

2022

# HIGH VALUE NETWORK

Statewide access to quality care

Get quality care at an affordable price from a broad selection of health care providers. The High Value Network includes leading doctors, clinics and hospitals across Minnesota.

## TRAVEL WITH CONFIDENCE

When you travel outside the state you have access to 95 percent of doctors and 96 percent of hospitals nationwide through the national BlueCard® PPO network.\* In addition, Blue Cross Blue Shield Global® Core gives you access to care in countries throughout the world.

\* The High Value Network includes providers one county into the neighboring states of Iowa, South Dakota, North Dakota and Wisconsin. When seeking care in these counties, search for providers using High Value Network (not BlueCard PPO).

Employees must live within the state of Minnesota to enroll.

Each health care provider is an independent contractor and not our agent. It is up to the member to confirm provider participation in their network prior to receiving services. Each Blue Cross and/or Blue Shield plan is an independent licensee of the Blue Cross and Blue Shield Association. Blue Cross Blue Shield Global Core is a registered mark of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and/or Blue Shield plans.

## A NETWORK THAT FITS YOU



121 HOSPITALS  
11,930 PRIMARY CARE PROVIDERS  
29,093 SPECIALTY CARE PROVIDERS

Numbers are subject to change and are reflective of signed contracts as of June 2021.



### Network matters

To make sure your doctor participates:

- Visit [bluecrossmnonline.com](https://bluecrossmnonline.com)
  - Click on "Find a Doctor"
  - Select "High Value Network"
  - Complete the search fields

Or call the number on the back of your member ID card

### QUESTIONS?

- Talk with your plan administrator or agent
- Visit [bluecrossmn.com/shop-plans](https://bluecrossmn.com/shop-plans)



## Providers you know and trust

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Choose from a broad selection of providers throughout Minnesota. **It's important to make sure your doctor or hospital is in the network before you receive care.**

### Metro

Allina  
Children's Hospitals and Clinics  
Entira  
M Health Fairview  
North Memorial  
Ridgeview  
St. Croix Regional Medical Center  
University of Minnesota Physicians

### Central

CentraCare Health  
Cuyuna Regional Medical Center  
Integrity Health Network

### Northeast

Fairview Health Services Mesabi  
Grand Itasca Clinic and Hospital  
St. Luke's  
Welia Health

### Northwest/Southwest

Alomere Health  
Altru Health System  
Carris Health  
Lake Region Healthcare Corp  
Lakewood Health System  
Sanford Health  
Swift County-Benson Health Services

### Southeast

Gundersen Health System  
Mankato Clinic Ltd  
Northfield Hospital and Clinics  
Olmsted Medical Center  
Winona Health

**NOTICE OF NONDISCRIMINATION PRACTICES**  
*Effective July 18, 2016*

Blue Cross and Blue Shield of Minnesota and Blue Plus (Blue Cross) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or gender. Blue Cross does not exclude people or treat them differently because of race, color, national origin, age, disability, or gender.

Blue Cross provides resources to access information in alternative formats and languages:

- Auxiliary aids and services, such as qualified interpreters and written information available in other formats, are available free of charge to people with disabilities to assist in communicating with us.
- Language services, such as qualified interpreters and information written in other languages, are available free of charge to people whose primary language is not English.

If you need these services, contact us at 1-800-382-2000 or by using the telephone number on the back of your member identification card. TTY users call 711.

If you believe that Blue Cross has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or gender, you can file a grievance with the Nondiscrimination Civil Rights Coordinator

- by email at: [Civil.Rights.Coord@bluecrossmn.com](mailto:Civil.Rights.Coord@bluecrossmn.com)
- by mail at: Nondiscrimination Civil Rights Coordinator  
Blue Cross and Blue Shield of Minnesota and Blue Plus  
M495  
PO Box 64560  
Eagan, MN 55164-0560
- or by phone at: 1-800-509-5312

Grievance forms are available by contacting us at the contacts listed above, by calling 1-800-382-2000 or by using the telephone number on the back of your member identification card. TTY users call 711. If you need help filing a grievance, assistance is available by contacting us at the numbers listed above.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights

- electronically through the Office for Civil Rights Complaint Portal, available at: <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>
- by phone at:  
1-800-368-1019 or 1-800-537-7697 (TDD)
- or by mail at:  
U.S. Department of Health and Human Services  
200 Independence Avenue SW  
Room 509F  
HHH Building  
Washington, DC 20201

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.



This information is available in other languages. Free language assistance services are available by calling the toll free number below. For TTY, call 711.

Si habla español, tiene a su disposición servicios gratuitos de asistencia con el idioma. Llame al 1-855-903-2583. Para TTY, llame al 711.

Yog tias koj hais lus Hmoob, muaj kev pab txhais lus pub dawb rau koj. Hu rau 1-800-793-6931. Rau TTY, hu rau 711.

Haddii aad ku hadasho Soomaali, adigu waxaad heli kartaa caawimo luqad lacag la'aan ah. Wac 1-866-251-6736. Markay tahay dad maqalku ku adag yahay (TTY), wac 711.

နမူနာတိကျသည့်ကိစ္စများအား, တစ်ကယ့်နံပါတ်တစ်ခုကိုလွတ်တစ်ဖန်နှိပ်ပါ။ ကို: 1-866-251-6744 သို့ TTY အား, ကို: 711 တက်ပါ။

إذا كنت تتحدث العربية، تتوفر لك خدمات المساعدة اللغوية المجانية. اتصل بالرقم 1-866-569-9123. للهااتف النصي اتصل بالرقم 711.

Nếu quý vị nói Tiếng Việt, có sẵn các dịch vụ hỗ trợ ngôn ngữ miễn phí cho quý vị. Gọi số 1-855-315-4015. Người dùng TTY xin gọi 711.

Afaan Oromoo dubbattu yoo ta'e, tajaajila gargaarsa afaan hiikuu kaffaltii malee. Argachuuf 1-855-315-4016 bilbilaa. TTY dhaaf, 711 bilbilaa.

如果您說中文，我們可以為您提供免費的語言協助服務。請撥打 1-855-315-4017。聽語障專 (TTY)，請撥打 711。

Если Вы говорите по-русски, Вы можете воспользоваться бесплатными услугами переводчика. Звоните 1-855-315-4028. Для использования телефонного аппарата с текстовым выходом звоните 711.

Si vous parlez français, des services d'assistance linguistique sont disponibles gratuitement. Appelez le +1-855-315-4029. Pour les personnes malentendantes, appelez le 711.

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한국어를 사용하시는 경우, 무료 언어 지원 서비스가 제공됩니다. 1-855-904-2583 으로 전화하십시오. TTY 사용자는 711 로 전화하십시오.

ຖ້າເຈົ້າເວົ້າພາສາລາວໄດ້, ມີການບໍລິການຊ່ວຍເຫຼືອພາສາໃຫ້ເຈົ້າຟຣີ. ໃຫ້ໃບທາງ 1-866-356-2423 ສໍາລັບ. TTY, ໃຫ້ໃບທາງ 711.

Kung nagsasalita kayo ng Tagalog, mayroon kayong magagamit na libreng tulong na mga serbisyo sa wika. Tumawag sa 1-866-537-7720. Para sa TTY, tumawag sa 711.

Wenn Sie Deutsch sprechen, steht Ihnen fremdsprachliche Unterstützung zur Verfügung. Wählen Sie 1-866-289-7402. Für TTY wählen Sie 711.

ប្រសិនបើអ្នកនិយាយភាសាខ្មែរមិន អ្នកអាចទាញសេវាជំនួយភាសាឥតគិតថ្លៃ។ ទូរស័ព្ទមកលេខ 1-855-906-2583។ សម្រាប់ TTY សូមទូរស័ព្ទមកលេខ 711។

Diné k'ehjí yánílt'i'go saad bee yát'i' éí t'áájíik'e bee níká'a'doowolgo éí ná'ahoot'i'. Kojí éí béésh bee hodíílnih 1-855-902-2583. TTY biníiyégo éí 711 jí' béésh bee hodíílnih.

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