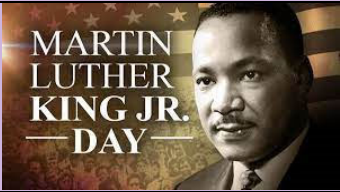


January 2022 Early Childhood

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
2	3-Jan	4-Jan	5-Jan	6-Jan	7-Jan
Breakfast	Zee Zee Bar Pears	Mini Pancakes Peaches	Cereal Bowl Applesauce	Zucchini Bread Apple Slices	Appleways Bar Orange Slices
Lunch					
Entree	French Toast and Sausage	Bean & Cheese Burrito/Salsa	Turkey & Gravy/Dinner Roll	Beef Taco/Soft Shell	Chicken Patty/Bun
Veg	Roasted Potatoes	Black Beans	Mashed Potatoes	Refried Beans	Sweet Potato Fries
Fruit	Fruit Cocktail	Orange Slices	Strawberry Cup	100% Juice Ice Slushie	Apple Slices
Snack	Goldfish Crackers Apple Slices	Bug Bites Pears	Animal Crackers Yogurt Cup	Muffin Applesauce	Cereal Bowl Milk or Fruit Cocktail
3	10-Jan	11-Jan	12-Jan	13-Jan	14-Jan
Breakfast	Breakfast Bar Applesauce	Mini Cinnis Peaches	Banana Bread Orange Slices	Zee Zee Bar Fruit Cocktail	Cereal Bowl Pineapple
Lunch					
Entree	Cheese Quesadilla	Pizza	Chicken Tenders	French Bread Pizza	Chicken & Rice Bowl
Veg	Salsa	Broccoli Florets	Green Beans	Baked Fries	Oriental Vegetables
Fruit	Strawberry Cup	Pears	Mandarin Oranges	Orange Slices	Apple Slices
Snack	Muffin Cheese Stick	Cheez-It Crackers Pineapples	Mini Bread Loaf Apple Slices	Bug Bites Yogurt Cup	Muffin Cheese Cubes
4	17-Jan	18-Jan	19-Jan	20-Jan	21-Jan
Breakfast		Appleways Bar Peaches	Mini Pancakes Mandarin Oranges	Fruit Filled Pastry Strawberry Cup	Zee Zee Bar Applesauce
Lunch					
Entree		Pizza	Omelet/Muffin	Grilled Cheese	Chicken Nachos
Veg	Waffle Fries	Roasted Potatoes	Red Pepper Strips	Black Beans	
Fruit	100% Juice Ice Slushie	Orange Slices	Apple Slices	Mandarin Oranges	
Snack	Muffin Cheese Stick	Bug Bites Yogurt Cup	Zee Zee Bar Applesauce	Mini Bread Loaf Pears	Goldfish Crackers Cheese Cubes
5	24-Jan	25-Jan	26-Jan	27-Jan	28-Jan
Breakfast	Cereal Bowl Fruit Cocktail	Mini Cinnis Applesauce	Yogurt/Bug Bites Peaches	Appleways Bar Orange Slices	Cereal Bowl Apple Slices
Lunch					
Entree	Orange Chicken/Rice	Lasagna	Burrito Bowl	Yogurt/Cheese/Grain	Mac & Cheese
Veg	Oriental Vegetables	Cucumber Slices	Black Beans	Fresh Seasonal Vegetable	Sweet Potato Fries
Fruit	100% Juice Ice Slushie	Peaches	Juice	Pineapples	Pears
Snack	Cheese Cubes Mandarin Oranges	Goldfish Crackers Orange Slices	Muffin Applesauce	Zee Zee Bar Fruit Cocktail	Bug Bites Yogurt Cup
1	31-Jan	1-Feb	2-Feb	3-Feb	4-Feb
Breakfast	Cereal Bowl Applesauce				
Lunch					
Entree	Cheese Filled Breadsticks/Marinara				
Veg	Broccoli Florets				
Fruit	Pears				
Snack	Zee Zee Bar Peaches				