

# WESTPORT MIDDLE-HIGH SCHOOL

<https://westportschoolsorg.finalsite.com/services/nutrition-services>



## January 2022 LUNCH MENU

GRADES 5 - 12

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> Sausage Egg & Cheese Croissant Hash Brown Juice Cup Assorted Fruit and Milk	<b>4</b> Shepherd's Pie Steamed Corn Dinner roll Fruit Milk	<b>5</b> Chicken & Rice Soup w/Cracker Grilled Cheese Steamed Carrots Fruit and Milk	<b>6</b> Cheeseburger w/Lettuce and Pickles Three Bean Salad Steamed Green Bean Fruit and Milk	<b>7</b> Domino's Pizza Cheese Stick Steamed Broccoli Animal Crackers Assorted Fruit Milk
<b>10</b> Hot Dog on a Roll Vegetarian Baked Beans Glazed Carrots Fruit Milk	<b>11</b> Chicken Chow Mein Fluffy White Rice Steamed Green Beans Fruit Milk	<b>12</b> Buffalo Macaroni & Cheese Dinner Roll Steamed Peas Fruit Milk	<b>13</b> French Toast Sticks Sausage Links Hash Brown Patty Fresh Fruit Milk	<b>14</b> Domino's Pizza Cheese Stick Romaine Salad Assorted Fruit Milk
<b>17</b> <p style="text-align: center;"><b>Dr. Martin Luther King Jr. Day</b></p>	<b>18</b> Chourico & Pepper Sub Baked French Fries Steamed Green Beans Fresh Fruit Milk	<b>19</b> Taco's w/Lettuce, Cheese & Salsa TexMex Rice Steamed Corn Fruit & Milk	<b>20</b> Mozzarella Sticks w/Marinara Sauce Buttered Noodles Steamed Broccoli Fruit and Milk	<b>21</b> Domino's Pizza Cheese Stick Three Bean Salad Assorted Fruit Milk
<b>24</b> Turkey & Cheese Sub w/Lettuce and Peppers Baked Beans Steamed Green Beans Fresh Fruit and Milk	<b>25</b> American Chop Suey Garlic Knot Roll Steamed Green Beans Fresh Fruit Milk	<b>26</b> Tomato Soup w/Crackers Max Sticks w/Marinara Sauce Steamed Peas Fruit and Milk	<p style="text-align: center;"><b>Early Release No Lunch Served</b></p>	<b>28</b> Domino's Pizza Cheese Stick Romaine Salad Assorted Fruit Milk
<b>31</b> Creamy Clam Chowder w/Crackers Fish Sticks w/Tartar Sauce Carrot Sticks Fresh Fruit and Milk			<p style="text-align: center;"><u>Daily Alternatives</u>  <b>Chicken Patty</b>  <b>Cheeseburgers</b>  <b>Pizza</b>  <b>Salads to go!</b></p>	

*"This Institution is an equal opportunity provider" -- Menu subject to change due to supply issues!*

**ALLERGIES:**  
*Before placing  
 your order,  
 Please, inform  
 your server if  
 there is a food*

**COMPLETE BREAKFAST & LUNCHESES ARE  
FREE FOR ALL STUDENTS until  
 June 30, 2022!  
 Ala Carte items are NOT included!**