

## CLEAR LAKE HIGH SCHOOL

# Guidance & Counseling

2021-2022

## Clear Lake High School Mission Statement



The mission of Clear Lake High School, the launching platform to infinite possibilities, is to ensure each student becomes a confident and contributing citizen who leads and serves with integrity, self-awareness, and passion, cultivated in a school community distinguished by meaningful relationships, inspirational learning experiences, and freedom for innovation.

## Student Guidance and Counseling Services

The CLHS Guidance and Counseling Team welcomes you to the 2021-2022 school year! Our first priority is our students. We readily make ourselves available to students in need of guidance and counseling throughout the school day. To ensure all students are well-served with the time and attention they deserve, ***we ask that parents/guardians make an appointment*** with their student's counselor to allow adequate scheduling and preparation.

We are committed to providing our students with a comprehensive guidance and counseling program to include:

**Guidance curriculum** to assist students with the development of essential core values and self-management/social skills needed to enhance their personal-social, educational, and career growth. Topics included are:

- Bullying Prevention
- Character Education/CCISD Core Values
- Personal Safety
- Cultural Diversity
- Healthy Relationships/Dating Violence
- Drug and Alcohol Awareness
- Suicide Prevention
- Youth Mental Health

**Responsive services** to intervene on behalf of those students whose immediate personal concerns or problems put their continued personal-social, career, and/or educational development at risk.

**Individual planning** to guide all students as they plan, monitor, and manage their own educational, career, and personal-social development.

**System support** to link faculty, staff, parents, and community members in promoting the educational, career, personal, and social development of students.

## CLHS Guidance

| Students with Last Name                           | Counselor  |
|---|--|
| A-Da  | Jana Morse<br>jmorse@ccisd.net<br>281-284-1940   |
| Db-Ho   | Celina Low-Scott<br>clowscott@ccisd.net<br>281-284-1943  |
| Hp-Mi   | Amanda Embrey<br>aembrey@ccisd.net<br>281-284-1944   |
| Mj-Sa   | Andrea Telford<br>atelford@ccisd.net<br>281-284-1941   |
| Sb-Z  | Jamie McRae<br>jmcr@ccisd.net<br>281-284-1942  |
| Student Support Counselors                        | Natalie Ligans<br>nligans@ccisd.net<br>281-284-2077<br>Annette Propp<br>apropp@ccisd.net<br>281-284-1947 |
| College & Career Specialist                       | Jeannette Johnson<br>jjohnso3@ccisd.net<br>281-284-2070  |
| Communities in Schools Student Support Specialist | Elizabeth Pena<br>mtheriot@ccisd.net<br>281-284-2059   |
| Lead Counselor & Director of College Counseling   | Vicki Pittman<br>vpittman@ccisd.net<br>281-284-1948  |

Office Hours: 7:00 a.m. to 3:15 p.m.

# Personal Counseling for ALL Students

School Counselors are available to assist students with a wide range of personal concerns, including but not limited to such areas as social and emotional needs, mental health issues, family or peer concerns, or substance abuse. A student who wishes to meet with a school counselor about personal concerns should request to visit the school counselor's office. Brick & Mortar and Clear Connections students can do this by filling out a request form to see the counselor, calling, emailing, or messaging the counselor on Its Learning.

As a parent, if you are concerned about your student's mental or emotional health, please speak with the school

counselor. The school counselor can provide you with a list of community resources that may be available to provide additional support for your student.

## Student Support Groups

In order to meet the personal needs of students, school coun-



sultors may also offer support groups on a recurring basis.

The support groups meet during the school day for approximately 20 to 45 minutes once a week. The school counselor will

review the student's schedule to determine a weekly meeting time that will have the least amount of interruption to classroom instruction. Support groups are intended to provide a safe, confidential, and supportive setting for the students to discuss concerns and practice behaviors that will support growth and development. Notification of a student's participation in a support group will be provided to the parent; however, as a parent, if you do not want your student to participate in a support group, written documentation of denial of services will need to be provided to the school counselor.

## Virtual Counseling

Virtual Counseling support may occur throughout the school year with students in quarantine or with all students during an intermittent school to home closure. Virtual counseling supports may include: itsLearning messaging/chat, video conferencing, guidance lessons in coor-

dination with your student's teacher or support groups via Teams, etc. If a counselor wants to schedule a Teams meeting with a student, the counselor will first contact the parent to gain permission as well as review the limits of confidentiality.



*For more information about the CLHS Counseling Program and Curriculum, parents can make an appointment to review and discuss materials by calling the CLHS Counseling Office at 281-284-1946*

# CCISD Core Values & Social-Emotional Learning (SEL) Curriculum



## CCISD Core Values

CCISD has six core values, or standards of behavior, that we have adopted from the Character Counts 6 Pillars. Clear Lake HS integrates these core values daily into our school community, not only modeling but teaching students how to demonstrate these values.

The CCISD Core Values are:

- ◆ **Trustworthiness** – Act with honesty in all that you do
- ◆ **Respect** – Value yourself and others
- ◆ **Responsibility** – Own your choices
- ◆ **Fairness** – Play by the rules and consider the needs of others
- ◆ **Caring** – Be kind to others
- ◆ **Citizenship** – Work to improve your school, community, and country

## Character Strong

Clear Lake High School integrates the *Character Strong* curricula with the CCISD Core Values to teach Social Emotional Learning and Character at the same time. CLHS integrates SEL competencies into our school community through explicit teaching and modeling of these skills.

*Character Strong* Develops:

- ◆ **Respect**
- ◆ **Commitment**
- ◆ **Honesty**
- ◆ **Kindness**
- ◆ **Forgiveness**
- ◆ **Patience**
- ◆ **Humility**
- ◆ **Selflessness**

### CCISD Social and Emotional Learning (SEL) Timeline

2021-2022

| Month     | STANDARD OF BEHAVIOR | SEL Curriculum = Explicit Teaching and Modeling of Skills |                           |                         |
|-----------|----------------------|---|---------------------------|-------------------------|
|           | COSD CORE VALUES     | LEADER IN ME HABITS                                       | PURPOSEFULL PEOPLE TRAITS | CHARACTER STRONG TRAITS |
| August    | TRRFCC               | Overview of Habits  | Creativity                | Overview of Traits      |
| September | Respect              | Be Proactive  | Respect                   | Respect                 |
| October   | Responsibility       | Begin with the End in Mind                                | Responsibility            | Commitment              |
| November  | Trustworthiness      | Put First Things First                                    | Honesty                   | Honesty                 |
| December  | Trustworthiness      | Put First Things First                                    | Courage                   | Honesty                 |
| January   | Fairness             | Think Win Win   | Cooperation               | Patience                |
| February  | Caring               | Seek First to Understand                                  | Kindness                  | Kindness                |
| March     | Caring               | Seek First to Understand                                  | Empathy                   | Forgiveness             |
| April     | Citizenship          | Synergize   | Perseverance              | Humility                |
| May       | TRRFCC               | Sharpen the Saw   | Gratitude                 | Selflessness            |

## College & Career Readiness

We are committed to our Superintendent’s goal of ensuring that every student has a post secondary plan leading to college or a career. To help you prepare for high school and beyond, CCISD offers various informational nights and programs.

District sponsored informational nights include:

- ◆ **CCISD Financial Aid Night**  
September 29, 2021  
Virtual: ccisd.net Car Rider Line

- ◆ **CCISD College & Career Fair**  
September 17, 2021  
Virtual: TACRO Virtual Platform

CCISD offers an array of rigorous Career and Technical Education programs. Some programs lead to certifications before graduation.

These programs are:

- ◆ Automotive Technology
- ◆ Biomedical Science
- ◆ Biotechnology

- ◆ Broadband Communications
- ◆ Certified Nursing Assistant
- ◆ Computer Technician
- ◆ Construction Technology
- ◆ Cosmetology
- ◆ Culinary Arts
- ◆ Metal Manufacturing
- ◆ Pharmacy Technician
- ◆ Registered Dental Assistant



## Getting Connected with Naviance

CCISD is pleased to provide *Naviance Student*, a web-based service designed especially for students and parents. *Naviance* offers a comprehensive website that you and your student can use to help in making decisions about courses, colleges, and careers.

Use your *Naviance Student* account for:

- ◆ **4-Year Planning**—View and manage your high school course planning.

- ◆ **Method Test Prep**—Prepare for the ACT/SAT with this free test preparation

- ◆ **Interest Inventories**— Investigate career interests and options using the Personality Inventory and Career Interest Profiler.

- ◆ **Managing Your Account**— Update your profile, including our parents’/guardians’ email address to they can have their own account.

### NAVIANCE LOGIN INFORMATION

1. Go to:

<https://student.naviance.com/clearlakehs>

2. Enter User Name & Password

- ◆ User Name: School ID#
- ◆ Password: Lunch Pin#

Remember, parents and students have separate accounts. Parent accounts have different functionality than student accounts.

## College & Career Online Resources

Clear Creek ISD  
<https://www.ccisd.net/>

CCISD Guidance & Counseling  
[https://www.ccisd.net/departments/guidance\\_and\\_counseling](https://www.ccisd.net/departments/guidance_and_counseling)

Clear Lake High School  
<https://clearlakehs.ccisd.net/>

ACT  
<https://www.act.org/>

Apply Texas  
<https://www.applytexas.org/>

College Board (SAT, PSAT & AP Exams)  
<https://www.collegeboard.org/>

The Common Application  
<https://www.commonapp.org/>

Core Course GPA  
[www.CoreCourseGPA.com](http://www.CoreCourseGPA.com)

FAFSA  
<https://studentaid.ed.gov/sa/fafsa>

Naviance  
<https://student.naviance.com/clearlakehs>

NCAA  
<http://www.ncaa.org/>

CLHS Counseling Corner on Its Learning Falcon Page

College and Career Information 2020 -2021 Its Learning Page



NAVIANCE STUDENT

Questions about your account? Contact Mrs. Johnson  
jjohnso3@ccisd.net.

