

What is the role of the School Counselor?

To work with all students, parents, teachers, and staff to help students achieve academic and social success. The counselor can help students in the following areas:

- Teaching, modeling and reinforcing work habits, study skills, homework strategies, test-taking skills, organizational skills, and time-management skills.
- Providing support for solving friendship or peer related issues.
- Helping students increase self-confidence.
- Offering strategies to help students with difficult situations at home and in school.
- Learning stress-management techniques.
- Assisting students in coping with anxiety about school or other issues.
- Helping students engage in appropriate school and socially accepted behavior.
- Helping students set short term goals and establish action plans to help meet those goals.
- Teaching, modeling and reinforcing the decision-making process in order to help students solve academic, social and emotional problems.