

What's on the Menu?

Rochester Community Schools: ATPS ACE Lunch Menu January 2022

A full student lunch includes a choice of entrée supplying protein and grain, 1/2 cup fruit side, 1/2 cup of vegetable side, and 1% chocolate or white milk.

	Monday	Tuesday	Wednesday	Thursday	Friday
	3	4	5	6	7
CHOICE A:	Bosco Sticks (V) with Pizza Sauce Fresh Fruit	Cheeseburger Vegetarian Baked Beans Fresh Fruit	Chicken Patty Sandwich Fresh Vegetable Fresh Fruit	Pancakes w/ Syrup Turkey Sausage Patty Tater Tots Juice Cup	Cheese Quesadilla (V) Fresh Green Salad Cupped Fruit
	10	11	12	13	14
CHOICE A:	Bosco Sticks (V) with Pizza Sauce Fresh Fruit	Corn Dog Vegetarian Baked Beans Cupped Fruit	1/2 Day	1/2 Day	1/2 Day
	17	18	19	20	21
CHOICE A:	No School	Cheeseburger Vegetarian Baked Beans Fresh Fruit	Chicken Patty Sandwich Fresh Vegetable Fresh Fruit	Pancakes w/ Syrup Turkey Sausage Patty Tater Tots Juice Cup	Cheese Quesadilla (V) Fresh Green Salad Cupped Fruit
	24	25	26	27	28
CHOICE A:	Bosco Sticks (V) with Pizza Sauce Fresh Fruit	Corn Dog Vegetarian Baked Beans Cupped Fruit	Chicken Nuggets w/ WG Cheddar Goldfish Crackers Fresh Vegetable Fresh Fruit	French Toast w/ Syrup Turkey Sausage Patty Tater Tots Juice Cup	French Bread Pizza (V) Fresh Green Salad Cupped Fruit
	31				
CHOICE A:	Bosco Sticks (V) with Pizza Sauce Fresh Fruit				
CHOICE B:	Deli Turkey and Cheese Sub Sandwich	Grilled Cheese Sandwich (V)	Grilled Cheese Sandwich (V)	Grilled Cheese Sandwich (V)	Deli Turkey and Cheese Sub Sandwich

Questions or comments?

Food Service Director Tracy Hizer 248-726-4650 Assistant Directors
Tamara Brazeton 248-726-4601 or Marci Flaherty 248-726-4603
Go to MyPlate.gov for online personal wellness resources for you and your family.



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