



QUARANTINE AND SELF-ISOLATION DECISION CHART

Friends School of Baltimore: effective 1/10/22 (updated 1/4/22)

<p>YOU HAVE SYMPTOMS OF COVID-19</p>	<p>Vaccinated and unvaccinated student or employee</p>	<p>GET TESTED FOR COVID-19 Quarantine! The symptomatic person may return to campus after they have: 1) received a negative PCR test result, 2) have improvement in symptoms, and 3) have been fever-free for 24 hours without the use of fever-reducing medications. - Must consult the School Nurse.</p>
<p>YOU TEST POSITIVE FOR COVID-19</p>	<p>With or without symptoms, vaccinated and unvaccinated.</p>	<p>SELF-ISOLATION FOR A MINIMUM OF 5 DAYS Self-isolate for a minimum of 5 days after symptom onset OR, if asymptomatic, after positive PCR test result. You may return to campus after 5 days if you have: 1) been fever-free for 24 hours without the use of fever-reducing medications and 2) symptoms have improved. Must mask at all times on days 6-10. -Must consult the School Nurse.</p>
<p>A CLOSE CONTACT HAS TESTED POSITIVE FOR COVID-19</p>	<p>You are without symptoms and unvaccinated.</p>	<p>QUARANTINE and MONITOR SYMPTOMS You may return to campus after 5 days if symptom free, including fever-free for 24 hours without the use of fever-reducing medications. - Must consult the School Nurse.</p>
<p>A HOUSEHOLD MEMBER HAS TESTED POSITIVE FOR COVID-19</p>	<p>You are without symptoms, vaccinated and unvaccinated.</p>	<p>QUARANTINE and MONITOR SYMPTOMS You may return to campus after 5 days if symptom free, including fever-free for 24 hours without the use of fever-reducing medications. Must mask at all times on days 6-10. *If another member of the household tests positive during quarantine, the quarantine period may be extended for some or all family members. If this situation arises, the School Nurse will work with each family on a case by case basis.</p>
<p>A CLOSE CONTACT -- who is not a household member -- HAS TESTED POSITIVE FOR COVID-19</p>	<p>You are without symptoms and vaccinated.</p>	<p>BE CAREFUL and MONITOR SYMPTOMS Monitor closely for COVID-19 symptoms for 14 days. Keep distance from others. Get a PCR test on Days 3-5 after exposure. Wear mask at all time until testing negative. Self-isolate at home if symptoms develop.</p>
<p>YOU ARE QUARANTINING per School Nurse</p>	<p>You are without symptoms, vaccinated or unvaccinated.</p>	<p>QUARANTINE and MONITOR SYMPTOMS You may return to campus after 5 days if symptom free, including fever-free for 24 hours without the use of fever-reducing medications.</p>

How does the quarantine "clock" work?

Day 1 = the day after onset of symptoms OR positive test date (not the date of test results).

Day 5 = Last day of quarantine.

Day 6 = Possible return to school, provided health improved.

Clock may restart for a household if a household member becomes ill or tests positive.

Little Friends and Pre-K students must adhere to the specific guidelines from the Office of Childcare.