# UPDATED COVID-19 PROTOCOLS

The Oakridge School is diligently monitoring the status of the novel coronavirus (COVID-19) pandemic and has taken proactive steps to minimize health and safety risks to our students, faculty, and staff. Oakridge health and safety protocols have been established with considerations of current Centers for Disease Control and Prevention (CDC) and Tarrant County Public Health recommendations, government directives, and current scientific data.

## **Returning to Campus Guidelines Following Infection**

This includes everyone, regardless of vaccination status, who has symptoms of COVID-19 with or without lab confirmation.

- Stay home for 5 days.
- If you have no symptoms or your symptoms are resolved after 5 days, you may return to school.
- Continue strict mask usage while around others for 5 additional days.

Continue to stay home until you go 24 hours with no fever and without the use of fever-reducing medications and show improvement of all symptoms, not specifically respiratory symptoms.

People with COVID-19 should isolate for 5 days and if they are asymptomatic or their symptoms are resolving (without fever for 24 hours), follow that by 5 days of wearing a mask when around others to minimize the risk of infecting people they encounter. The change is motivated by science demonstrating that the majority of SARS-CoV-2 transmission occurs early in the course of illness, generally in the 1-2 days prior to onset of symptoms and the 2-3 days after.

## **Quarantine Guidelines for Close Contacts**

If you:

Have been boosted

OR

Completed the primary series of Pfizer or Moderna vaccine within the last 6 months OR

Completed the primary series of J&J vaccine within the last 2 months

- Strict mask usage while around others for 10 days.
- Test on day 5, if possible









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*If you develop symptoms, get a test and stay home.* 

Individuals who have received their booster shot do not need to quarantine following an exposure, but should wear a mask for 10 days after the exposure. For all those exposed, best practice would also include a test for SARS-CoV-2 at day 5 after exposure. If symptoms occur, individuals should immediately quarantine until a negative test confirms symptoms are not attributable to COVID-19.

#### If you:



Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted

OR

Completed the primary series of J&J over 2 months ago and are not boosted OR

Are unvaccinated

- Stay home for 5 days. After that continue strict mask usage while around others for 5 additional days.
- Test on day 5, if possible.

If you develop symptoms, get a test and stay home.

## Non-COVID-19 Illnesses

Faculty/staff or students who had an illness other than COVID-19 (including, but not limited to strep throat, pink eye, sinus infection, etc.) may return to campus after:

- 3 days without fever or the use of fever-reducing medication; and,
- Resolution of symptoms of other illness; or,
- 24 hours fever free without the use of fever-reducing medication; and,
- Physician's note stating the alternate diagnosis.



