sets higher goals, so success is always a moving target toward a fulfilled and meaningful life.

These individuals each showed great determination and overcame major obstacles in order to reach their goals.

- Abraham Lincoln** rose from a humble childhood in the Indiana frontier to the nation's highest office. He received less than a year of formal education as a child, and traveled miles to borrow books in order to learn. Our 16<sup>th</sup> President ended slavery in the U.S. and influenced the course of world history by preventing the Union from splitting into two nations.
- John Chapman ("Johnny Appleseed")** was an American pioneer who spent most of his life planting apple seeds along the early frontier. Because of his vision and determination, many generations have enjoyed the fruits of his work.
- A newspaper editor fired **Walt Disney** because "he had no good ideas."
- Laura May Alcott** was told by an editor she would never write anything popular. A century later, *Little Women* is considered one of the best American children's books of the past 200 years.

- Ludwig van Beethoven** composed many of his greatest works after he was stricken with deafness.
- Former Angels' pitcher, **Jim Abbott**, spent most of his life proving doubters wrong. Born without a right hand, Abbott overcame incredible obstacles to reach his goal of becoming a major league pitcher.
- Helen Keller** overcame blindness and deafness to become a success and a role model to others.
- Thomas Edison's** parents pulled him out of school after teachers called him "stupid" and "unteachable." Edison spent his teenage years working and being fired from various jobs, but he made 1093 inventions. Inventing the light bulb required more than 10,000 attempts! He didn't give up!

Aesop's famous fable also gives us a picture of the result of **perseverance**.

#### The Hare and the Tortoise

An Aesop's Fable on **Perseverance**  
The Hare was once boasting of his speed before the other animals. "I have never yet been beaten," said he. "When I put forth my full speed, I can run faster than any of you. I challenge anyone here to race with me."

The Tortoise said quietly, "I accept your challenge."  
"That is a good joke," said the Hare. "I could dance round you all the way."

"Keep your boasting till you've won," answered the Tortoise. "Shall we race?" So a course was fixed and a start was made. The Hare darted out of sight at once. Soon, knowing that he was far ahead, he stopped to have a nap. Meanwhile, the Tortoise plodded along, slowly and steadily. When the Hare awoke from his nap, he saw the Tortoise nearing the finish line. The Hare leaped up and ran as fast as he could. But he was not in time. The Tortoise won the race. **Slow and steady wins the race.**

Mission Viejo Community of Character - League of California Cities Helen Putnam Award Grand Prize..... **PERSEVERANCE**

### Books and Movies of Character Fiction Books

*The Little Engine that Could*, by Watty Piper (Preschool to 3<sup>rd</sup> grade)

*Bartlett and the Ice Voyage*, by Odo Hirsch (4<sup>th</sup> to 7<sup>th</sup> grade)

*Being Teddy Roosevelt*, by Claudia Mills (2<sup>nd</sup> to 5<sup>th</sup> grade)

*Clorinda*, by Robert Kinerk (Preschool to 3<sup>rd</sup> grade)

*Salt in His Shoes: Michael Jordan in Pursuit of a Dream*, by Roslyn Jordan (Preschool to 3<sup>rd</sup>)

*Leonardo's Dream*, by Hans de Beer (Preschool to 3<sup>rd</sup> Grade)

### Nonfiction Books

*Scientist with Determination, Elma Gonzalez*, by Mary Ellen Verheyden-Hilliard (1<sup>st</sup> to 4<sup>th</sup> grade)

*The Story of Helen Keller*, by Rachel A. Koestler-Grack (2<sup>nd</sup> to 4<sup>th</sup> grade)

*Never Fear, Never Quit: a Story of Courage and Perseverance*, by Joe Tye

*Unstoppable: 45 Powerful Stories of Perseverance and Triumph From People Just Like You*, by Cynthia Kersey

### Movies

*Rudy*  
*Women in Gold*

### What is Perseverance?

- Setting a goal and striving to reach it, no matter what happens.
- Putting forth the effort to do the job; "no pain, no gain."
- Learning and continuing after you fail!
- Working hard to achieve success.
- Refusing to give up.
- Giving everything you do 100%.
- Being brave and positive as you tackle new challenges.

### Quotes

"Our greatest glory is not in never failing, but in rising up every time we fail." *Ralph Waldo Emerson*

"I know the price of success: dedication, hard work, and an unremitting devotion to the things you want to happen." *Frank Lloyd Wright*

"Always bear in mind that your own resolution to succeed is more important than any other one thing." *Abraham Lincoln*

"Many strokes, though with a little ax, can tear down the hardest oak." *William Shakespeare*

"A trip of a thousand miles starts with one step." *Chinese Proverb*

"For all of life is like that race, with ups and downs and all. And all you have to do to win, is rise each time you fall." *From The Race, D.H. Groberg*

"If at first you don't succeed, try, try again." *Thomas H. Palmer*

"For every failure, there is an alternative course of action. You just have to find it. When you come to a roadblock, take a detour." *Mary Kay Ash*

"Never, never, never give up." *Winston Churchill*

### Practicing Perseverance

- Keep trying!
- When the opportunity to give up arises, say no, and do everything you can to reach your goal.
- Always do your best; run in such a way as to get the prize.
- Do not let your fears choose who you are or what you do, but instead overcome them.
- Learn from your failures. Fail into success!
- Allow difficult times to make you stronger.
- Discipline yourself to do whatever is required to meet the challenge.
- Whatever you do, do it with all of your heart.
- Look for the opportunity in every problem, rather than the problem in every opportunity.
- As Norman Vincent Peale advises, "If you want to get somewhere you have to know where you want to go and how to get there, then never, never, never give up."

### Applying Perseverance

- Parents set an example for your children; role model determination and hard work in pursuing a goal.
- Teach children patience in working and saving towards a desired item or goal.

- Read motivational stories. *The Little Engine That Could* teaches children the importance of attitude in overcoming obstacles. "I think I can, I think I can," are words kids can remember and apply.
- Watch the suggested "Movies of Character" as a family and discuss.
- Train children to stick with a commitment to a sports team or music lessons and put in the time required for practice.
- In the words of Colin Powell, "A dream doesn't become reality through magic; it takes sweat, determination and hard work."
- William Bennett's advice on encouraging children to persevere: "By standing by them, and with them and behind them; by being coaches and cheerleaders, and by the witness of our own example."

### Personal commitments to Perseverance:

- I will set goals for myself.
- I will always do my best.
- I will not quit!
- I will learn from my mistakes and move on. I may "fail into success!"
- I will choose to excel and devote daily effort to achieve it.
- I will draw on courage and discipline as I pursue my goals.

# Ready S.E.T. OC

## Youth Employment & Training Programs

**READY S.E.T. OC**  
YOUTH EMPLOYMENT & TRAINING PROGRAMS

**ARE YOU ELIGIBLE?**  
WE SERVE ALL YOUTH 14-24, INCLUDING:

- Those with disabilities or IEP plans
- Former or current foster
- Pregnant or parenting
- Offender or ex-offender
- Those experiencing homelessness, couch-surfing, or at risk of homelessness

**GET A JOB!**  
All services are FREE!

OUR SERVICES INCLUDE:

- Paid work experience
- Opportunities to earn your high school diploma
- Assistance with clothing, shelter, transportation, and other basic needs
- Help apply to college & FAFSA
- Job search assistance and career planning
- Vocational training opportunities
- Financial literacy education
- Tutoring
- Leadership development
- Adult mentorship
- Guidance and counseling
- Continued support beyond program exit
- Paid entrepreneurship training

FOR MORE INFORMATION:

CALL (562) 383-4227 | TEXT (657) 210-1295

America's Job Center of California | Orange County Development Board | One-Stop Center

The City of La Habra is a proud partner of America's Job Center of California network. This WIOA Title I (readily available program or activity) is an equal opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities.

**READY S.E.T. OC**  
YOUTH EMPLOYMENT & TRAINING PROGRAMS

**MAKE MONEY!**  
THE READY S.E.T. OC PROGRAM PROVIDES PAID WORK EXPERIENCE, CAREER/EDUCATION COUNSELING, VOCATIONAL TRAINING, & THAT MUCH MORE!

**WE SERVE ALL YOUTH AGES 14-24, INCLUDING:**

- Those with disabilities or IEP plans
- Former or current foster
- Pregnant or parenting
- Offender or ex-offenders
- Those experiencing homelessness, couch-surfing, or at risk of homelessness

All services are FREE!

Interested in signing up? Call or text us to learn more about how we can help you or make an appointment to register.

CALL (562) 383-4227 | TEXT (657) 210-1295

America's Job Center of California | Orange County Development Board | One-Stop Center

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## DWIB'S Virtual High School Outreach Program

**DWIB'S HIGH SCHOOL OUTREACH PROGRAM**

Please join the first ever virtual high school outreach program Davis Women in Business (DWIB), from UC Davis, will be hosting! We are looking forward to building connections with the future business leaders of the world. Come prepared to hear from current college students as well as professionals in the business world. Please register for the program with the RSVP form linked below. See you there!

RSVP Link: <https://bit.ly/dwib-hs-rsvp>  
Facebook Group Link: <https://bit.ly/dwib-FB>  
Zoom: <https://bit.ly/dwib-hs-zoom>  
Zoom Meeting ID: 980 5084 3993

**Workshop Schedule**

- 1 All Things College  
10/28 | 7:00 - 7:45pm
- 2 Career Exploration  
11/18 | 7:00 - 7:45pm
- 3 Professionalism & Networking  
12/02 | 7:00 - 7:45pm
- 4 Interview Prep  
1/06 | 7:00 - 7:45pm
- 5 Resume 101  
1/27 | 7:00 - 7:45pm
- 6 Self Care  
2/17 | 7:00 - 7:45pm
- 7 Investments & Budgeting  
3/10 | 7:00 - 7:45pm
- 8 Leadership  
3/31 | 7:00 - 7:45pm

**DAVIS WOMEN IN BUSINESS**

# OCTA - Youth Ride Free Program

## Mustangs-

Are you interested in participating in the OCTA Youth Ride Free Program? Now through **February 28th**, Orange County Transit Authority (OCTA) is partnering with local schools to allow all youth ages 6-18 years old to ride the OCTA bus for free! If you're interested in participating in this program, please fill out the Youth Ride Free form below and turn it in to Mrs. Johnson in room 305 Monday-Friday 7-8am, snack, or lunch. Turn in your signed form and receive your free pass. Please do NOT email your form. We will only accept hard copies. Please email Mrs. Johnson at [Kara.Johnson@svusd.org](mailto:Kara.Johnson@svusd.org) if you have additional questions.



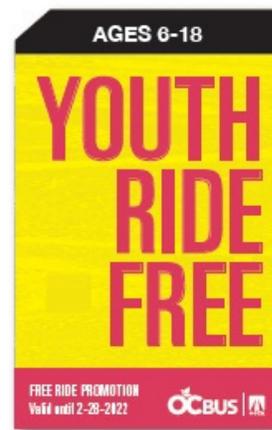
## YOUTH RIDE FREE PROMOTIONAL PASS

The "Youth Ride Free" promotional pass is now available from the Orange County Transportation Authority (OCTA). Using the pass, Orange County youth ages 6 to 18 can use all OC Bus fixed-route service for free starting September 2021 until February 28, 2022.

It's an option for youth to use for travel to school, work, or for fun.

To request a Youth Ride Free pass for your child, just complete this form and return it to your child's participating school.

OCTA is able to offer the Youth Ride Free pass thanks to grant funding provided by California Climate Investments to help reduce greenhouse gas emissions, strengthen the economy, and improve public health and the environment.



### KEY DETAILS

- Youth Free Ride passes will be available in September 2021 from your child's participating Orange County school. The Youth Ride Free pass is valid until February 28, 2022.
- Learn more about how easy it is to use OC Bus, including how to plan a trip and schedule information here: [OCbus.com](https://www.ocbus.com)
- Questions about the Youth Ride Free pass or how to use OC Bus? Visit [OCTA.net/YouthRideFree](https://www.octa.net/YouthRideFree) or call OCTA's Customer Information Center at (714) 636-RIDE (7433) and we will be happy to help. Available weekdays (7am - 7pm), weekends (8am - 6pm), and holidays (8am - 5pm).



### PARENTAL REQUEST FORM (Please return this completed form to your child's school to receive the Youth Ride Free pass)

Parent / Legal Guardian Name \_\_\_\_\_

Student Name \_\_\_\_\_

School \_\_\_\_\_

My child is between the ages of 6 to 18 and is a current student at the above school.

Yes, please provide my child a free Youth Ride Free pass.

Parent / Legal Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_

For Staff Use

For the safety and comfort of all riders, all OC Bus customers must follow the Customer Conduct Policy (available at [OCTA.net/conduct](https://www.octa.net/conduct)) and the directions of OC Bus drivers. OCTA reserves the right to revoke the Youth Ride Free pass from youth that do not follow these guidelines. If needed, OC Bus drivers may ask riders for proof of age to verify eligibility for the Youth Ride Free pass.

# **CIF ANNOUNCEMENT**

**TRABUCO HILLS HIGH SCHOOL AND THE CIF REQUIRE GOOD SPORTSMANSHIP AND POSITIVE BEHAVIOR OF STUDENT-ATHLETES, CHEERLEADERS, BAND MEMBERS, COACHES, AND SPECTATORS. WE REQUEST YOUR COOPERATION IN SUPPORTING THE STUDENT-ATHLETES AND OFFICIALS IN A POSITIVE MANNER. PLEASE BE MINDFUL OF YOUR LANGUAGE AND ACTIONS AT ALL TIMES AND TREAT OTHERS WITH DIGNITY AND RESPECT. PROFANITY, DEROGATORY COMMENTS, OR OTHER INTIMIDATING ACTIONS, ESPECIALLY CONCERNING RACE, GENDER, OR ETHNICITY, DIRECTED AT ATHLETES, OFFICIALS, TEAM REPRESENTATIVES, OR OTHER SPECTATORS, WILL NOT BE TOLERATED AND ARE GROUNDS FOR IMMEDIATE REMOVAL FROM THE SCHOOL PREMISES. WE APPRECIATE YOUR COOPERATION IN CREATING A SAFE, INCLUSIVE, AND POSITIVE GAME ENVIRONMENT.**

# ATHLETIC CLEARANCE FOR THE 2021-2022 SCHOOL YEAR !

Get your athletic clearance started for the 2021-2022 school year. All athletes are required to be cleared to participate in athletics. Sports screenings are valid for one calendar year and must cover the entire season of your chosen sports.

## AthleticClearance.com

Steps to get cleared to participate in Athletics at Trabuco Hills High School:

- 1.) Go to AthleticClearance.com
- 2.) Register / Create an account under **2021-2022** school year
- 3.) Enter the code given to activate account
- 4.) Follow steps to input registration data
- 5.) Print off sports screening paper work (THHS Website)
- 6.) Upload sports screening paper work that is signed, stamped, and dated by a physician
- 7.) Finalize with electronic parent / student signatures

**\*\*\*PLEASE NOTE\*\*\***

**BE SURE TO CHECK EVERY SPORT BOX YOUR STUDENT PLAYS OR IS INTERSTED IN**

**EVERY ATHLETE IS REQUIRED TO BE CLEARED IN ORDER TO PARTICIPATE**

