

I can be **SAFE** by...

- ★ Following the rules
- ★ Reporting unsafe behavior
- ★ Thinking before I act
- ★ Making good decisions
- ★ Using good judgement
- ★ Using good manners
- ★ Not going to unfamiliar places alone
- ★ Staying aware of my surroundings



I can be **POSITIVE** by...

- ★ Keeping an open mind
- ★ Offering to help
- ★ Showing compassion
- ★ Being happy for others
- ★ Looking at the bright side
- ★ Using nice words
- ★ Thinking good thoughts
- ★ Being thankful



★ Smiling more

★ Believing anything is possible

I can be **DEPENDABLE** by...

★ Showing that I am responsible

★ Being consistent

★ Helping others

★ Doing what is  
expected of me

★ Being there for  
others



★ Being trustworthy

★ Remembering my promises

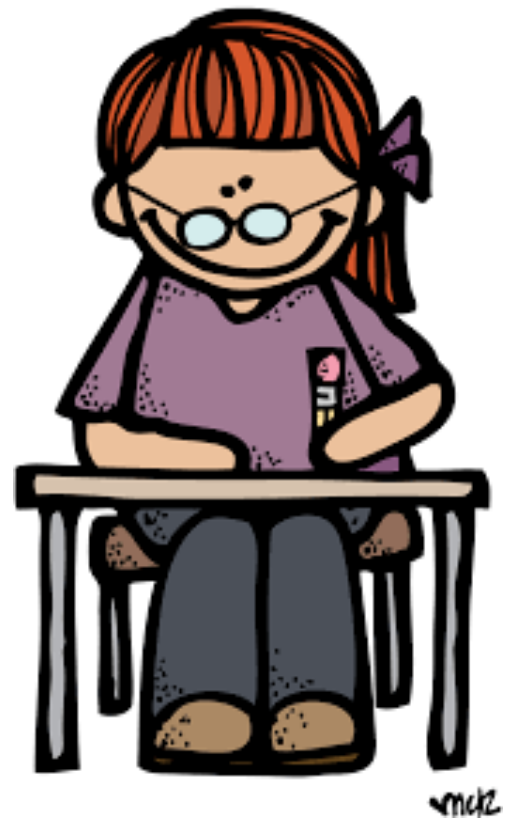
★ Following through on what I say

★ Being on time

★ Being reliable

I can be **PATIENT** by...

- ★ Waiting for my turn
- ★ Not complaining
- ★ Thinking before I speak  
or act
- ★ Working on my mistakes
- ★ Showing compassion
- ★ Letting others go before  
me
- ★ Keeping a good attitude
- ★ Actively listening
- ★ Looking forward to the future



I can be **EMPATHETIC** by...

- ★ Relating to others
- ★ Being understanding
- ★ Showing support
- ★ Giving a hug
- ★ Caring about everyone
- ★ Listening to others
- ★ Offering a helping hand
- ★ Being there for others



★ Thinking about the feelings of others

I can be **CREATIVE** by...

★ Saying nice things to others

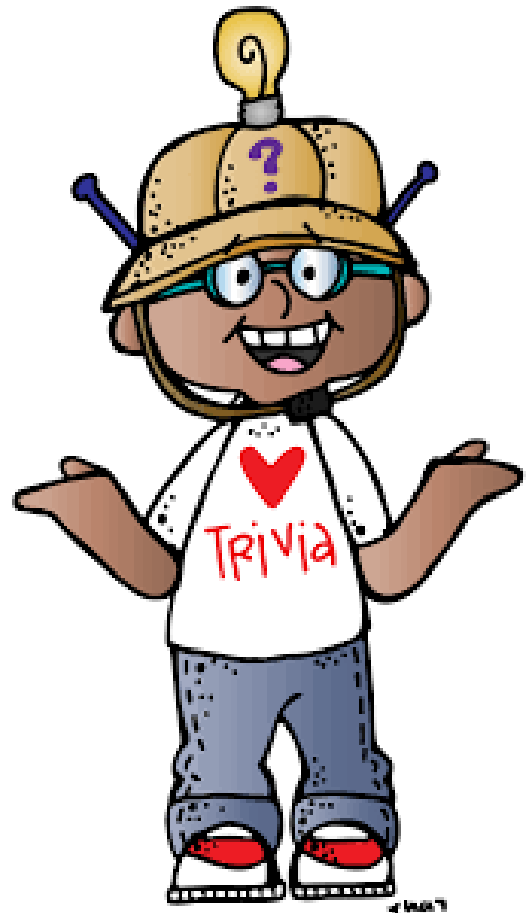
★ Drawing and painting

★ Embracing my curiosity

★ Experimenting

★ Exploring nature

★ Using my imagination



- ★ Not comparing myself to others
- ★ Being a leader
- ★ Engaging in new things
- ★ Using a journal

I can be **HUMBLE** by...



- ★ Helping others succeed
- ★ Being happy for others
- ★ Being modest
- ★ Not putting anyone down
- ★ Never bragging
- ★ Sharing my success
- ★ Building others up
- ★ Letting others go first
- ★ Giving nice compliments
- ★ Giving back when I can



I can be **CONFIDENT** by...

- ★ Being proud of myself
- ★ Taking time to relax
- ★ Taking care of myself
- ★ Trying things on my own
- ★ Smiling a lot
- ★ Staying positive
- ★ Trusting my judgement
- ★ Appreciating my talents



★ Getting to know myself

★ Believing in myself