Incentive Program Portal Guide

Log in to the Marathon Health Portal

You can log in to the Marathon Health Portal at member.ourhealth.org from any computer or mobile device that has access to the internet. If you need assistance with your username and/or password, please click the “New?” or “Forgot Password?” links above the “Log In” button.

View Your Program

Click on the Incentives tab on the homepage to view your activities and progress towards completing the incentive program. For additional information on each activity, click on a specific activity under the goals section. To see any activities included in a goal, click the icon to expand the list.

Questionnaires (Option A)

Click on the Questionnaires tab on the Marathon Health Portal homepage. Points will be awarded automatically once you complete a questionnaire.

Health Screening Questionnaires

Health Risk Assessment (HRA) (Incentivized Questionnaire) - Collects personal medical history information, symptoms, problems, screening tests and other medical information that provides valuable information about your overall health.
Wellness Workshops (Option B)
Click on the Resources tab on the Marathon Health Portal homepage and select wellness workshops. From the dropdown menu, you can view workshops that are in progress, available, or completed. To complete a workshop, click on one of the workshops and work through the content for each week of the program. Once you have completed each of the weeks, you will receive incentive points.

Schedule Appointments (Option A and C)
Click on the Appointments tab on homepage to schedule your Biometric Screening or Health Coaching Visits. Click on the schedule a new appointment button and choose the preventive appointment option. Follow prompts to schedule your Biometric Screening or Health Coaching appointment including the location and time.