





# HIGH SCHOOL LUNCH MENU

JANUARY 3 - 7, 2022

## MONDAY

- Chef's Table - Fiestada with Toppings & Sour Cream 
- American Cheese Burger on a Fresh Whole Grain Bun with Twisty Fries 
- Vegetable of the Day - Steamed Carrots
- Fruit of the Day - Craisins

## TUESDAY

- Chef's Table - French Toast Sticks with a Sausage Patty & Potato Wedges 
- Chicken Nuggets with Potato Wedges 
- Vegetable of the Day - Steamed Broccoli
- Fruit of the Day - Diced Pears





## WEDNESDAY

- Chef's Table - Mac N Cheese Bar 
- American Cheese Burger on a Fresh Whole Grain Bun with French Fries 
- Vegetable of the Day - Steamed Corn
- Fruit of the Day - Fresh Apple

## THURSDAY

- Chef's Table - Hot & Spicy Chicken Sandwich with Potato Wedges 
- Chicken Nuggets with Potato Wedges 
- Vegetable of the Day - Black Bean & Corn Salsa
- Fruit of the Day - Chilled Applesauce

## FRIDAY

- Chef's Table - Build Your Own Asian Bowl with a Pork Egg Roll   
- American Cheese Burger on a Fresh Whole Grain Bun with French Fries 
- Vegetable of the Day - Steamed Green Beans
- Fruit of the Day - Chilled Fruit Cocktail

### OFFERED DAILY:

- Soups
- Variety Salads  
- Yogurt Parfaits
- Assorted Fresh Fruits & Vegetables
- Deli Sandwich or Wrap    
- Mucho Nachos  
- Tacos  
- Pizza by the Slice   
- Chicken Patty on a WG Bun




Beef =  Pork =  Chicken =  Fish =  Vegetarian Option = 

OSHKOSH AREA SCHOOL DISTRICT





# HIGH SCHOOL LUNCH MENU

JANUARY 10-14, 2022



## MONDAY

- Chef's Table - Toasted Pizza Sub Sandwich with Twisty Fries  
- American Cheese Burger on a Fresh Whole Grain Bun with French Fries 
- Vegetable of the Day - Refried Beans
- Fruit of the Day - Mixed Fruit

## TUESDAY

- Chef's Table - Build Your Own Pasta Bar   
- Chicken Nuggets with French Fries 
- Vegetable of the Day - Steamed Peas
- Fruit of the Day - Orange Wedges

## WEDNESDAY

- Chef's Table - Mom's Mashed Potato Bowl 
- American Cheese Burger on a Fresh Whole Grain Bun with French Fries 
- Vegetable of the Day - Steamed Green Beans
- Fruit of the Day - Diced Pears

## THURSDAY

- Chef's Table - Mini Pancakes with Maple Syrup & Egg Patties 
- Chicken Nuggets with French Fries 
- Vegetable of the Day - Steamed Corn
- Fruit of the Day - Chilled Applesauce

## FRIDAY

- Chef's Table - Chicago Style Hot Dog with Chili, Cheese Sauce & French Fries  
- American Cheese Burger on a Fresh Whole Grain Bun with French Fries 
- Vegetable of the Day - Steamed Carrots
- Fruit of the Day - Fresh Blueberries

### OFFERED DAILY:

- Soups
- Variety Salads  
- Yogurt Parfaits
- Assorted Fresh Fruits & Vegetables
- Deli Sandwich or Wrap   
- Mucho Nachos  
- Tacos  
- Pizza by the Slice   
- Chicken Patty on a WG Bun

Beef =  Pork =  Chicken =  Fish =  Vegetarian Option = 

OSHKOSH AREA SCHOOL DISTRICT  
**HIGH SCHOOL LUNCH MENU**

JANUARY 17-21, 2022



**MONDAY**

- NO SCHOOL

**TUESDAY**

- Chef's Table - Chicken Fajita Flatbread 
- Chicken Nuggets with French Fries 
- Vegetable of the Day - Steamed Green Beans
- Fruit of the Day - Chilled Pears





**WEDNESDAY**

- Chef's Table - Chicken & Cheese Quesadillas with Toppings, Sour Cream & Salsa 
- American Cheese Burger on a Fresh Whole Grain Bun with French Fries 
- Vegetable of the Day - Steamed Carrots
- Fruit of the Day - Fresh Local Apple

**THURSDAY**

- Chef's Table - BBQ Pulled Pork Sandwich with French Fries 
- Chicken Nuggets with French Fries 
- Vegetable of the Day - Mashed Potatoes
- Fruit of the Day - Chilled Applesauce

**FRIDAY**

- Chef's Table - Build Your Own Burrito Bowl   
- American Cheese Burger on a Fresh Whole Grain Bun with French Fries 
- Vegetable of the Day - Steamed Green Beans
- Fruit of the Day - Chilled Peaches

**OFFERED DAILY:**

- Soups
- Variety Salads  
- Yogurt Parfaits
- Assorted Fresh Fruits & Vegetables
- Deli Sandwich or Wrap   
- Mucho Nachos  
- Tacos  
- Pizza by the Slice   
- Chicken Patty on a WG Bun

Beef =  Pork =  Chicken =  Fish =  Vegetarian Option = 

\*Menus subject to change




"This institution is an equal opportunity provider."

OSHKOSH AREA SCHOOL DISTRICT

# HIGH SCHOOL LUNCH MENU

JANUARY 24 - 28, 2022

## MONDAY

- Toasted Pizza Sub Sandwich with Twisty Fries  
- American Cheese Burger on a Fresh Whole Grain Bun with Twisty Fries 
- Vegetable of the Day - Steamed Carrots
- Fruit of the Day - Fresh Strawberries



## TUESDAY

- Chef's Table - Fresh Toast Sticks with a Sausage Patty & Potato Wedges 
- Chicken Nuggets with Potato Wedges 
- Vegetable of the Day - Steamed Broccoli
- Fruit of the Day - Warm Cinnamon Applesauce





## WEDNESDAY

- Chef's Table - Mac N Cheese Bar   
- American Cheese Burger on a Fresh Whole Grain Bun with French Fries 
- Vegetable of the Day - Steamed Corn
- Fruit of the Day - Fresh Apple













## THURSDAY

- Chef's Table - Hot & Spicy Chicken Sandwich with Potato Wedges 
- Chicken Nuggets with Potato Wedges 
- Vegetable of the Day - Black Bean & Corn Salsa
- Fruit of the Day - Chilled Fruit Cocktail

## FRIDAY

- Chef's Table - Build Your Own Asian Bowl with a Pork Egg Roll   
- American Cheese Burger on a Fresh Whole Grain Bun with French Fries 
- Vegetable of the Day - Steamed Green Beans
- Fruit of the Day - Fresh Blueberries

### OFFERED DAILY:

- Soups
- Variety Salads  
- Yogurt Parfaits
- Assorted Fresh Fruits & Vegetables
- Deli Sandwich or Wrap   
- Mucho Nachos  
- Tacos  
- Pizza by the Slice   
- Chicken Patty on a WG Bun

Beef =  Pork =  Chicken =  Fish =  Vegetarian Option = 

OSHKOSH AREA SCHOOL DISTRICT

# HIGH SCHOOL LUNCH MENU

JANUARY 31, 2022

## MONDAY

- Fiestada with Toppings & Sour Cream 🐮
- American Cheese Burger on a Fresh Whole Grain Bun with French Fries 🐮
- Vegetable of the Day - Refried Beans
- Fruit of the Day - Rosy Applesauce

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### OFFERED DAILY:

- Soups
- Variety Salads 🐔 🌿
- Yogurt Parfaits
- Assorted Fresh Fruits & Vegetables
- Deli Sandwich or Wrap 🐔 🐟 🌿
- Mucho Nachos 🐮 🌿
- Tacos 🐮 🌿
- Pizza by the Slice 🐮 🐮 🌿
- Chicken Patty on a WG Bun

Beef = 🐮    Pork = 🐷    Chicken = 🐔    Fish = 🐟    Vegetarian Option = 🌿

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