

Menus are subject to Change. "This institution is an equal opportunity provider."

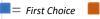
## **JANUARY 2022 ELEMENTARY SCHOOL LUNCH MENU**

**FREE Meals** For ALL students!

Lunch includes 8oz of Skim, 1%, or Fat Free Chocolate Milk

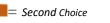
## Wednesday **Friday** Monday **Tuesday Thursday** WG Mini Pancakes With ▶ Breaded Chicken Nuggets Macaroni & Cheese ₩ Cheeseburger With a WG Dinner Roll Maple Syrup & Egg Patty With a WG Dinner Roll On a Fresh WG Bun Combo Pak #4 ▶ Deli Turkey Sandwich Strawberry PB &J Uncrustable Chefs Turkey Garden Salad & Combo Pak #1 Steamed Corn On a WG Bun With a String Cheese Stick Fresh Baked WG Dinner Rolls **Baked Beans** Tossed Salad & Spinach Steamed Green Beans Mashed Potatoes **Steamed Carrots** Fancy Coleslaw Fruit Cocktail **Baby Carrots** Tossed Salad Celery Sticks Chilled Applesauce **Diced Pears** Craisins Fresh Local Apple Chicken Alfredo 10 Soft Shell Tacos E/R 19 13 Turkey Hot Dog **▶**Breaded Chicken Patty Soft Pretzel **Över Penne Noodles** On a Fresh WG Bun With Creamy Cheese Sauce On a Fresh WG Bun With Cheese & Lettuce With a WG Dinner Roll Combo Pak #3 Grape PB&J Uncrustable Chefs Chicken Garden Salad & & Strawberry Banana Yogurt Deli Ham Sandwich **Steamed Carrots** Fresh Baked WG Dinner Rolls With a String Cheese Stick Combo Pak #2 On a WG Bun Power Peas Steamed Green Beans Refried Beans Steamed Corn Steamed Peas Fresh Blueberries **Baby Carrots** Tossed Salad & Spinach **Grape Tomatoes Tossed Salad** Chocolate Chip Cookie Mixed Fruit **Diced Pears** Chilled Applesauce Orange Wedges 19 18 20 ▶ Breaded Chicken Nuggets ▶ Breaded Chicken Patty Tony's Cheese Pizza Cheese Quesadillas With a WG Dinner Roll On a Fresh WG Bun Deli Turkey Sandwich Chefs Turkey Garden Salad & Combo Pak #1 Combo Pack #4 Fresh Baked WG Dinner Rolls on a WG Bun No School Mashed Potatoes Steamed Green Beans Steamed Green Beans Steamed Carrots Garbanzo Beans Tossed Salad & Spinach **Baby Carrots** Fresh Broccoli Chilled Peaches Chilled Applesauce Chilled Pears Fresh Local Apple Teriyaki Chicken French Toast Sticks 28 24 26 27 Macaroni & Cheese Mini Cheese Calzones Nacho Supreme Over Brown Rice With a Sausage Patty With WG Dinner Roll With Pizza Sauce With Chips, Cheese & Lettuce with a WG Dinner Roll - Deli Ham Sandwich Chefs Chicken Garden Salad & Grape PB & J Uncrustable & WG Dinner Roll Combo Pak #3 On a WG Bun Fresh Baked WG Dinner Rolls With a String Cheese Stick Combo Pak #2 Garbanzo Beans Fresh Broccoli Steamed Corn Steamed Carrots Black Bean & Corn Salsa **Baby Carrots** Fresh Cauliflower **Grape Tomatoes** Power Peas **Tossed Salad** Fresh Blueberries Warm Cinnamon Applesauce Fresh Local Apple Fresh Strawberries Chilled Fruit Cocktail Fortune Cookie WItalian Meatsauce 31 Over Rotini Noodles WG Breadstick Strawberry PB & J Uncrustable With a String Cheese Stick **Steamed Carrots Tossed Salad** Rosy Applesauce WG = Whole Grain

E/R = Early Release





Beef = ₩ Pork = ➡ Chicken = ► Fish = ➤



nutrislice

Combo Pack #1: Bagel w/ Cream Cheese, Yogurt Cup, & String Cheese Combo Pack #2: Blueberry Mini Waffles, Yogurt Cup & String Cheese Combo Pack #3: Cereal Bar, WG Crackers, & String Cheese Combo Pack #4: WG Muffin, Yogurt Cup, WG Crackers, & String Cheese