

Monday	Tuesday	Wednesday	Thursday	Friday
10	11	12	13	14
Pasta with Butter Parmesan Sauce & Garlic Bread 🍴✔️ EUSD Cheese Pizza 🍴✔️ Yogurt & Granola ✔️Ⓜ️ 100% Fruit Popsicle✔️	Shredded Chicken Taco with Tortilla Chips 🍴 Bean & Cheese Burrito✔️ Sunbutter Sandwich & String Cheese✔️	Cheese Quesadilla 🍴✔️ Orange Chicken & Brown Rice Yogurt & Granola ✔️Ⓜ️	EUSD Spaghetti & Marinara✔️ with Chicken Meatballs 🍴 EUSD Cheese Pizza 🍴✔️ Sunbutter Sandwich & String Cheese✔️	All Beef Hamburger Chicken & Waffles Yogurt & Granola ✔️Ⓜ️ EUSD Chocolate Chip Cookie✔️
17	18	19	20	21
Martin Luther King Jr. Day Holiday	Crispy Chicken Sandwich Macaroni & Cheese 🍴✔️ Sunbutter Sandwich & String Cheese✔️	Grilled Cheese Sandwich 🍴✔️ Brunch for Lunch 🍴 Yogurt & Granola ✔️Ⓜ️	Fiesta Nacho Tower ✔️Ⓜ️ with Seasoned Chicken 🍴 EUSD Cheese Pizza 🍴✔️ Sunbutter Sandwich & String Cheese✔️	Grass Fed Beef Hot Dog Mozzarella Breadsticks with Marinara✔️ Yogurt & Granola ✔️Ⓜ️ EUSD Black Bean Brownies✔️🍴
24	25	26	27	28
Cheesy Lasagna Roll-up✔️ Popcorn Chicken EUSD Cheese Pizza 🍴✔️ Yogurt & Granola ✔️Ⓜ️ 100% Fruit Popsicle✔️	Crunchy Grass Fed Beef Taco✔️ Chicken Tenders✔️ Sunbutter Sandwich & String Cheese✔️	Cheese Quesadilla 🍴✔️ Sweet & Sour Chicken & Brown Rice Yogurt & Granola ✔️Ⓜ️	EUSD Cheese Pizza 🍴✔️ Chicken Chili Verde Tamale Turkey & Cheese Sub Sandwich 🍴 Sunbutter Sandwich & String Cheese✔️	All Beef Hamburger BBQ Chicken & Mashed Potatoes 🍴Ⓜ️ Yogurt & Granola ✔️Ⓜ️ EUSD Oatmeal Chocolate Chip Cookies✔️🍴

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Chicken & Waffles EUSD Cheese Pizza 🍴✔️ Yogurt & Granola ✔️Ⓜ️ 100% Fruit Popsicle✔️

Contains Pork: 🐷
Gluten Free: Ⓜ️
Vegetarian: ✔️
Scratch-made Fresh Daily: 🍴

Meals are FREE for EUSD students
Adults: \$5.00

Breakfast: Served Daily at OK & PEC
Breakfast served daily before school

Menu:
-Assorted Oatmeal
-Maple Belgian Waffle
-Yogurt & Granola
-Assorted WG Cereal
-Bagel & Cream Cheese
-Whole Grain Muffins
-String Cheese
-Maple Mini Pancakes
-Benefit Bars



Daily Salad Bar:
Fresh, Seasonal, California-Grown!
Unlimited Daily Salad bars are part of every school lunch, featuring EUSD Farm Lab Grown organic lettuce and seasonal veggies!

Mondays: Petite Bananas
Tuesdays: Super Sliced Apples & Jicama
Wednesdays: California Grown Halo Mandarins
Thursdays: California Grown Gold Kiwis & EUSD Farm Lab Beets
Fridays: California Grown Sliced Valencia Oranges
Various dressings are offered daily including a Ⓜ️ option.

-Online Meal Payments, School Menus & Nutrition facts, visit our new Mobile Menu App at: www.schoolcafe.com.
-Lunch includes: 1 entrée, locally sourced milk, assorted fruits/veggies and any side items
-Food Allergies:

- Most **Gluten free** entrées are gluten free without the bread/bun/tortilla/etc. Corn tortillas available upon request. We serve gluten free items but our kitchens are not gluten free facilities.
- Items may be processed in facilities that also process **nuts** and other allergens.
- If your child may need a special meal accommodation, please fill out the Request for Special Meals Form on or Child Nutrition Website and return to your school nurse: <http://www.eusd.net/child-nutrition-services/student-menus-nutrition-and-allergen-information/>

-This institution is an equal opportunity provider
**Menus are subject to change without notice