



Fitness Club January 2022

Mellon Middle School (412.344.2122)

After school in the weight room 3:10 to 3:55

Mon	Tue	Wed	Thu	Fri
JANUARY 3 FITNESS CLUB in Weight Room after school	4	FITNESS CLUB in Weight Room after school 5	6	7
JANUARY 10	FITNESS CLUB in Weight Room after school 11	12	FITNESS CLUB in Weight Room after school 13	14
JANUARY 17 No School 	JANUARY 18 No School 	19	FITNESS CLUB in Weight Room after school 20	21
JANUARY 24 FITNESS CLUB in Weight Room after school	25	FITNESS CLUB in Weight Room after school 26	27	28
JANUARY 31	FEBRUARY 1	2	3	4