



January 3rd-7th

- Type A Lunch
- Plate Lunch
- Vegetarian
- Bowl Special
- One Team Wagon

Monday
BBQ Pork Sandwich
Korean Spicy Chicken
Fried Tofu w/ Soy Ginger Sauce
Spicy Ahi (Upon Availability)
Asian Fried Chicken \$7.00

Tuesday
Chicken & Broccoli Alfredo
Shoyu Pork
Lentil Shepherd's Pie
Local Style Hamburger Curry
Pork Carnitas Burrito \$6.50

Wednesday
Shepherd's Pie
Kalua Pig & Cabbage
Baked Potato w/ Mushroom Chili
Garlic Chicken
BBQ Beef Brisket Sandwich \$8.00

Thursday
Ground Turkey Stroganoff
Chicken Fried Steak
Vegetarian Stuffed Pepper
Grilled Korean Spicy Pork
Salmon on Penne w/ Marinara & Bechamel Sauce \$10

Friday
Hamburger Stew
Korean Sesame Chicken
Sweet Potato Curry w/ Tofu
Tonkatsu
Pizza Lasagna \$7

Weekly Salad : Simple Honey Chicken & Pear Salad \$7.50
 Weekly Sandwich: BLT Pesto Chicken Breast Sandwich \$7.00

January 10th-14th

- Type A Lunch
- Plate Lunch
- Vegetarian
- Bowl Special
- One Team Wagon

Monday
Chili Frank
Mushroom Chicken
Pasta w/ Spinach, Tomato & Feta
Spicy Ahi (Upon Availability)
Pork Adobo \$7

Tuesday
Macaroni & Cheese
Teriyaki Chicken
Kung Pao Tofu
Local Style Hamburger Curry
Garlic Shrimp Po'Boy \$7.50

Wednesday
Ground Turkey Sliders
Beef Stew
Quinoa & Kale Stuffed Sweet Potato
Garlic Chicken
Street Style Chicken Taco \$7

Thursday
Finals

Friday
Finals

Weekly Salad : Chicken Taco Salad \$6.25
 Weekly Sandwich: Vietnamese Chicken Bahn Mi Sandwich \$6.75

January 17th-21st

- Type A Lunch
- Plate Lunch
- Vegetarian
- Bowl Special
- One Team Wagon

Monday
Martin Luther King Jr. Day

Tuesday
BBQ Meatballs
Ranch Style Chicken
Cauliflower Tofu Curry
Local Style Hamburger Curry
Hamburger Steak \$7

Wednesday
BBQ Chicken Pizza
Beef Stroganoff
Korean Spicy Eggplant
Garlic Chicken
Carne Asada Burrito \$7

Thursday
Mochiko Chicken
Mochiko Chicken
Vegetarian Burrito
Grilled Korean Spicy Pork
Garlic Shrimp on Penne

Friday
Sloppy Joe
Roast Turkey w/ Gravy
Pad Thai w/ tofu
Tonkatsu
Steak Bowl or Plate \$8/\$10

Weekly Salad : Smoked Turkey Cape Cod Salad \$6.50
 Weekly Sandwich: Chicken Bruschetta Sandwich \$7.00

January 24th-28th

- Type A Lunch
- Plate Lunch
- Vegetarian
- Bowl Special
- One Team Wagon

Monday
Shoyu Chicken
Misoyaki Pork
Ratatouille & Lentil Stew
Spicy Ahi (Upon Availability)
Beef Taco Salad in Tortilla Shell

Tuesday
Grilled Cheese w/ Tomato Bisque
Korean Fried Chicken
Black Bean Tofu Stir Fry
Local Style Hamburger Curry
Chimichurri Flank Steak
Sandwich \$8

Wednesday
Italian Meatball Sub
BBQ chicken
Pasta w/ Vegetable Marinara
Garlic Chicken
Clam Chowder w/ Crostini \$8

Thursday
Yakitori Chicken on Fried Noodles
Japanese Beef Curry
Japanese Tofu Curry
Grilled Korean Spicy Pork
Furikake Chicken w/ Spicy Aioli & Teri Glaze \$7

Friday
Turkey Ala King
Grilled Korean Pork
Vegetarian Lasagna
Tonkatsu
Grilled Chicken Florentine on Pasta \$7

Weekly Salad: Strawberry Basil & Chicken Breast Salad \$7.75
 Weekly Sandwich: Vietnamese Shrimp Summer Roll \$6.50

January 31st

- Type A Lunch
- Plate Lunch
- Vegetarian
- Bowl Special
- One Team Wagon

Monday
Teriyaki Meatballs
Fried Chicken
Cheese Tortellini
Spicy Ahi (Upon Availability)
Shoyu Pork w/ Kabocha \$7

Tuesday
Kalua Pig & Cabbage
Misoyaki Chicken
Broccoli Tofu Stir Fry
Local Style Hamburger Curry
Hamburger Katsu \$7

Wednesday
Spaghetti w/ Meat Sauce
Roast Pork w/Gravy
Yellow Thai Curry w/ Tofu
Garlic Chicken
Misoyaki Salmon on Greens \$10

Thursday
Supreme Pizza
Orange Chicken
Mushroom Stroganoff
Grilled Korean Spicy Pork
Gumbo w/ Corn Bread \$8

Friday
Hamburger Curry
Rosemary Garlic chicken
Teriyaki Tofu w/ Pineapple Salsa
Tonkatsu
Lau Lau Plate \$10

Weekly Salad : Grilled Chicken & Butternut Squash Salad \$7.75
 Weekly Sandwich: Spicy Italian Sandwich \$7.00