

## JANUARY 2022 LUNCH MENU

	<b>4</b> Buttered Spaghetti - G, D Veggie Marinara Steamed Broccoli Garlic Bread - G, D Parmesan	<b>5</b> Chicken Tikka Masala - D Basmati Rice - D Garlic Cream Spinach - D, C Naan Bread - G, D, E	<b>6</b> Crunchy Beef Taco - C Sautéed Corn - D Yellow Rice Black Beans Salsa, Sour Cream, Guacamole	<b>7</b> Cheese, Pepperoni, Bacon Pizza - D, G Steamed Broccoli
<b>10</b> Breaded Chicken Sandwich - G, D, E Macaroni & Cheese - D, G Green Beans - D Bacon, Tomato	<b>11</b> 3 Cheese Ravioli - D, G, E Garlic Bread - D, G Broccoli Olive Oil, Butter, Parmesan	<b>12</b> Steak Sandwich on French Roll - D, G French Fries Sauteed Zucchini Cheddar Sauce, Ketchup	<b>13</b> Texas Toast Grilled Cheese - D, G Tomato Soup - D Tater Tots Ketchup	<b>14</b> 100% Beef Burger - G French Fries Carrot Sticks Ketchup, Mustard, Relish
<b>17 - Martin Luther King Jr. Day</b> 	<b>18</b> Pasta w/ Bolognese - G, D Garlic Bread - G, D Steamed Broccoli  Parmesan	<b>19</b> Chicken Gyro - G Buttered Basmati Rice - D Grilled Asparagus Tzatziki, Tomato, Feta, Onion	<b>20</b> Sweet Kielbasa on Pretzel Roll - D, G Roasted Gold Potatoes Roasted Cauliflower Corn & Bacon Chowder - D, C Ketchup, Mustards	<b>21</b> Cheese, Pepperoni, Bacon Pizza - D, G Steamed Broccoli
<b>24</b> Sweet & Sour Crispy Orange Chicken - G, SY French Bread Roll - G Veggie Egg Roll - G, E, SY, SF Jasmine Rice Garlic Broccoli Pickled Carrots	<b>25</b> Ziti w/ Creamy Tomato Sauce & Roasted Chicken - D, G Garlic Bread - D, G Sweet Peas - D Parmesan  <i>*New Menu Item*</i>	<b>26</b> Pulled Pork on Top-Cut Hawaiian Roll - D, G, E Black Beans w/ Bacon Mexican Rice Pineapple, Guacamole, Cheddar  <i>*New Menu Item*</i>	<b>27</b> Meatball Grinder - D, G Marinara Sauce Steamed Broccoli French Fries	<b>28</b> Roast Turkey Mashed Potatoes - D Bread Stuffing - D, G Green Beans, Gravy - D Rolls - G
<b>31</b> Baked Chicken Tenders - G, SY French Fries Zucchini Ketchup, Honey Mustard, BBQ			<i>*All Lunch Prepared Fresh Daily</i> <i>*Fresh Fruit Available Daily</i> <i>*Chocolate Chip Cookies Available Daily</i> <i>*Soup Available On Certain Days</i> <i>*Apple Juice, Chocolate Milk Or Regular Milk Included With Lunch</i>	<b>*Allergens Key:</b> Soy - SY, Gluten - G, Dairy - D, Eggs - E, Shellfish - SF, Corn - C

Due To COVID-19 Health & Safety Procedures, Salad Bar Is Temporarily Closed | Pre-Packaged Salad Available Daily