

January 2022

John Adams Middle School AFTER SCHOOL MENU

Meal Prices

Students **No Charge**
Adult **\$3.75**

Milk choice available daily.

*Indicates item may contain pork.

Allergy Information:

This menu may contain one or more of the following ingredients: milk, eggs, peanuts, soybeans, tree nuts, and wheat.

~ Average gram (g) of carbohydrate
Menu subject to change due to product availability and weather delays/cancellations.

This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 No School	4 Breaded Chicken Sandwich~44g Fresh Fruit Selection Fresh Vegetable Selection	5 Mini Chicken Corndogs~30g Fresh Fruit Selection Fresh Vegetable Selection	6 Cheese Bites w/Pizza Sauce~28g Fresh Fruit Selection Fresh Vegetable Selection	7
10 Yogurt~15g Cheese Stick~1g Assorted Cereal~24g Fruit Juice~15g Vegetable Selection	11 Grilled Cheese Sandwich~30g Fresh Fruit Selection Fresh Vegetable Selection	12 Boneless Chicken Wings~22g Fresh Fruit Selection Fresh Vegetable Selection	13 Hamburger/ Cheeseburger~31g Fresh Fruit Selection Fresh Vegetable Selection	14
17 No School	18 Breaded Chicken Sandwich~44g Fresh Fruit Selection Fresh Vegetable Selection	19 Mini Chicken Corndogs~30g Fresh Fruit Selection Fresh Vegetable Selection	20 Cheese Bites w/Pizza Sauce~28g Fresh Fruit Selection Fresh Vegetable Selection	21
24 Yogurt~15g Cheese Stick~1g Assorted Cereal~24g Fruit Juice~15g Vegetable Selection	25 Grilled Cheese Sandwich~30g Fresh Fruit Selection Fresh Vegetable Selection	26 Boneless Chicken Wings~22g Fresh Fruit Selection Fresh Vegetable Selection	27 Hamburger/ Cheeseburger~31g Fresh Fruit Selection Fresh Vegetable Selection	28
31 Scooby Bone Grahams~21g Yogurt~15g Cheese Stick~1g Apple Sauce Cup Vegetable Selection				