

Jan 6th - Hyland

Skate Sprint Race

Anoka ([Lane 6](#)), Armstrong ([Lane 5](#)), Blaine ([Lane 4](#)), Elk River ([Lane 3](#)), Rogers ([Lane 2](#)), Spring Lake Park ([Lane 1](#)).

Freestyle race. Each team should have a Starter and a Timer. Andy has Spreadsheets for us (Thank you). Let's start promptly at 3:30. Between now and the 6th, let's make changes to this if needed. Like Andy said- temps could be a problem. If the temps are questionable, I will send out an email to head coaches on this list and will make the call based upon your feedback at noon.

Time schedule:

3:30 **Boys** Prelim Full team: 6 lanes-1 per school every 20 seconds

3:50 **Girls** Prelim Full team: 6 lanes-1 per school every 20 seconds

4:15 **Boys** Semifinal 1- 8 lanes. *Even places top 16 times*

4:20 **Boys** Semifinal 2- 8 lanes. *Odd places top 16 times*

4:25 **Girls** Semi 1- 8 lanes. *Even places top 16 times*

4:30 **Girls** Semi 2- 8 lanes. *Odd places top 16 times*

4:35 **Boys** Final- 8 skiers. Top 4 from each heat

4:45 **Girls** Final- 8 skiers. Top 4 from each heat

Course:

Option 1: Turn-around at Jans to top of Willow Creek hill. Turn left to finish area.

Option 2?

