

River Bluff Middle School Lunch Menu

Fruit and vegetable bar offers a wide variety of fruit and vegetables daily

January
2022



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3

MONDAY

Classic Cheese Quesadilla, Cilantro Lime Rice

Viking Grab and Go Variety of Hamburgers, Chicken and Other "Hot Fare", Asian Chicken Salad, Italian Sub

Pizza Assorted Freshly Baked Pizza by the Slice

Fruit and Veggie Bar Green Pepper Slices

6

THURSDAY

Classic Soft Beef Tacos, Black Beans

Viking Grab and Go Variety of Hamburgers, Chicken and Other "Hot Fare", Crispy Chicken Salad, Italian Sub

Pizza Assorted Freshly Baked Pizza by the Slice

Fruit and Veggie Bar Cucumber Slices

4

TUESDAY

Classic Meatballs and Gravy, Garlic Breadstick, Mashed Potatoes

Viking Grab and Go Variety of Hamburgers, Chicken and Other "Hot Fare", Asian Chicken Salad, Italian Sub

Pizza Assorted Freshly Baked Pizza by the Slice

Fruit and Veggie Bar Cauliflower Floret

7

FRIDAY

Classic Chili Dog, Seasoned Ranch Wedges

Viking Grab and Go Variety of Hamburgers, Chicken and Other "Hot Fare", Asian Chicken Salad, Italian Sub

Pizza Cheese Pizza

Fruit and Veggie Cherry Tomato

5

WEDNESDAY

Classic Asian Crispy Chicken & Rice, Stir Fry Vegetable

Viking Grab and Go Variety of Hamburgers, Chicken and Other "Hot Fare", Asian Chicken Salad, Italian Sub

Pizza Assorted Freshly Baked Pizza by the Slice

Fruit and Veggie Bar Baby Carrots

EXTRA INFO

Harvest of the Month



Students Free - Adults \$4.65 - Extra Milk \$.40
No ala carte with negative balance. Milk choice of 1% white or chocolate skim is included with a lunch.
Entrée Salads are served with a roll.
Questions: Jacob Kleven @ 608-877-5419

Menus are subject to change without notice. This institution is an equal opportunity provider.



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10

MONDAY

Classic Pancakes, Sausage Patty, Hashbrowns

Viking Grab and Go Variety of Hamburgers, Chicken and Other "Hot Fare", Cold Cut Combo Sub, Turkey BLT Salad

Pizza Assorted Freshly Baked Pizza by the Slice

Fruit and Veggie Bar Baby Carrots

13

THURSDAY

Classic Lasagna, Cheesy Garlic Toast

Viking Grab and Go Variety of Hamburgers, Chicken and Other "Hot Fare", Cold Cut Combo Sub, Turkey BLT Salad

Pizza Assorted Freshly Baked Pizza by the Slice

Fruit and Veggie Bar Broccoli Florets

11

TUESDAY

Classic Chicken Alfredo w/Pasta, Penne Pasta, Garlic Toast, Italian Green Beans

Viking Grab and Go Variety of Hamburgers, Chicken and Other "Hot Fare", Cold Cut Combo Sub, Turkey BLT Salad

Pizza Assorted Freshly Baked Pizza by the Slice

Fruit and Veggie Bar Cauliflower Floret

14

FRIDAY

Classic Chicken Bowl, Mashed Potatoes, Steamed Corn, Whole Grain Dinner Roll

Viking Grab and Go Variety of Hamburgers, Chicken and Other "Hot Fare", Cold Cut Combo Sub, Turkey BLT Salad

Pizza Assorted Freshly Baked Pizza by the Slice

Fruit and Veggie Bar Cucumber Ranch Salad

12

WEDNESDAY

Classic Beefy Nachos w/Homemade Cheese Sauce, Salsa, Refried Beans

Viking Grab and Go Variety of Hamburgers, Chicken and Other "Hot Fare", Cold Cut Combo Sub, Turkey BLT Salad

Pizza Assorted Freshly Baked Pizza by the Slice

Fruit and Veggie Bar Red Peppers

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17

MONDAY

No School

20

THURSDAY

The World In 80 Trays India

Classic Indian Butter Chicken, Basmati Rice, Dal Lentil Stew, Mango Lassi Drink

Viking Grab and Go Turkey Club Sub, Variety of Hamburgers, Chicken and Other "Hot Fare", Chef Salad

Pizza Assorted Freshly Baked Pizza by the Slice

Fruit and Veggie Bar Radish

18

TUESDAY

The World In 80 Trays Sweden

Classic Swedish Meatballs, Pasta

Viking Grab and Go Variety of Hamburgers, Chicken and Other "Hot Fare", Turkey Club Sub, Chef Salad

Pizza Assorted Freshly Baked Pizza by the Slice

Fruit and Veggie Bar Spinach Salad

21

FRIDAY

The World In 80 Trays Malawi, Africa

Classic Malawi Stewed Chicken, Rice and Sauce, Sautéed Greens, Whole Grain Dinner Roll

Viking Grab and Go Variety of Hamburgers, Chicken and Other "Hot Fare", Turkey Club Sub, Chef Salad

Pizza Assorted Freshly Baked Pizza by the Slice

Fruit and Veggie Bar Broccoli Florets

19

WEDNESDAY

The World In 80 Trays Germany

Classic Currywurst with German Potato Salad, Whole Grain Dinner Roll

Viking Grab and Go Variety of Hamburgers, Chicken and Other "Hot Fare", Turkey Club Sub, Chef Salad

Pizza Cheese Pizza

Fruit and Veggie Bar Green Pepper Slices

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|----------------------------|-----------------------------|-------------------------------------------------------------------------------------|
| 24 MONDAY | Classic | BBQ Pulled Pork Sandwich, Mojo Fries |
| | Viking Grab and Go | Variety of Hamburgers, Chicken and Other "Hot Fare", Tuna Sub, Chicken Caesar Salad |
| | Pizza | Assorted Freshly Baked Pizza by the Slice |
| | Fruit and Veggie Bar | Baby Carrots |

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| 27 THURSDAY | Classic | Assorted Calzones-Cheese, Chicken, Parmesan, Marinara Sauce |
| | Viking Grab and Go | Variety of Hamburgers, Chicken and Other "Hot Fare", Tuna Sub, Chef Salad |
| | Pizza | Assorted Freshly Baked Pizza by the Slice |
| | Fruit and Veggie | Broccoli Florets |

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|-----------------------------|-----------------------------|-------------------------------------------------------------------------------------|
| 25 TUESDAY | Classic | French Toast, Scrambled Egg, Pork Sausage Link |
| | Viking Grab and Go | Variety of Hamburgers, Chicken and Other "Hot Fare", Tuna Sub, Chicken Caesar Salad |
| | Pizza | Assorted Freshly Baked Pizza by the Slice |
| | Fruit and Veggie Bar | Cucumber Slices |

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|----------------------------|-----------------------------|---------------------------------------------------------------------------|
| 28 FRIDAY | Classic | Grown Up Grilled Cheese, Seasoned Ranch Wedges |
| | Viking Grab and Go | Variety of Hamburgers, Chicken and Other "Hot Fare", Tuna Sub, Chef Salad |
| | Pizza | Assorted Freshly Baked Pizza by the Slice |
| | Fruit and Veggie Bar | Sugar Snap Pes |

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| 26 WEDNESDAY | Classic | Roast Turkey & Gravy, Garlic Mashed Potato, Whole Grain Dinner Roll |
| | Viking Grab and Go | Variety of Hamburgers, Chicken and Other "Hot Fare", Tuna Sub, Chef Salad |
| | Pizza | Assorted Freshly Baked Pizza by the Slice |
| | Fruit and Veggie Bar | Cherry Tomato |

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