

GRADE 7				
Monday	Tuesday	Wednesday	Thursday	Friday
8:30 - 9:00 Homeroom Meeting	8:30 - 9:30 Physical Education	8:30 - 9:30 Language Arts	8:30 - 9:00 Social Studies	8:30 - 9:30 Language Arts
			9:00 - 9:30 Science	
9:00 - 10:00 Science	9:30 - 10:00 Morning Meeting or Committee Meetings			9:30 - 10:00 French
10:00 - 10:30 Wellness Break				
10:30 - 11:00 Language Arts	10:30 - 11:30 Language Arts	10:30 - 11:30 Social Studies	10:30 - 11:30 Physical Education	10:30 - 11:00 Independent Work
				11:00 - 11:30 Mathematics
11:30 - 12:30 Lunch / Recess				
12:30 - 1:30 Mathematics	12:30 - 1:30 Mathematics	12:30 - 1:30 Science	12:30 - 1:30 Mathematics	12:30 - 1:30 Social Studies
1:30 - 1:45 Wellness Break				
1:45 - 2:45 Art	1:45 - 2:45 French	1:45 - 2:45 Music	1:45 - 2:45 French	1:45 - 2:45 Music
2:45 - 3:15 Office Hours / Extra Help				