



State Law Regarding Sports-Related Head Injury & Concussions

The Commonwealth of Massachusetts Executive Office of Health and Human Services now requires that all schools subject to the Massachusetts Interscholastic Athletic Association (MIAA) rules adhere to the following law. Student-athletes and their parents, coaches, athletic directors, school nurses and physicians must learn about the consequences of head injuries and concussions through training programs and written materials. **The law requires that athletes and their parents inform their coaches about prior head injuries at the beginning of the season.** If a student-athlete becomes unconscious during a game or practice, the law now mandates taking the student out of play or practice, and requires written certification from a licensed medical professional for “return to play.”

Parents, and students who plan to participate in any athletic program at Minuteman High School must also take a free online course. The entire course, including registration, can be completed in less than 30 minutes. The online course is available through the NFHSLearn.com You will need to login or create an account, select the state of Massachusetts and you should then be able to order the Free Concussion in Sports test.

<https://nfhslearn.com/courses/61151/concussion-in-sports>.

(Please print and mail in a copy of your student athlete completed course receipt) Student athletes WILL NOT BE ALLOWED TO PARTICIPATE IN PRACTICES OR GAMES UNTIL THIS RECEIPT IS TURNED INTO THE MINUTEMAN ATHLETIC DEPARTMENT.

Please sign below that you have read the above and completed one of the courses listed. This is required in order to participate on any athletic team at Minuteman High School. Thank you very much.

Parent/Guardian Date

Student Athlete Date