

Seizure Action Plan

School Year 20__ to 20__

This student is being treated for a seizure disorder. The information below should assist you if a seizure occurs during school hours.

Student's Name	Date of Birth	
Parent/Guardian	Phone	Cell
Other Emergency Contact	Phone	Cell
Child Neurologist	Phone	Fax

Seizure Type:	please circle		
	Atonic	Nonconvulsive	Convulsive

<p>A seizure is generally considered an emergency when:</p> <ul style="list-style-type: none"> • Convulsive (tonic-clonic) seizure lasts longer than 5 minutes • Student has repeated seizures without regaining consciousness • Student is injured or has diabetes • Student has a first-time seizure • Student has breathing difficulties • Student has a seizure in water 	<p>Emergency Response Basic Seizure First Aid</p> <ul style="list-style-type: none"> • Stay calm & track time • Keep child safe • Do not restrain • Do not put anything in mouth • Stay with child until fully conscious • Record seizure in log <p>For tonic-clonic seizure:</p> <ul style="list-style-type: none"> • Protect head • Keep airway open/watch breathing • Turn child on side 	<p>Seizure Emergency Protocol (Check all that apply and clarify below)</p> <p><input type="checkbox"/> Contact school nurse at _____</p> <p><input type="checkbox"/> Call 911 if child does not wake after _____ min of emergency med given</p> <p><input type="checkbox"/> Transport to _____</p> <p><input type="checkbox"/> Notify parent or emergency contact</p> <p><input type="checkbox"/> Administer emergency medications as indicated below</p> <p><input type="checkbox"/> Other _____</p>
---	--	--

PARENT/GUARDIAN AUTHORIZATION

I/We request designated school personnel to administer the medication as prescribed by the above prescriber. I/We certify that I/we have legal authority to consent to medical treatment for the student named above, including the administration of medication at school. I/We understand that at the end of the school year, an adult must pick up the medication, otherwise it will be discarded. I/We authorize the school nurse to communicate with the health care provider as allowed by HIPPA.

Parent/Guardian Signature: _____ Date: _____

Print Name: _____

Treatment Protocol During School Hours (include daily and emergency medications)

Emerg. Med. ✓	Medication	Dosage & Time of Day Given	Common Side Effects & Special Instructions

Give _____ (medicine) for seizures lasting longer than _____ min or cluster of 3 or more in 1 hour

Child Neurologist Signature _____ Date _____

Parent/Guardian Signature _____ Date _____

School Nurse Signature _____ Date _____

PROVIDENCE CHILD NEUROLOGY & DEVELOPMENTAL MEDICINE

VNS Magnet Instructions

To use the magnet to stop a seizure:

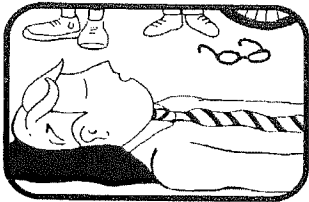
If child is having repetitive seizures, or a convulsive seizure, swipe the magnet across the generator in the chest area counting “one-one thousand-one”. The stimulation that is triggered lasts 60 seconds.

If the seizure is still going on after one minute you may repeat.

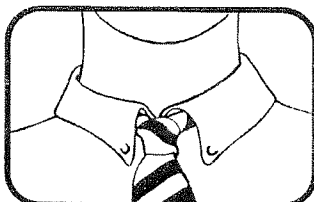
While there is no specific number of times to use the magnet, usually the seizure is over after 1 or 2 swipes. If the seizure is still going on 2 to 3 minutes later you may want to move onto the next step of rescue medication.

First Aid for Seizures

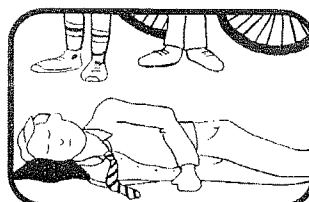
(Convulsions, generalized tonic-clonic, grand mal)



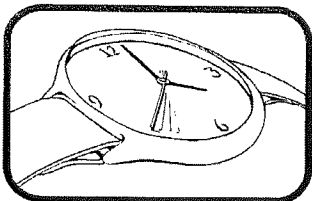
Cushion head, remove glasses



Loosen tight clothing



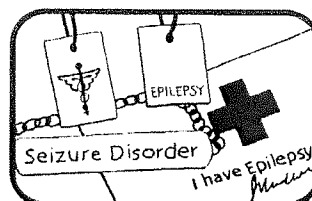
Turn on side



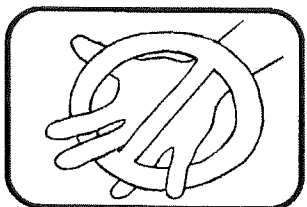
Time the seizure with a watch



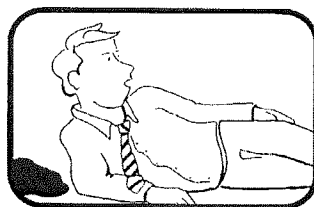
Don't put anything in mouth



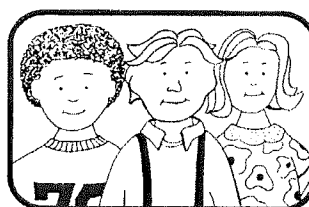
Look for I.D.



Don't hold down



As seizure ends...



...offer help

Most seizures in people with epilepsy end after a minute or two and don't require a trip to the emergency room. But sometimes there are good reasons to call for emergency help. A seizure in someone who does not have epilepsy could be a sign of a serious illness.

Call an ambulance when:

- A seizure that lasts more than 5 minutes
- No “epilepsy” or “seizure disorder” I.D.
- Slow recovery, a second seizure, or difficulty breathing afterwards
- Pregnancy or other medical diagnosis
- Any signs of injury or sickness