

January 2022

Breakfast	Monday	Tuesday	Wednesday	Thursday	Friday
7:15-7:45 am All Meals W/ Fruit & Milk	Assted Cereals Yogurt	Waffle/French Toast or Pancakes Turkey Sausage	Potato Breakfast Scramble	Hot Breakfast Sandwich	Breakfast Pastry Yogurt

GRAB 'N' GO

Free Breakfast & Lunch Meals For All Students

Grab & Go Complete Meals Milk & Fruit All Meals	Jan 3 No School Students	Jan 4 Mexican Fiesta Beef Pizza Taco Sauce	Jan 5 Chicken Pot Pie WG Breadstick	Jan 6 Turkey Burger Lett•Tom•Pepper Jack Cheese	Jan 7 Spaghetti Bake WG Garlic Bread
PB&J Meal Chef Salad Garden Salad Deli Meal Trky Ham & Cheese	Staffulty In•Service	Or Spicy Chicken Patty WG Bun SalsaRefriedBean Chipotle Ranch Pasta Salad	Or Spicy Chicken Patty WG Bun Maple Sweet Potato Tomato Cucumber w/Ranch	Or Spicy Chicken Patty WG Bun Green Beans Potato Wedges	Or Spicy Chicken Patty WG Bun Golden Corn Garden Salad
Exam Week	Jan 10 Grab & Go Lunch 11-11:30am	Jan 11 Grab & Go Lunch 11-11:30am	Jan 12 Grab & Go Lunch 11-11:30am	Jan 13 Grab & Go Lunch 11-11:30am	Jan 14 No Lunch Early Morning Release
GOOD LUCK BRUINS!!	Cheeseburger w/Pickle Chips WG Bun Onion Rings Fresh Carrots	Chicken Patty WG Bun Sweet Potato Fries Fresh Celery Sticks	Bosco Sticks w/Marinara Green Beans Macaroni Salad	Spicy Chicken Patty WG Bun Veggie Baked Beans Macaroni Salad	No Lunch Early Morning Release
Grab & Go Complete Meals Milk & Fruit All Meal	Jan 17 No School Students & Staff	Jan 18 Buffalo Chix Mac & Cheese WG Roll	Jan 19 Breaded Chix Sandwich Lett/Tomato	Jan 20 Top & Go Beef Nachos w/Cheese Salsa•Jalapenos	Jan 21 Pepp•Cheese• Pizza WG Cookie
PB&J Meal Chix Tender Salad Garden Salad Deli Meal Trky & Cheese Sliders	Martin Luther King Jr Holiday	OR-Chicken Patty WG Bun Roasted Broccoli Roasted Carrots	OR-Chicken Patty WG Bun Green Beans Sweet Potato Fries	OR-Chicken Patty WG Bun Pinto Beans & Rice Mexican Corn	OR-Chicken Patty WG Bun Ranch Garden Salad Golden Corn
Grab & Go Complete Meals Milk & Fruit All Meal	Jan 24 Cheeseburger Lett•Tom•Pickle WG Bun	Jan 25 Chicken & Rice Burrito w/Cheese Salsa, Sour Crm	Jan 26 Chicken Smacker w/Dipping Sauce Cornbread Muffin	Jan 27 Turkey Chili Mac w/Cheese WG Breadstick	Jan 28 Grilled Cheese Tomato Soup
PB&J Meal Chix Cesar Salad Garden Salad Italian Turkey Sub	Or French Bread Pizza California Blend Sweet PotatoFrie	Or French Bread Pizza Fiesta Veggies Fiesta Blk Beans	Or French Bread Pizza Augratin Potatos Sauté Cabbage	Or-French Bread Pizza ChickPea Salad Corn Cobbette	Or-French Bread Pizza Broccoli Salad Tater tots
Grab & Go Complete Meals Milk & Fruit All Meal	Jan 31 Cheesy Beef Meatball Sub w/Marinara	Feb 1 Orange Chicken w/Fried Rice Fortune Cookie	Feb 2 Chicken Pot Pie WG Breadstick	Feb 3 Turkey Burger Lett•Tom•Pepper Jack Cheese	Feb 4 Spaghetti Bake WG Garlic Bread
PB&J Meal Buffalo Tender Salad Garden Salad Turkey Club Wrap	Or Spicy Chicken Patty WG Bun Potato Salad Green Beans	Or Spicy Chicken Patty WG Bun Asian Slaw Roasted Broccoli	Or Spicy Chicken Patty WG Bun Maple Sweet Potato Tomato Cucumber	Or Spicy Chicken Patty WG Bun Baked Beans Potato Wedges	Or Spicy Chicken Patty WG Bun Golden Corn Garden Salad

