

What's on the Menu?

Rochester Community Schools Secondary: In Person Breakfast Menu January 2022

A full student breakfast includes a choice of entrée supplying protein and grain, 1/2 cup fruit sides, and 1% chocolate or white milk.

	Monday	Tuesday	Wednesday	Thursday	Friday
	3	4	5	6	7
	WG Stuffed Cinnamon Cream Cheese Bagel Cupped Fruit	Mini Pancakes Fresh Fruit	Apple Cinnamon Breakfast Bosco Cupped Fruit	Breakfast Sausage Pizza Fresh Fruit	Chocolate Crescent Cupped Fruit
	10	11	12	13	14
FREE for all students everyday: Complete breakfast meals though the 2021-2022 school year!	WG Cinni Mini Pull-Apart Cinnamon Roll Cupped Fruit	Mini Waffles Fresh Fruit	Turkey Bacon Scramble Breakfast Pizza Cupped Fruit	Breakfast Tacos Fresh Fruit	Grape Crescent Cupped Fruit
	17	18	19	20	21
Menu subject to change due product availability	No School	Mini French Toast Fresh Fruit	Apple Cinnamon Breakfast Bosco Cupped Fruit	Breakfast Sausage Pizza Fresh Fruit	Chocolate Crescent Cupped Fruit
	24	25	26	27	28
Remember to wash your hands before you eat!	WG Cinni Mini Pull-Apart Cinnamon Roll Cupped Fruit	Mini Pancakes Fresh Fruit	Turkey Bacon Scramble Breakfast Pizza Cupped Fruit	Breakfast Sausage Pizza Fresh Fruit	Grape Crescent Cupped Fruit
	31				
	WG Stuffed Cinnamon Cream Cheese Bagel Cupped Fruit				
	Serving Daily: BeneFIT Bars, Bagels and Cream Cheese, Strawberry or Peach Yogurt Parfait, and Muffin/Cheese Stick				