

January 2022 Day Care

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
2	3-Jan	4-Jan	5-Jan	6-Jan	7-Jan
Breakfast	Zee Zee Bar Juice	Mini Pancakes Peaches	Cereal Bowl Applesauce	Zucchini Bread Apple Slices	Appleways Bar Orange Slices
Lunch					
Entree	Calzone w/Marinara	Bean & Cheese Burrito/Salsa	Turkey & Gravy/Dinner Roll	Beef Taco/Soft Shell	Chicken Patty/Bun
Veg	Seasonal Fresh Veggie	Black Beans	Mashed Potatoes	Refried Beans	Sweet Potato Fries
Fruit	Fruit Cocktail	Strawberries	Pineapples	100% Juice Ice Slushie	Apple Slices
3	10-Jan	11-Jan	12-Jan	13-Jan	14-Jan
Breakfast	Breakfast Bar Peaches	Mini Cinnis Juice	Banana Bread Orange Slices	Zee Zee Bar Applesauce	Cereal Bowl Fruit Cocktail
Lunch					
Entree	Cheese Quesadilla	Pizza	Chicken Tenders	French Bread Pizza	Chicken & Rice Bowl
Veg	Salsa	Broccoli Florets	Green Beans	Baked Fries	Oriental Vegetables
Fruit	Applesauce	Pears	Mandarin Oranges	Orange Slices	Apple Slices
4	17-Jan	18-Jan	19-Jan	20-Jan	21-Jan
Breakfast		Appleways Bar Fruit Cocktail	Mini Pancakes Juice	Fruit Filled Pastry Orange Slices	Zee Zee Bar Applesauce
Lunch					
Entree		Pizza	Omelet/Muffin	Grilled Cheese	Chicken Nachos
Veg	Waffle Fries	Roasted Potatoes	Red Pepper Strips	Black Beans	
Fruit	Orange Slices	100% Juice Ice Slushie	Apple Slices	Mandarin Oranges	
5	24-Jan	25-Jan	26-Jan	27-Jan	28-Jan
Breakfast	Cereal Bowl Pears	Mini Cinnis Applesauce	Yogurt/Bug Bites Peaches	Appleways Bar Orange Slices	Cereal Bowl Apple Slices
Lunch					
Entree	Orange Chicken/Rice	Lasagna	Burrito Bowl	Yogurt/Cheese/Grain	Mac & Cheese
Veg	Oriental Vegetables	Cucumber Slices	Black Beans	Fresh Seasonal Vegetable	Sweet Potato Fries
Fruit	100% Juice Ice Slushie	Peaches	Juice	Pineapples	Pears
1	31-Jan	1-Feb	2-Feb	3-Feb	4-Feb
Breakfast	Cereal Bowl Applesauce				
Lunch					
Entree	Cheese Filled Breadsticks/Marinara				
Veg	Broccoli Florets				
Fruit	Pears				