

## January 2022

### BREAKFAST MENU

Menu subject to change without notice

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	BREAKFAST MEAL PRICES:
W E E K 1	3	Sausage Egg & Cheese Biscuit PB&J Cereal Pop Tart Muffins Fresh fruit Orange Juice Milk choice	4 Breakfast Bar w/Mini loaf Yogurt Parfait PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice	5 Sausage & Cheese Croissant PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	6 Barbacoa Taco Yogurt Parfait PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	7 Bacon & Egg Taco PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice	REDUCED \$ .30 FULL PRICE \$1.65
	10	Chorizo & Egg Taco PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	11 Kolahce Yogurt Parfait PB&J Cereal Pop Tart Muffins Fresh fruit Orange Juice Milk Choice	12 Pancake on a Stick PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	13 Beef Tamales Yogurt Parfait PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	14 Breakfast Pizza PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	A LA CARTE ENTREE \$2.00 EXTRA MILK \$.50 EXTRA FRUIT \$.50
W E E K 2	17	Sausage Egg & Cheese Biscuit PB&J Cereal Pop Tart Muffins Fresh fruit Orange Juice Milk choice	18 Breakfast Bar w/Mini loaf Yogurt Parfait PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice	19 Sausage & Cheese Croissant PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	20 Barbacoa Taco Yogurt Parfait PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	21 Bacon & Egg Taco PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice	MILK CHOICES: 1% Low Fat Milk Fat Free Chocolate Milk
	24	Chorizo & Egg Taco PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	25 Kolahce Yogurt Parfait PB&J Cereal Pop Tart Muffins Fresh fruit Orange Juice Milk Choice	26 Pancake on a Stick PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	27 Beef Tamales Yogurt Parfait PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	28 Breakfast Pizza PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	STISD Child Nutrition Dept. (956)514-4230
	31	Sausage Egg & Cheese Biscuit PB&J Cereal Pop Tart Muffins Fresh fruit Orange Juice Milk choice					

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January 2022						
LUNCH MENU					Menu subject to change without notice	
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	LUNCH MEAL PRICES:
WEEK 1	3 Oven Baked Chicken Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh fruit	4 Cheeseburger Chips Roamaine Salad Baby Carrots Fresh Fruit	5 Cheese Enchiladas Pinto Beans Spanish Rice Romaine Salad Fresh Fruit Diced Pears	6 Chicken Alfredo Mashed Potatoes Green Beans Fresh Fruit Applesauce	7 Nachos Corn French Fries Fresh Fruit	<b>REDUCED \$ .40</b> <b>FULL PRICE \$3.35</b>  <u>A LA CARTE</u> <b>ENTREE \$2.00</b> <b>SIDE DISH \$0.50</b> <b>EXTRA MILK \$0.50</b>  <u>MILK CHOICES:</u> <b>1% Low Fat Milk</b> <b>Fat Free Chocolate Milk</b>
WEEK 2	10 Spaghetti & Meatballs Garlic Stick Cooked Carrots Romaine Salad Fresh apple Peach Slices	11 Chicken Fried Steak Mashed Potatoes Baby Carrots Fresh Fruit Fruit Cocktail	12 Street Tacos Pinto Beans Baby Carrots Rice Banana Fruit Cocktail	13 Beef & Cheese Lasagna Twisted Cheese Breadstick Green Beans Romaine Salad Fresh Fruit Diced Pears	14 Chili Cheese Dog Corn French Fries Fresh Fruit Pineapple Tidbits	
WEEK 1	17 Oven Baked Chicken Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh fruit	18 Cheeseburger Chips Roamaine Salad Baby Carrots Fresh Fruit	19 Cheese Enchiladas Pinto Beans Spanish Rice Romaine Salad Fresh Fruit Diced Pears	20 Chicken Alfredo Mashed Potatoes Green Beans Fresh Fruit Applesauce	21 Nachos Corn French Fries Fresh Fruit	
WEEK 2	24 Spaghetti & Meatballs Garlic Stick Cooked Carrots Romaine Salad Fresh apple Peach Slices	25 Chicken Fried Steak Mashed Potatoes Baby Carrots Fresh Fruit Fruit Cocktail	26 Street Tacos Pinto Beans Baby Carrots Rice Banana Fruit Cocktail	27 Beef & Cheese Lasagna Twisted Cheese Breadstick Green Beans Romaine Salad Fresh Fruit Diced Pears	28 Chili Cheese Dog Corn French Fries Fresh Fruit Pineapple Tidbits	
	31 Oven Baked Chicken Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh fruit					

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<b>January 2022</b>						
<b>PIZZA &amp; MORE MENU</b>						
<b>Menu subject to change without notice</b>						
	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>MEAL PRICES:</b>  <b>REDUCED \$ .40</b> <b>FULL PRICE \$3.35</b>  <b>A LA CARTE</b> <b>ENTREE \$2.00</b> <b>SIDE DISH \$0.50</b> <b>EXTRA MILK \$0.50</b>  <b>MILK CHOICES:</b> 1% Low Fat Milk Fat Free Chocolate  <b>CONDIMENTS:</b> Ranch Dressing Parmesan Cheese Ketchup Jalapenos Mustard Mayo  <b>STISD Child Nutrition Dept.</b> (956)514-4230
	3 Chicken Tenders Burritos Chef Salad Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh Fruit	4 Hoagie Sandwich Pizza Chef Salad Romaine Salad Baby Carrots Fresh Fruit Fruit Cocktail	5 Sauasage Taco Pizza Chef Salad Pinto Beans Romaine Salad Fresh Fruit Diced Pears	6 Spicy Chicken Sadwich Cheesesticks Chef Salad Green Beans Baby Carrots Fresh Fruit Applesauce	7 Pizza Sloppy Joe Sandwich Chef Salad Corn French Fries Fresh Fruit Pineapple Tidbits	
	10 Chicken Tenders Burritos Chef Salad Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh Fruit	11 Hoagie Sandwich Pizza Chef Salad Romaine Salad Baby Carrots Fresh Fruit Fruit Cocktail	12 Sauasage Taco Pizza Chef Salad Pinto Beans Romaine Salad Fresh Fruit	13 Spicy Chicken Sadwich Cheesesticks Chef Salad Green Beans Baby Carrots Fresh Fruit Applesauce	14 Pizza Sloppy Joe Sandwich Chef Salad Corn French Fries Fresh Fruit Pineapple Tidbits	
	17 Chicken Tenders Burritos Chef Salad Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh Fruit	18 Hoagie Sandwich Pizza Chef Salad Romaine Salad Baby Carrots Fresh Fruit Fruit Cocktail	19 Sauasage Taco Pizza Chef Salad Pinto Beans Romaine Salad Fresh Fruit Diced Pears	20 Spicy Chicken Sadwich Cheesesticks Chef Salad Green Beans Baby Carrots Fresh Fruit Applesauce	21 Pizza Sloppy Joe Sandwich Chef Salad Corn French Fries Fresh Fruit Pineapple Tidbits	
	24	25	26	27	28	
	31					

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