





8601 Wolftrap Road, Vienna, VA 22182-5026 Phone: 703.938.2828 Fax: 703.938.2829 www.olgcva.org ~ www.olgcschool.org Administered by the Oblates of St. Francis de Sales

Mass Schedule

Mon-Sat - 8:30am, holidays are at 9am Saturday Vigil 4pm Sunday 8:00am, 10:00am, 12pm (en español), 5:00pm Office Hours Mon - Fri 9am - 4:30pm, closed 12-12:30pm for lunch Chapel open for prayer Mon - Fri 9am - 5pm www.olgcva.org/liturgy-worship/devotions/mass

Confessions Saturdays 9-9:30am or by appt Join the Parish www.olgcva.org/register Schedule an Event www.olgcva.org/about-us/facilities Add Item to Bulletin/Media www.olgcva.org/about-us/communications **Mass Intention Request**

Pastor Rev. Matthew Hillyard, OSFS......frhillyard@olgcva.org Parochial Vicar Rev. Mathias Kumar, OSFS.....mkumar@olgcva.org Retired Rev. William Metzger, OSFS......william.metzger@olgcva.org **Deacon** Christopher Moore......cgmoore@olgcva.org School Principal Adrianne Jewett 703.938.3600.....ajewett@olgcschool.org Liturgy/Music/Ministry of Care/Funerals Gerard Hall 703.896.7411....liturgy@olgcva.org Faith Formation Amy W. de Bernardo 703.896.7414......dre@olgcva.org Children's Faith Formation Amy MacKinnon 703.896.7426.....amackinnon@olgcva.org Youth Ministry Derek Rogers 703.896.7409......youth@olgcva.org Communications/Bulletin Irene Zaso 703.896.7412.....communications@olgcva.org Director of Finance Brian Patterson 703.896.7402.....bpatterson@olgcva.org Records/Child Protection Liaison Christine Moan 703.896.7413......cmoan@olgcva.org Advancement/Annual Giving Alison McKee & JoAnne Kinyon...development@olgcva.org Events Manager Cheryl Jones 703.896.7418.....cjones@olgcva.org Reception/Mass Intentions Maria Romero 703.896.7419.....welcome@olgcva.org Información en español Maria Romero 703.896.7419.....welcome@olgcva.org Finance Council (Regina Stranix)......FinanceCouncil@olgcva.org Society of St. Vincent DePaul (Linea de Ayuda) 703.938.3210.....svdp@olgcva.org Respect Life /Gabriel Project Betsy Argauer 703.255.3744.....betstim@gmail.com Knight of Columbus Santa Maria Council #4654.....www.knightsvienna.org Counseling Catholic Charities Consejería Caridades Catolica......703.425.0109

Moving Forward Together in the Service of God - Avanzando Juntos en el Servicio de Dios

Welcome to Our Lady of Good Counsel

We, as members of Our Lady of Good Counsel Parish, strive to witness to the Good News of Jesus Christ by proclaiming our faith, educating ourselves and our children, sharing our persons, resources and gifts in the care and service of one another. We are called to foster an environment of hospitality in accordance with the Spirituality of St. Francis de Sales.

Mass Intentions/Intenciones de la Misa

Sunday December 26, 2021 - Presiders Fr Hillyard, Fr Extejt, Fr Hillyard, Fr Kumar

- + Robert Koetz
- + Joseph (Joe) Murphy
- + Rogelio Flores **Rosa Esther Flores**

Monday, December 27, 2021 - Presider Fr Hillyard

8:30am The OLGC Community

Tuesday, December 28, 2021 - Presider Fr Hillyard

+ Irma Peiteado Suarez

Wednesday, December 29, 2021 - Presider Fr Kumar

Peggy O'Neill Blazich 8:30am Thursday, December 30, 2021 - Fr Hillyard

8:30am Michael & Andrea Ong 5th Wedding Anni.

Friday, December 31, 2021 - Presider Fr Kumar

Timothy Radican 8:30am

Solemnity of Mary Mother of God - Presider Fr Metzger

For All of The OLGC Volunteers 5:00pm Saturday, January 1, 2022 - Presider Fr Kumar

9:00am For those suffering from mental illness

Sunday, January 2, 2022

- + Bud Candee
- + Genevieve "Gene" Desmarais
- + Alba Cantos de Cabrera
- + Isabel Trinchera Mustafa

The OLGC Community

Please keep those listed in the prayer intention book and the recently deceased in your prayers including

OLGC Funerals: www.olgcva.org/liturgy-worship/funerals.

Weekly Prayer of Faithful: www.olgcva.org/liturgy-

worship.

Devotional Candles: www.olgcva.org/liturgy-worship/.

Church - For the healing of Kate Andreottola Chapel - For the healing of Monica Grimm

Our Lady - In Loving Memory of Angel and Beatriz Saltos

Wedding Banns

None at this time

Readings for the Week/Lecturas de la Semana

Readings for the week of December 26, 2021

Sunday Feast of the Holy Family of Jesus, Mary &

Joseph 1 Sm 1:20-22, 24-28; Ps 84:2-3, 5-6, 9-

10; 1 Jn 3:1-2, 21-24; Lk 2:41-52

Monday Feast of Saint John, Apostle and Evangelist

1 Jn 1: 1-4/ Ps 97: 1-2. 5-6. 11-12/

Jn 20: 1a and 2-8

Feast of Holy Innocents, Martyrs Tuesday

1 Jn 1: 5-2: 2/ Ps 124: 2-3. 4-5. 7b-8/Mt 2: 13-18

Wednesday The Fifth Day in the Octave of Christmas

1 Jn 2: 3-11/ Ps 96: 1-2a. 2b-3. 5b-6/

Lk 2: 22-35

Thursday The Sixth Day in the Octave of Christmas

1 Jn 2: 12-17/ Ps 96: 7-8a. 8b-9. 10/Lk 2: 36-40

Friday The Seventh Day of the Octave of Christmas

1 Jn 2: 18-21/ Ps 96: 1-2. 11-12. 13/ Jn 1: 1-18

Saturday Solemnity of the Blessed Virgin Mary, The

Mother of God Nm 6: 22-27/ Ps 67: 2-3. 5.

(2a)/ Gal 4: 4-7/ Lk 2: 16-21 The Epiphany of the Lord

Is 60: 1-6/ Ps 72: 1-2. 7-8. 10-11. 12-13/

Eph 3: 2-3a. 5-6/ Mt 2: 1-12

Weekly & Second Collections drop off in boxes in Narthex, parish office, mail, use QR Code or give online via Faith Direct membership.faithdirect.net/VA875 or Text \$ amount to 703.810.7674. Thank you for your support.

(49,878.21)

Dec 5, 2021 **Christmas Flowers** Dec 8, 2021 **Immaculate Conception**

Dec 12, 2021 **Catholic Charities of Arlington**

Dec 25, 2021 Christmas

Sunday

Dec 2021 **Facility Improvement** Jan 01, 2022 Solemnity of Mary

November Monthly Collections Fiscal Year July 2021—June 2022

Offertory 188.331.03 **Total Budgeted** 170,616.00 Variance 17,715.03 YTD Received 898,509.79 **Budget YTD** 948,388.00 Variance

Scan QR Code to donate online

Quote of the week: "You learn to speak by speaking, to run by running, to give by giving, and just so, you learn to love by loving." - St. Francis de Sales

Cita de la semana: "Aprendes a hablar hablando, a correr corriendo, a dar dando, y de la misma manera aprendes amar amando". - San Francisco de Sales

Calendar (Subject to change, see website for up to date schedule www.olgcva.org/about-us/calendar)

SUNDAY DECEMBER 26

HL BB Games 11:30 AM - 7:30 PM Fr. Brisson Gym

MONDAY DECEMBER 27

Christmas Holidays No School & Offices Closed House/CYO BB-Practices 5:30 - 8:30 PM Fr. Brisson Gym CS 976 Adult Leader Mtg. 7:00 PM - 9:00 PM School-Loft

TUESDAY DECEMBER 28

No School Christmas Holidays
Memorial Mass & Reception David Weideman 11AM - 2PM
Church and De Sales Hall
House/CYO BB-Practices 5:30 PM - 8:30 PM Fr. Brisson Gym
CS 976 Bear Den Mtg. 6:30 - 8:30 PM School-Counsel Rm
Music Ministry (Hemmingson) 7:30 PM - 9:00 PM Church

WEDNESDAY DECEMBER 29

No School Christmas Holidays House/CYO BB-Practices 5:30 PM - 8:30 PM Fr. Brisson Gym BS 976 Mtg 7:00 PM - 8:30 PM School-Counsel Rm Music Ministry (Jones) 7:00 PM - 8:30 PM Church Men's Basketball 8:30 PM - 10:00 PM Fr Brisson Gym

THURSDAY DECEMBER 30

Christmas Holidays No School & Offices Closed Music Ministry (Hall) 7:00 PM - 9:00 PM Church Rosary-Persecuted Christians 7:00 PM - 7:45 PM Virtual

FRIDAY DECEMBER 31

New Year's Eve No School & Offices Closed 8:30am Daily Mass 8:30 AM - 9:00 AM Church Solemnity Of Mary, Holy Day Mass 5PM - 6:00 PM Church

SATURDAY JANUARY 1

Solemnity Of Mary, Holy Day Mass 9 AM - 10:00 AM Church 4pm Epiphany Mass 4:00 PM - 5:00 PM Church

SUNDAY JANUARY 2

Donut Social 9:00 AM - 1:30 PM DeSales Hall HL BB Games 11:30 AM - 7:30 PM Fr. Brisson Gym Undecorate the Church 6:00 PM Church

MONDAY JANUARY 3

Parish Offices Closed School Resumes GS Troop 50198 4:15 PM - 5:45 PM Multi-Media Center

TUESDAY JANUARY 4

House/CYO BB-Practices 5:30 PM - 8:30 PM Fr. Brisson Gym CS 976 Lion Den Mtg. 6:00 - 8:00 PM School-Counsel Rm Women's Book Study 7- 8:30 PM St Joseph Ctr-Brisson Rm Music Ministry (Hemmingson) 7:30 PM - 9:00 PM Church

WEDNESDAY JANUARY 5

House/CYO BB-Practices 5:30 PM - 8:30 PM Fr. Brisson Gym BS 976 Mtg 6:30 PM - 8:30 PM School-Counsel Rm Music Ministry (Jones) 7:00 PM - 8:30 PM Chapel RCIA Catechumenate 7:30 - 9PM St Joseph Ctr-Brisson Rm Small Faith Sharing 7:30 PM - 8:30 PM Zoom SVDP Mtg. 7:30 PM - 9:00 PM DeSales Hall Men's Basketball 8:30 PM - 10:00 PM Fr Brisson Gym

THURSDAY JANUARY 6

Prayer Shawl Ministry 9:30-11AM St Joseph Ctr-Brisson Rm House/CYO BB-Practices 5:30 PM - 8:30 PM Fr. Brisson Gym CS 976 Webelos Den Mtg. 6:30-8:30PM School-Counsel Rm Music Ministry (Hall) 7:00 PM - 9:00 PM Chapel Rosary-Persecuted Christians 7:00 PM - 7:45 PM Virtual Men's Basketball 8:30 PM - 10:00 PM Fr Brisson Gym

FRIDAY JANUARY 7

Adoration Of The Blessed Sacrament 9AM-3PM Chapel YM Rosary 3:30 PM - 4:00 PM Mary's Garden House/CYO BB-Practices 5:30 PM - 8:30 PM Fr. Brisson Gym Serenata Choir Practice 7:30 PM - 9:30 PM Chapel

SATURDAY JANUARY 8

CYO BB-Games 8:00 AM - 6:00 PM Fr. Brisson Gym Elem CCF 8:30 AM - 10:00 AM School-Classrooms Confessions 9:00 AM - 9:30 AM Reconciliation Room Baptisms 10:00 AM - 11:30 AM Church Emmaus 10:00 AM - 10:30 AM School-Classrooms Elem CCF 10:30 AM - 12:00 PM School-Classrooms RCIA-BOW 4:30 PM - 5:00 PM Cry Room Music Ministry Epiphany Dinner 6-9PM DeSales Hall

SUNDAY JANUARY 9

Christ House Food Collection 9:30 AM - 1PM Parking Lot HL BB Games 11:30 AM - 7:30 PM Fr. Brisson Gym KofC Free Throw Contest 2:45 - 4:00 PM Fr. Brisson Gym Nightlife 6:00 PM - 7:30 PM DeSales Hall Jr High CCF 6:15 PM - 7:45 PM School & Counsel Rm Undecorate Chapel 6:00 PM Narthex & Chapel

We encourage all baptized Catholics who live within our parish boundaries to become registered members of Our Lady of Good Counsel Catholic Church. We encourage all families to be actively engaged in parish life to nurture their relationship with God and one another. Members can receive their sacraments here, receive a sponsor letter for sacraments, enroll in our school or parish religious education programs, receive tuition assistance if needed, and receive our parish communications. Fill out the <u>Registration Form</u> or contact <u>Christine Moan</u> at 703.896.7413.

Merry Christmas

Dear Sisters and Brothers in Christ,

I write this Christmas message on December 14th in anticipation of our Christmas celebration. Today, sunrise took place after 7 am and sunset will occur before 5 pm. The days continue to share with us less light and the nights are longer. This Christmas, as is the case with all Christmases, we will be on the other side of that equation. The days will be longer. It will be imperceptible at first, but it will become more evident as the days and weeks continue. Light is one of the great Christmas images. Jesus is the light that conquers the darkness, the love that destroys even the power of death.

To the first recipients of the Christmas message, Jesus' identity and presence must have also been unfolding. It must have all seemed so ordinary: swaddling clothes, a manger (for animals' use) as a bed, and a humble, ordinary mother and father. Jesus chose to come to a humble couple, an occupied country, and to share our flesh, not as a king or celebrity but to a seemingly common family. From such humility and ordinariness springs our salvation.

Christmas is celebrated in a season of increasing light and the surprise of the power of the ordinary. God chooses the ordinary to remind us of the power of light and love to transform the world. At our baptism, we are given one lighted candle to show the power and the difference the light and love that one person can bring into our world. There is nothing ordinary about the choice to bring these gifts into the lives of others each day.

Christmas is the gift giving season. Many of us take time and bring intention to the gifts we choose to give. Christmas tells us that God gave us the greatest gift Jesus – for our salvation. Jesus is God's self-gift. Please do not forget that you are the great gift God asks you to be for this world. Share your light and your love.

Merry Christmas! Fr. Matt

The parish offices will be closed for the Christmas & New Year Holidays from December 23rd - December 27th and then from December 30th - January 3rd.

The school is closed from December 20th - January 2nd.

2022 Calendars courtesy of Monday & King Funeral Home are available after Mass in the Narthex.

Sun. 12/26, Feast of Holy Family, 8am, 10am, 12noon (Español) 5pm

Fri. 12/31, New Years Eve, Solemnity of Mary Mother of God, 5pm

Sat. 1/1, New Year's Day, Solemnity of Mary Mother of God, 9am (bilingual)

Sat. 1/1, Epiphany, 4pm Sun 1/2, Epiphany, 8am, 10am, 12noon (Español), 5pm



The social happens on the 1st Sunday of every month. This is a great opportunity to gather with family & friends. The Knights of Columbus Santa Maria Council will be organizing this with additional parish groups sponsoring and serving at the social. In a spirit of Care for the Common Home (Laudato Si), the Care for Creation Team is requesting that you limit the

trash you leave behind and bring your own coffee mug or juice cup to the Donut Social each month. You'll limit what goes in the landfill and get to show some personal flair. Get to know your neighbor by their mug, a conversation starter!





Adoration of the Blessed Sacrament: Friday, January 7th 9am-3pm in the Chapel.

Adoration occurs on the 1st Friday of the month after the 8:30am Mass until 3pm. Please sign up online www.signupgenius.com/go/30e044ea8a72ea7fc1-january. Please use the front main doors of the Church near the bell tower.

The Knights of Columbus Santa Maria Council #4654 will be sponsoring the Annual Basketball Free Throw Competition at OLGC on Sunday, January 9th from 2:45 pm to 4:00 pm. All boys and girls ages 9-14 are eligible to enter. Winners will go on to the State Championship in Richmond! No advance registration is necessary. Come to the OLGC Fr. Brisson Gym ready to shoot! For more information contact Andrew Zaso, andrewzaso@gmail.com.



Parish Updates & Events

Tuesday Morning Scripture Study

9:45 to 11:45 am via Zoom Sign up & get materials, visit online.



Tuesday Scripture Study starts Jan 11th: Come and explore First Corinthians: The Church and the Christian Community from Ascension Press. Presenter Tim Gray examines Paul's advice for living an authentic Christian life in a pagan culture as well as his teachings about the nature of grace, the Church as the body of Christ, and the most powerful gift of all—the Eucharist. This study will meet Tuesday mornings via Zoom from 9:45 am to 11:45 am starting January 11th. To purchase the Study Pack, please visit https://ascensionpress.com/products/first-corinthians-the-church-and-the-christian-community-study-set-1. To sign up or for any questions, please email Fran Davenport at bwdavenport@cox.net or call her at 703-242-7440 (home phone).

Eucharistic Minister (EM) Training: Experience the reward and fulfillment of growing your faith by joining the team of Extraordinary Ministers of Holy Communion. A training session will be held on Wednesday, January 12th @ 7pm in the Chapel. What a wonderful way to both attend Mass and at the same time give back in service to the Lord by distributing Communion to members of the OLGC Community. If you are interested in attending the training session, please contact Cheryl Jones at cjones@olgcva.org or 703.896.7418 by Monday, January 10th.





ATTN PARENTS OF 7TH GRADERS: Confirmation Parent and Candidate Meeting either January 13th or 18th via Zoom Our annual Confirmation Meeting for 7th graders and their parents will be taking place via Zoom. There will be two sessions to choose from: Thursday, January 13th at 7 pm or Tuesday, January 18th at 7 pm. All families who have a 7th grader currently enrolled in CCF or OLGC School will receive an email with more details and the link to the SignUpGenius to sign up for one of the meetings. If you have a 7th grader who is not registered for CCF or OLGC School and desire him/her to prepare for the Sacrament of Confirmation, please email Amy W.

de Bernardo at dre@olgcva.org by Friday, January 7th.

OLGC Open Mic Night: Friday, January 14th 7-10pm in DeSales Hall It is scheduled for the 2nd Friday of every month (except during Lent - moved to 2nd Saturday). Open mic is a live show in which individuals perform on stage for up to 20 minutes. Performances can range with a variety of talents from poetry, acting, comedy, singing, playing instrumentals, or duo/trio bands. All ages are welcome to participate or come and enjoy. Light refreshments are served. See website for more details www.olgcva.org/news-post/~board/news/post/open-mic.





Small Prayer Group Wednesday Evenings via Zoom: Looking for more prayer in your life? Or a group to explore your faith with? OLGC parishioner John Heard will be hosting a small faith sharing prayer group on Wednesdays at 7:30 pm via Zoom. Wednesday evenings will consist of getting to know each other, praying together with Evening Prayer, Scripture, shared intentions, etc. Having a small community to pray with can be a powerful and beautiful experience! Wherever you are in your faith journey or prayer experience, you are welcome! Contact: OLGCDS@gmail.com

Thank you, Thank you! OLGC's Joy of Christmas Giving was abundantly fruitful!

On behalf of all the organizations and families that were assisted this Christmas, we want to express our sincere gratitude to the December Outreach Coordinators Fran Davenport, Maria Madocks, Chris Desmarais, Theresa Caputy, Tina Wickham, Mary Pat Egan, and their vast amount of volunteers.



OLGC adopted a total of 87 families (421 people as many families were multigenerational), plus we collected over 500 gifts and gift cards, and diapers & wipes to the following organizations; Gabriel Project, Project Rachel, New Generations, Second Story, The Lamb Center, Iliff Rehabilitation Center, St. Vincent

de Paul, the retired Sisters of St Joseph and the retired Oblates of St. Francis de Sales.

In the words of Tiny Tim, "God bless us, everyone!"

Parish Updates

This past November, we welcomed Richard Jones through the sacraments of Baptism, Confirmation and Eucharist. May God continue to bless Richard abundantly as he celebrates the sacraments and a deepening of his life in Christ!



OLGC Inclement Weather Policy:

Please check webpage for updates. In case of inclement weather, we follow the Fairfax County Public Schools schedule which is announced on TV, radio, and www.fcps.edu. We will also post the announcement on the



school and church websites. This includes closures, delayed openings, or afternoon/evening activities being canceled.

When OLGC School is closed, all activities on campus are canceled for the entire day, except for the celebration of Mass (the church will be closed after Mass). All are advised to use extreme caution when making the decision about attending Mass and keep in mind your personal safety and the safety of others. If you decide to attend Mass please enter through the Niblick entrance. The lower parking lot and bell tower lot will be plowed first.

All Zoom scheduled classes, meetings, and activities will take place no matter the weather, as long as the facilitator has electricity and internet.

From the Office of Advancement:

The OLGC Office of Advancement and The Wildcat Fund thank our generous community members and donors for their gifts of time, talent, and treasure in 2021. Because of your generous acts, we are pleased to celebrate the success of two major Advancement initiatives this year:

- → The **20**th **Annual Golf Classic** on November 8th raised over **\$50,000** for general tuition assistance for families at OLGC School and reunited our community in a day full of fun, fellowship, and sport!
- **→ Giving Tuesday**, held on November 30th, raised over **\$26,000** for the Church and the School's Wildcat Fund.

Your gifts and participation make a difference in the lives of our community members, students, and all of our OLGC families. We are grateful for your continued partnership in **Moving Forward Together in the Service of God** and **Rising Higher.**



End of Year Giving Reminders:

- Does your company offer a matching gift program? Let us help you understand the program and make the most of your
 giving options! Did you know that an estimated \$4-\$7 billion in matching gift funds goes unclaimed per year. Average
 employee participation in employer matching gift programs is only 10%.
- Do you use the standard deduction on your tax return? If so, this year you can make a charitable gift up to \$300 and
 deduct it directly from your income. This is referred to as the "universal deduction." It's an "above the line" deduction,
 meaning it may be subtracted from your gross income before your adjusted gross income is calculated.
- Rather than cash, donate some shares of stock in which you have a gain. This way, you can donate the full amount and don't need to pay taxes on the capital gains. You deduct the full amount in your itemized deductions.

We want to make sure you make the most of your gifts and thank you for all of your support. Please contact The Office of Advancement with questions: advancement@olgcva.org

Parish Updates



In November & December, we welcomed our newest members of the OLGC Community through the waters of Baptism.

Natalie Therese de Bernardo Cameron Semih Canay James Maurice Crowley Bodhi Lachlan Davies Kendra Garcia Osorio Kamille Sanders Osorio Wyatt DiBraccio Riemer Grant Joseph Lewis Cooper Patrick Madden Lyden

OLGC School Preschool-8th grade www.olgcschool.org 703.938.3600

OLGC School Applications for the 2022-23 school year are only being accepted online www.olgcschool.org/admissions. The next Open House is Sunday, January 30, 2022, from 10:30am - 1:00pm with a Principal Presentation at 11:30am in Fr. Brisson Gym.

Sixth Graders continue to learn about art from different cultures with their clay Dala Horses!





Kindergarten made snowy Christmas Trees.





Youth Ministry Derek Rogers youth@olgcva.org

Check out all events and register to be on the email list at www.olgcva.org/faith-formation/children-youth/ <a href="www.olgcva.org/faith-formation/c

Junior High Events:

JH Bowling vs. St Mark Catholic Church @Bowl America Friday, Jan 7th 6:30-8:30pm Register online here Ice Skating and Broomball @ Fairfax Ice Arena (7-12th grade) Sunday, January 16th 6:45pm-8:15pm. Register online here

High School Workcamp 2022:

Registration for High School Workcamp 2022 is now open! We will be serving Scranton, PA on July 3-9th! Students 9-12 grade are invited to join on this week long service trip that many teens say is there favorite memory of the year!

OLGC Workcamp 2021-22 Teen Witness Promotional Video, OLGC Workcamp 2021 Imperial PA Music Video

To reserve your spot, register online www.olgcva.org/faith-formation/children-youth/youth-ministry/hs-workcamp

Información Parroquial en español

Toda preguntas o sugerencias en español comuniquese con Maria Romero, Coordinadora de Bienvenida y/o Enlace con la comunidad de habla hispana, <u>welcome@olgcva.org</u>, 703.896.7419.

El enlace para la carta de Navidad del obispo Burbidge en español

https://arlingtondiocese.org/Communications/Bishop/Public-Messages/2021/2021-Carta-de-Navidad.pdf

Horario de misas (debe registrarse para las misas el cupo es limitado)

26 de dic. dom. La Sagrada Familia de Jesús, María y José 8am, 10am, 12 del mediodía (español) 5pm.

31 de dic. vnes. La Solemnidad de Santa María Madre de Dios / Año Nuevo 5:00 pm.

1 de ene. sáb. La Solemnidad de Santa María Madre de Dios / Año Nuevo 9am (bilingüe)

2 de ene. dom. La Epifanía del Señor 8am, 10am, 12pm (español), 5pm

Las oficinas parroquiales estarán cerradas durante las fiestas de Navidad y Año Nuevo del 23 al 27 de diciembre y luego del 30 de diciembre al 3 de enero. La escuela está cerrada del 20 de diciembre al 2 de enero.

- Confesiones: últimas oportunidades para la confesión durante el mes de diciembre en español serán el sábado 18 de 9am a 9:30am y de lunes a jueves únicamente con cita. Puede llamar y hacer una cita con el Padre Mateo durante la semana al 703-938-2828 ext. 108. o envíe un correo electrónico a frhillyard@olgcva.org. No se escuchan confesiones los domingos en ninguna de las misas ni antes o después de ellas.
- Ya comenzaremos a recibir las intenciones de misas para el año 2022. El proceso será el mismo que en los años pasados, debido al limitado número de misas celebradas en nuestra parroquia y la abrumadora solicitud de intenciones para misas, cada persona se limitará a tres intenciones de misas por el año. Sin embargo, hay intenciones de misas ilimitadas celebradas por los sacerdotes oblatos retirados en Childs Maryland en la casa de retiro. Puede presentar su solicitud para las misas en línea https://www.olgcva.org/liturgy-worship/devotions/mass/olgc en persona imprimiendo el formulario https://resources.finalsite.net/images/v1635846711/olgc/yidaxvdt503zedcrsyfe/MassIntentionsRequestForm.pdf, en las oficinas parroquiales, o en el Centro de Bienvenida. Las misas se otorgarán en el orden que sean recibidas.
- Registrarse en la Parroquia: Para recibir una carta de padrinos, preparación sacramental (bautismo, catequesis, matrimonio etc.), una carta de recomendación, una carta de inmigración o nuestros correos electrónicos semanales, es necesario estar registrado en la parroquia por lo menos 6 meses, entre otros requisitos. Para registrase en la parroquia, visite nuestro sitio web www.olgcva.org/register.
- Formación de Fe/Catequesis: para adultos, niños y bautismo de niños mayores de 6 años comunicarse con Guadalupe Saenz ccfofficeassist@olgcva.org 703.896.7415 igualmente comuníquese con ella para inscribir niños de preescolar a octavo grado para la catequesis.
- Sacramento de matrimonio: Completar por lo menos 6 meses antes el formulario en el enlace siguiente https://www.olgcva.org/sacraments/matrimony o llamar al Sr. Hall 703-896-7111.
- Sacramento del bautismo: Para Bautismos de niños menores de 6 años y Charlas de padres y padrinos deben inscribirse de antemano, https://www.olgcva.org/sacraments/baptism una vez completada esta y entregado los documentos requeridos le confirmaremos su fecha del bautizo. Igualmente se puede comunicar con Maria Romero al 703.896.7419 o welcome@olgcva.org.
- Línea de asistencia 703.938.3210 ó svdp@olgcva.org dejar un mensaje, alguien le regresará su llamada.
- **Rezar el Rosario:** Acompañemos en el jardín de Ntra. Sra. del Buen Consejo, los domingos a las 11:15am y los lunes a las 7:30pm vía Zoom. Comuníquese con Carlos Berrios berrioscg@gmail.com.
- El Condado de Fairfax Según la guía actualizada publicada por los Centros para el Control y la Prevención de Enfermedades (CDC) la semana pasada, el Departamento de Salud del Condado de Fairfax recomendó que todos, incluidas las personas completamente vacunadas contra COVID-19, usen mascarillas en entornos públicos cerrados. https://www.fairfaxcounty.gov/covid19/spanish/blog/indoor-maskin. Por favor, no venga a las instalaciones si está enfermo o ha estado cerca de alguien que está enfermo. Le pedimos por favor consideren usar sus mascarillas cuando asista a misa, incluyendo las personas completamente vacunadas contra COVID-19, dado que el número de casos de sigue aumentando con la propagación de la variante Delta. Les recordamos que los niños menores de 5 años no pueden ser vacunados, por caridad hagamos todos lo posible para protegerlos.
- Los niños de 5 a 11 años son elegibles para vacunarse contra el COVID-19 para más información visite el sitio web https://www.fairfaxcounty.gov/covid19/spanish/blog/children-ages-5-11-now-eligible-for-covid-19-vaccination.

Senior Moments: Marge Van Lierde, Gitkagirl@gmail.com, 571.831.3951

HAPPY NEW YEAR! – Wishing you an abundance of blessings in the new year, one filled with happiness, good health, and a peaceful heart!

A BIG THANK YOU! – Kudos to Heidi Snyder and her team of elves that made the last Senior luncheon another success! The next luncheon will be on February 10.

CAREGIVING IS A 24/7 LABOR OF LOVE — That's the title of the featured article of this month's Kiplinger's Retirement Report. More and more often, we're seeing articles about caregiving and caregivers, those invisible helpers, giving up everything. Often, it's their jobs, retirement savings, even their own health sacrificed to care for an ailing or incapacitated family member. A MetLife study found that the average caregiver sacrificed more than \$300,000 in lifetime earnings from lost wages, retirement benefits, and Social Security. Self-neglect is practically a requirement. They make sure their loved ones get all the medications and nutrition they need, but often, late at night, they're the ones going through the drive-in for dinner.

Most caregivers cobble together extra help from other family members, along with paid services such as Meals on Wheels. And while once women made up most of the caregiver force, today 55% of them are women, and 45% are men, and they're not a young group. Research shows the average family caregiver is 49 years old, and about a third of them are 65 and older. Many caregivers also care for more than one person.

This is a system in crisis. Medicare generally doesn't cover the kind of nonmedical home-based care that family members provide daily, and middle-class families won't qualify for Medicaid unless they bankrupt themselves first. For many caregivers, home health aides are a lifeline, but the cost through an agency is about \$25 an hour, with the aide getting less than half that. You could hire the aide directly for less, but as the employer, you're responsible for paying Social Security and Medicare payroll taxes. Even so, it's more than most families can afford. Meanwhile, the soaring costs of long-term care insurance have priced out many people.

Families often aren't aware of the benefits they have. That's why it's a good idea to connect with a geriatric care manager who will review your medical insurance plans and consider what else you might be eligible for through community resources or government programs. Hourly rates for care managers range from \$125-\$250, depending on location. They'll discuss the level of care required, assess a home's setup for the person needing care, and draft a plan for graduated care that you can turn to as

needed.

According to the report, if you really need a nonmedical home care service to relieve the caregiver, you'll want to review the following. First of all, you should <u>start early</u>. The pandemic and a shifting job market have made it harder to find home health aides. Plus, the first person you hire may not be the best fit, and the first schedule you create may not be what you need long term.

Ask questions. The agency is responsible for conducting background checks on the aides. Ask what it checks. You need to be able to trust this person around your home. Because caregiving is physically demanding work that can sometimes injure the caregiver, make sure the agency is licensed, bonded, and insured. You should also check with your own insurer if you need to make changes to your home or auto coverage. For example, most aides have their own cars to drive your loved one around, but if an aide will be using your vehicle, you'll need to add them to your policy.

Sell the idea. The person needing the care may claim they don't need an aide. Tell them it's to help the caregiver, or have a doctor, care manager or some other authoritative figure say that an aide is necessary. That's a suggestion from the Aging Life Care Association. Emphasize that the help doesn't have to be permanent, or call the aide a housekeeper, they suggest. That way, it's not about the individual not being independent but to help the household.

<u>Find the right person.</u> Consider aide characteristics that might make an outsider more acceptable to the person needing care. Look for someone who shares some of the same hobbies as card games, for example.

Be on hand for the first few sessions. You want to observe them and make sure they're taught any specific care needs that are unique to the individual being cared for. After that initial training, the family member can come in and out. Don't be present for an entire shift because the person needing care may continue to rely on the caregiver and not turn to the home provider for help. I hope those heroes and heroines who so lovingly care for their loved ones at home will find this information helpful. (Adapted from Kiplinger's Retirement Report) Next, you'll learn about caregiver stress and tips for taking care of themselves.

ELDER WISDOM – Some people call it "multitasking." I call it "doing something else while I try to remember what I was doing in the first place."



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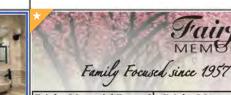
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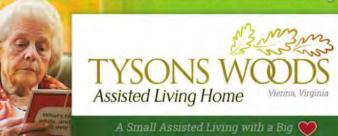
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