

Stoughton High School Lunch Menu

Fruit and vegetable bar offers a wide variety of fruit and vegetables daily

January
2022



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3
MONDAY

- Classic** Cheese Quesadilla, Cilantro Lime Rice
- Creation** Pasta Bar
- Viking Grab and Go** Variety of Hamburgers, Chicken and Other "Hot Fare", Asian Chicken Salad, Italian Sub
- Pizza** Assorted Freshly Baked Pizza by the Slice
- Fruit and Veggie Bar** Green Pepper Slices

6
THURSDAY

- Classic** Soft Beef Tacos, Black Beans
- Creation** Pasta Bar
- Viking Grab and Go** Variety of Hamburgers, Chicken and Other "Hot Fare", Crispy Chicken Salad, Italian Sub
- Pizza** Assorted Freshly Baked Pizza by the Slice
- Fruit and Veggie Bar** Cucumber Slices

4
TUESDAY

- Classic** Meatballs and Gravy, Garlic Breadstick, Mashed Potatoes
- Creation** Pasta Bar
- Viking Grab and Go** Variety of Hamburgers, Chicken and Other "Hot Fare", Asian Chicken Salad, Italian Sub
- Pizza** Assorted Freshly Baked Pizza by the Slice
- Fruit and Veggie Bar** Cauliflower Floret

7
FRIDAY

- Classic** Chili Dog, Seasoned Ranch Wedges
- Creation** Pasta Bar
- Viking Grab and Go** Variety of Hamburgers, Chicken and Other "Hot Fare", Asian Chicken Salad, Italian Sub
- Pizza** Cheese Pizza
- Fruit and Veggie** Cherry Tomato

5
WEDNESDAY

- Classic** Asian Crispy Chicken & Rice, Stir Fry Vegetable
- Creation** Pasta Bar
- Viking Grab and Go** Variety of Hamburgers, Chicken and Other "Hot Fare", Asian Chicken Salad, Italian Sub
- Pizza** Assorted Freshly Baked Pizza by the Slice
- Fruit and Veggie Bar** Baby Carrots

EXTRA INFO



Students Free - Adults \$4.65 - Extra Milk \$.40
No ala carte with negative balance. Milk choice of 1% white or chocolate skim is included with a lunch.
Entrée Salads are served with a roll.
Questions: Jacob Kleven @ 608-877-5419

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10

MONDAY

Classic Pancakes, Sausage Patty, Hashbrowns

Creation Nacho Bar

Viking Grab and Go Variety of Hamburgers, Chicken and Other "Hot Fare", Cold Cut Combo Sub, Turkey BLT Salad

Pizza Assorted Freshly Baked Pizza by the Slice

Fruit and Veggie Bar Baby Carrots

13

THURSDAY

Classic Lasagna, Cheesy Garlic Toast

Creation Nacho Bar

Viking Grab and Go Variety of Hamburgers, Chicken and Other "Hot Fare", Cold Cut Combo Sub, Turkey BLT Salad

Pizza Assorted Freshly Baked Pizza by the Slice

Fruit and Veggie Bar Broccoli Florets

11

TUESDAY

Classic Pasta Con Le Sausage, Penne Pasta, Garlic Toast, Italian Green Beans

Creation Nacho Bar

Viking Grab and Go Variety of Hamburgers, Chicken and Other "Hot Fare", Cold Cut Combo Sub, Turkey BLT Salad

Pizza Assorted Freshly Baked Pizza by the Slice

Fruit and Veggie Bar Cauliflower Floret

14

FRIDAY

Classic Chicken Bowl, Mashed Potatoes, Steamed Corn, Whole Grain Dinner Roll

Creation Nacho Bar

Viking Grab and Go Variety of Hamburgers, Chicken and Other "Hot Fare", Cold Cut Combo Sub, Turkey BLT Salad

Pizza Assorted Freshly Baked Pizza by the Slice

Fruit and Veggie Bar Cucumber Ranch Salad

12

WEDNESDAY

Classic Chicken Shawarma, Greek Sauce, Flatbread

Creation Nacho Bar

Viking Grab and Go Variety of Hamburgers, Chicken and Other "Hot Fare", Cold Cut Combo Sub, Turkey BLT Salad

Pizza Assorted Freshly Baked Pizza by the Slice

Fruit and Veggie Bar Red Peppers

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17

MONDAY

No School

20

THURSDAY

The World In 80 Trays Germany

Classic Currywurst with German Potato Salad, Whole Grain Dinner Roll

Creation Chicken Bowl

Viking Grab and Go Variety of Hamburgers, Chicken and Other "Hot Fare", Turkey Club Sub, Chef Salad

Pizza Assorted Freshly Baked Pizza by the Slice

18

TUESDAY

The World In 80 Trays Sweden

Classic Swedish Meatballs, Pasta

Viking Grab and Go Variety of Hamburgers, Chicken and Other "Hot Fare", Turkey Club Sub, Chef Salad

Creation Chicken Bowl

Pizza Assorted Freshly Baked Pizza by the Slice

21

FRIDAY

The World In 80 Trays Malawi, Africa

Classic Malawi Stewed Chicken, Rice and Sauce, Sautéed Greens, Whole Grain Dinner Roll

Creation Chicken Bowl

Viking Grab and Go Variety of Hamburgers, Chicken and Other "Hot Fare", Turkey Club Sub, Chef Salad

Pizza Assorted Freshly Baked Pizza by the Slice

19

WEDNESDAY

The World In 80 Trays India

Classic Indian Butter Chicken, Basmati Rice, Dal Lentil Stew, Mango Lassi Drink

Creation Chicken Bowl

Viking Grab and Go Turkey Club Sub, Variety of Hamburgers, Chicken and Other "Hot Fare", Chef Salad

Pizza Assorted Freshly Baked Pizza by the Slice

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Harvest of the Month



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24

MONDAY

Classic BBQ Pulled Pork Sandwich,
Mojo Fries

Creation Noodle Bar

Viking Grab and Go Variety of Hamburgers, Chicken and
Other "Hot Fare", Tuna Sub, Chicken
Caesar Salad

Pizza Assorted Freshly Baked Pizza
by the Slice

Fruit and Veggie Bar Baby Carrots

27

THURSDAY

Classic Assorted Calzones-Cheese, Chicken,
Parmesan, Marinara Sauce

Creation Noodle Bar

Viking Grab and Go Variety of Hamburgers, Chicken and
Other "Hot Fare", Tuna Sub, Chef
Salad

Pizza Assorted Freshly Baked Pizza
by the Slice

Fruit and Veggie Broccoli Florets

25

TUESDAY

Classic French Toast, Scrambled Egg, Pork
Sausage Link

Creation Noodle Bar

Viking Grab and Go Variety of Hamburgers, Chicken and
Other "Hot Fare", Tuna Sub, Chicken
Caesar Salad

Pizza Assorted Freshly Baked Pizza
by the Slice

Fruit and Veggie Bar Cucumber Slices

28

FRIDAY

Classic Grown Up Grilled Cheese, Seasoned
Ranch Wedges

Creation Noodle Bar

Viking Grab and Go Variety of Hamburgers, Chicken and
Other "Hot Fare", Tuna Sub, Chef
Salad

Pizza Assorted Freshly Baked Pizza
by the Slice

Fruit and Veggie Bar Sugar Snap Pes

26

WEDNESDAY

Classic Roast Turkey & Gravy, Garlic
Mashed Potato, Whole Grain
Dinner Roll

Creation Noodle Bar

Viking Grab and Go Variety of Hamburgers, Chicken and
Other "Hot Fare", Tuna Sub, Chef
Salad

Pizza Assorted Freshly Baked Pizza
by the Slice

Fruit and Veggie Bar Cherry Tomato

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