



# James Island Weekly Menu

## January 10-14



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>AM SNACK:</b>	Cheddar Cubes* & Ritz Crackers	Apple Slices & Graham Crackers	Ginger Snaps & Strawberry dip*	Cheezits* & Fruit	String Cheese* & Wheat Thins
<b>Lunch: 2% Organic Milk</b>	Chicken Tenders Wedge Potatoes Fruit	Chicken Pasta Alfredo* Salad with Ranch*** Fruit	Spaghetti with Meatballs Greenbeans & Fruit	Burger Sliders Tots Broccoli with Ranch*** Fruit	Sunbutter & Jelly Sandwiches* Lays Carrot Sticks & Ranch*** Fruit
<b>PM Snack:</b>	Pretzels and Fruit	Fritos & Fruit	Chex Mix and Fruit	Kettle Corn Poppers & Fruit	Cookies & Milk*

Contains Dairy\*  
 Contains Egg \*\*  
 Contains Egg and Milk\*\*\*