



PCDS COVID-19 Sick and Reporting Policy

In the event of illness or COVID-19 exposure, email the [Health Center \(healthcenter@pcds.org\)](mailto:healthcenter@pcds.org) with name, date of onset of symptom(s), and contact number.

The following protocols will apply when a student or staff member shows symptoms of illness or is exposed to a COVID-19 symptomatic individual. Individuals will return home if they have a temperature of 100.4 or higher.

*Individual who tests positive for COVID-19:

- Individuals who test positive will need to remain off campus for 10 days, **or they may return to campus early if they are asymptomatic and provide a negative COVID-19 test (antigen or PCR) after day 5.** The test must be performed at an outside, off-campus testing site; results from home testing kits will not be accepted. The Health Center will not be administering tests to return early from isolation.
- If the COVID-19 positive individual isolates for the full 10 days, they do not need a negative COVID-19 test in order to return.

Symptomatic individual who has not been tested:

- If you choose not to get tested, remain off campus for 10 days from symptom onset AND only return 24 hours after symptom resolution.
- Release from isolation can only be shortened with a negative COVID-19 test, even for vaccinated individuals. **If you have had COVID in the last 90 days, a test is not required to return to campus.**

Symptomatic individual who tests negative:

- Remain off campus until 24 hours after fever resolution (if present) AND symptom resolution.

Asymptomatic individual exposed (close contact) to COVID-positive individual:

- Close contact is defined as within 6 feet of a person with COVID-19 for a cumulative total of 15+ minutes over a 24-hour period.

*The following policies apply to both vaccinated and unvaccinated close contacts. For ALL close contacts:

- If the close contact occurred **within the household**, the student will need to be **tested in the Health Center on days 1 through 5 before attending school.**
- If the close contact **did not occur within the household**, the Health Center will no longer be testing close contacts on days 3, 4, and 5, and testing is not required. If you decide to have your child tested outside of school, testing three to five days post-exposure is recommended.
- All close contacts, regardless of vaccine status, will need to **wear a mask for 10 days** from the point of exposure. Masks become optional on day 11. In addition, **please monitor for symptoms and notify the Health Center if any signs of COVID present.**
- If the exposed individual becomes symptomatic, remain home and contact the Health Center for additional guidance.
- All policies, including those regarding household close contacts, are implemented at the discretion of the Health Center.