



# Parkland School District

## Health and Safety Plan: Symptom Screening and Reporting - Employees

### Home Screening Tool- Updated January 10, 2022

**Person Responsible:** All Employees

**If you become ill, test positive for COVID-19, are identified as a close contact or had an exposure to someone with COVID,** refer to the questions below for guidance and next steps. Cases reported to Parkland are processed during school hours. Contact your doctor with concerns of exposure that occur after hours, weekends or holidays.

#### 1. Today, or in the past 24 hours, have you had any of the following symptoms?

Column A 1 or more symptoms	Column B 2 or more symptoms
<ul style="list-style-type: none"> <li>• Fever / Chills               <ul style="list-style-type: none"> <li>◦ <i>Temperature of 100.4° or greater</i></li> </ul> </li> <li>• Shortness of Breath or Trouble Breathing</li> <li>• New Loss of Taste or Smell</li> <li>• New or worsening dry cough</li> <li>• Difficulty Breathing</li> </ul> <p><b>If YES,</b> stay home and email the Director Health &amp; Wellness at <a href="mailto:Covidresponse@parklandsd.org">Covidresponse@parklandsd.org</a>, contact your building Supervisor and contact your medical provider or call the PA Department of Health (1-877-PA-HEALTH) to discuss these symptoms.</p> <p><b>If NO,</b> next question.</p>	<ul style="list-style-type: none"> <li>• Chills</li> <li>• Fatigue (Extreme)</li> <li>• Fever Shakes/Rigors</li> <li>• Muscle or body aches</li> <li>• Headache (unusual or atypical)</li> <li>• Sore throat</li> <li>• Congestion or runny nose (new or sudden onset, any change or increase in chronic condition)</li> <li>• Nausea or vomiting</li> <li>• Diarrhea</li> </ul> <p><b>If YES,</b> stay at home and email the Director of Health &amp; Wellness at <a href="mailto:Covidresponse@parklandsd.org">Covidresponse@parklandsd.org</a>, contact your building Supervisor and contact your medical provider or call the PA Department of Health (1-877-PA-HEALTH) to discuss these symptoms.</p> <p><b>If NO,</b> next question.</p>

#### 2. Have you been diagnosed with COVID-19 in the past 10 days?

IF NO	IF YES
<ul style="list-style-type: none"> <li>• Next Question</li> </ul>	<ul style="list-style-type: none"> <li>• You should isolate for 5 days.</li> <li>• Upon being diagnosed, you should contact the Director of Health &amp; Wellness at <a href="mailto:Covidresponse@parklandsd.org">Covidresponse@parklandsd.org</a> and your supervisor/follow procedure to call off work.</li> <li>• You may return to work after 5 days of isolation if you are fever-free for 24 hours without medication and have improvement in your symptoms. Asymptomatic individuals may return after 5 days of isolation from the date of test. A face covering is required for an additional 5 days after the 5-day isolation period ends.</li> </ul>



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### 3. Have you received the COVID-19 vaccine in the past three days?

IF NO	IF YES
<ul style="list-style-type: none"> <li>Next Question</li> </ul>	If you are fever free for 24 hours without medication, you may come to work.

### 4. Are you currently living with or caring for someone who has been diagnosed with COVID-19 in the past 14 days?

IF NO	IF YES	
<ul style="list-style-type: none"> <li>Have a wonderful day at work!</li> </ul>	Are you fully vaccinated? 18 and up are considered fully vaccinated for COVID-19 $\geq 2$ weeks after they have received the second dose in a 2-dose series (Pfizer or Moderna) or $\geq 2$ weeks after they have received a single-dose vaccine (Johnson & Johnson [J&J] / Janssen) <b>AND</b> have received the booster.	
	IF NO	IF YES
	<b>Have you had COVID-19 in the last 3 months?</b> <b style="background-color: red; color: white;">IF NO</b> Stay home. Email the Director of Health and Wellness at <a href="mailto:Covidresponse@parklandsd.org">Covidresponse@parklandsd.org</a> with your name, building, and best number you can be reached. You should receive a call back by 1:00 p.m. of the next school day. If you do not, call your building school nurse.	<ul style="list-style-type: none"> <li>You may come to work.</li> <li>Continue to self-monitor for 14 days.</li> <li>Wear a mask.</li> <li>The recommendation is to test 5 days after last contact. If positive, <b>stay home</b>, and call/email <a href="mailto:Covidresponse@parklandsd.org">Covidresponse@parklandsd.org</a></li> <li><b>If you develop symptoms, stay home</b>, and call your PCP and email the Director of Health &amp; Wellness at <a href="mailto:Covidresponse@parklandsd.org">Covidresponse@parklandsd.org</a></li> </ul>

### 5. Have you been deemed a “close contact” by PSD or PA DOH and must quarantine?

IF NO	IF YES
<ul style="list-style-type: none"> <li>Have a wonderful day at work!</li> </ul>	<ul style="list-style-type: none"> <li><b>Do not</b> attend work or any other in-person PSD Activity.</li> <li>Email the Director of Health &amp; Wellness at <a href="mailto:Covidresponse@parklandsd.org">Covidresponse@parklandsd.org</a> to discuss next steps and return to school.</li> <li>If anyone in your household has been identified as a Close Contact, you may still come to work if fully vaccinated and asymptomatic. Should you develop symptoms, stay home and follow question 1.</li> </ul>



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#### Definitions

**Close Contacts** are individuals who have been exposed (within 6 feet distance for at least 15 consecutive minutes) to someone who is positive for COVID-19 during the infectious period. **Exception:** In the K–12 indoor classroom setting, the close contact definition excludes students who were within 3 to 6 feet of an infected student (laboratory-confirmed or a clinically compatible illness) where

- o both students were engaged in consistent and correct use of well-fitting masks; and
- o other K–12 school prevention strategies (such as universal and correct mask use, physical distancing, increased ventilation) were in place in the K–12 school setting.

This exception **does not apply** to teachers, staff, or other adults in the indoor classroom setting.

**Isolation** is used to separate people infected with the virus (those who are sick with COVID-19 and those with no symptoms) from people who are not infected. People who are in isolation should stay home until it's safe for them to be around others. In the home, anyone sick or infected should separate themselves from others by staying in a specific “sick room” and use a separate bathroom (if available).

**Quarantine** is used to keep someone who might have been exposed to COVID-19 away from others. Quarantine helps to prevent the spread of the disease that can occur before a person knows they are sick or if they are infected with the virus without feeling symptoms. People in quarantine should stay home, separate themselves from others, monitor their health, and follow directions from the state or local health department.

#### COVID-19 Visual Symptoms:

- Nasal congestion, scratchy/sore throat, allergy like symptoms
- Difficulty breathing or shortness of breath
- Persistent cough

#### When to Seek Immediate Emergency Medical Attention

##### When to Seek Immediate Emergency Medical Attention

If there are any of these emergency warning signs\* for COVID-19, medical attention is needed immediately:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion or inability to arouse
- Bluish lips or face

*\* This list is not inclusive. A medical provider should be consulted for any other symptoms that are severe or concerning.*

**Call 911 or call ahead to your local emergency facility:** Notify the operator that you are seeking care for someone who has or may have COVID-19.