



This institution is an equal opportunity provider

JANUARY 2022

West Vine & Deans Mill

ALL student meals are available
at no cost through June 30,
2022!

Monday

3
3-Cheese Dipper Sandwich
Marinara Sauce
Seasoned Broccoli
Mixed Fruit

10
Hamburger or Cheeseburger
Whole Wheat Bun
Oven Fries
Baked Beans
Pineapple

No School

I Have A Dream



Martin Luther King, Jr. Day

24
Twisted Mozz Breadstick
Chicken Noodle Soup
Seasoned Broccoli
Fresh Pineapple

31
3-Cheese Dipper Sandwich
Marinara Sauce
Seasoned Broccoli
Crisp Apple

Tuesday

4
Taco Tuesday
Nachos with Diced Chicken
Refried Beans
Strawberry Cups

11
WG Penne Pasta
Meatballs
Marinara
Mixed Vegetables
Apples

18
Cheesy Quesadilla
Brown Rice
Refried Beans
Orange Wedges

25
Hot Dogs on Whole Wheat
Bun
Baked Beans
Veggie Dippers
Clementines

Wednesday

5
WG Rotini Pasta
Meatballs
Marinara Sauce
Green Beans
Blueberry Cups

12
Early Release
Zoo Crew Chicken Nuggets
Sweet Potato Fries
Seasoned Broccoli
Clementine

19
WG Rotini Pasta
Meatballs
Marinara Sauce
Green Beans
Diced Pears

26
Mac & Cheese
Steamed Carrots
Kale Caesar Salad
Fresh Pear

Thursday

6
Popcorn Chicken
Mashed Potatoes
Corn
Grapes

13
Teriyaki Chicken
Vegetable Fried Rice
Chinese Style Vegetables
Strawberry Cups

20
Chicken Patty Sandwich
Oven Baked Fries
Steamed Carrots
Grapes

27
Chicken Tenders
WW Dinner Roll
Mashed Potatoes
Green Beans
Blueberry Cups

Friday

7
Sal's Pizza
Fresh Veggie Dippers
Crisp Romaine Salad
Bananas

14
Assorted Homemade
Pizza
Veggie Dippers
Crisp Romaine Salad
100% Juice

21
Sal's Pizza
Fresh Veggie Dippers
Crisp Romaine Salad
Bananas

28
Assorted Homemade
Pizza
Veggie Dippers
Crisp Romaine Salad
100% Juice

- All meals include protein, whole grains, fruit, vegetable, and fat-free flavored milk or 1% unflavored milk
- Visit www.stoningtonschools.org/departments/food-services for more information
- Menu subject to change as needed without notice.
- WG=Whole Grain, WW=Whole Wheat