



Eastern Region Resource List

Updated 10.22.21

For Mobile Crisis, dial 2-1-1, press “1” and “1” again to be directly connected

Community Based Behavioral Health

LEGEND | Outpatient Psychiatric Clinics for Children (OPCC) | Extended Day Treatment (EDT) | Care Coordination (CC) | Mobile Crisis (MC) | Modular Approach to Therapy for Children (MATCH) | Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)
For mobile crisis, dial 2-1-1, press “1” and “1” again to be directly connected

| Name of Agency | Service Provided | Location | Contact |
|----------------------------------|-------------------|--|------------------------------------|
| Child and Family Agency of SE CT | OPCC/MATCH/TF-CBT | 7 Vauxhall Street New London, CT 06320 | 860-443-2896 |
| Child and Family Agency of SE CT | OPCC/MATCH/TF-CBT | 190 Westbrook Road Essex, CT 06426 | 860-767-0147 |
| Clifford Beers Guidance Clinic | MC | 93 Edwards Street New Haven, CT 06511 | 203-772-1270 |
| Community Health Center | OPCC/TF-CBT | 675 Main Street Middletown, CT 06457 | 860-347-6971 |
| Community Health Resources | OPCC/MATCH/TF-CBT | 1310 West Main Street Willimantic, CT 06226 | 860-456-7200 |
| Community Health Resources | CC | 1491 West Main Street Willimantic, CT 06226 | 877-884-3571 or 860-771-4865 |
| Middlesex Hospital | MC | 51 Broad Street Middletown, CT 06457 | 860-358-3401 |
| Natchaug Hospital | EDT | 189 Storrs Road Mansfield Center, CT 06250 | 860-465-5943 |
| Natchaug Hospital | EDT | 934 North Main Street Danielson, CT 06239 | 860-779-2101 x315 |
| Natchaug Hospital | EDT | 1353 Gold Star Highway Groton, CT 06340 | 860-465-5907 |
| Natchaug Hospital | EDT | 11-A Stott Avenue Norwich, CT 06360 | 860-823-5320 |

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|------------------------------------|--------------------------|---|-----------------------|
| Rushford Center Inc. | CC | 883 Paddock Avenue Meriden, CT 06450 | 860-349-2043 |
| United Community & Family Services | MC | 31 Dow Road Plainfield, CT 06374 | 860-822-4317 |
| United Community & Family Services | MC | 77 East Town Street Norwich, CT 06360 | 860-822-4317 |
| United Community & Family Services | OPCC/CC/ MATCH/TF-CBT | 47 Town Street Norwich, CT 06360 | 860-892-7042 |
| United Services, Inc. | OPCC MATCH/TF-CBT | 140 North Frontage Road Mansfield Center, CT 06250 | 860-456-2261 |
| United Services, Inc. | OPCC MATCH/TF-CBT | 1007 North Main Street Dayville, CT 06241 | 860-774-2020 |
| Village for Families & Children | EDT | 282 Main Street Ext Middletown, CT 06457 | 860-236-4511 x3636 |
| Wheeler Clinic | EDT | 20 Tuttle Place, Unit 6A Middletown, CT 06457 | 860-632-3231 |

Youth Services Bureau (YSB)

| Name of Agency | Location | Contact |
|--|--|--------------|
| Ashford Youth Services Bureau | 5 Town Hall Road Ashford, CT 06278 | 860-487-4417 |
| Clinton Youth & Family Services | 48 East Main Street Clinton, CT 06413 | 860-669-1103 |
| Colchester Youth Services | 127 Norwich Ave, Ste 205 Colchester, CT 06415 | 860-537-7255 |
| Coventry Youth Services | 1712 Main Street Coventry, CT 06238 | 860-742-5324 |
| Cromwell Youth Services | 41 West Street Cromwell, CT 06416 | 860-632-3448 |
| Durham/Middlefield Youth & Family Services | 405 Main Street, Ste 11 Middlefield, CT 06455 | 860-349-0258 |
| East Haddam Youth & Family Services | 387 East Haddam-Moodus Road Moodus, CT 06469 | 860-873-3296 |
| East Hampton Youth Services | 20 East High Street East Hampton, CT 06424 | 860-267-9982 |
| East Lyme Youth Services (includes Salem) | 45 Society Road Niantic, CT 06357 | 860-739-6788 |

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| Griswold Community Youth Center | 28 Main Street Jewett City, CT 06351 | 860-376-7026 |
| Groton Youth Service Bureau | 45 Fort Hill Road Groton, CT 06340 | 860-441-6760 |
| Youth and Family Services of Haddam - Killingworth, Inc. | 91 Little City Road Higganum, CT 06441 | 860-345-7498 |
| Ledyard Youth Services (Ledyard, Gales Ferry) | 741 Colonel Ledyard Hwy Ledyard, CT 06339 | 860-464-3213 |
| Lyme's Youth Service Bureau (Lyme, Old Lyme) | 59 Lyme Street Old Lyme, CT 06371 | 860-434-7208 |
| Madison Youth Services | 10 School Street Madison, CT 06443 | 203-245-5645 |
| Mansfield Youth Services | 4 South Eagleville Road Mansfield, CT 06268 | 860-429-3319 |
| Middletown Youth Services | 51 Green Street Middletown, CT 06457 | 860-854-6030 |
| Montville Youth Services | 836 Old Colchester Road Oakdale, CT 06370 | 860-848-7724 |
| New London Office of Youth Affairs | 111 Union Street New London, CT 06320 | 860-442-4994 |
| Norwich Youth & Family Services | 75 Mohegan Road Norwich, CT 06360 | 860-823-3782 |
| Old Saybrook Youth and Family | 322 Main Street Old Saybrook, CT 06475 | 860-395-3190 |
| Portland Youth Service Bureau | 265 Main Street Portland, CT 06480 | 860-342-6758 |
| Preston Youth Service Bureau | 389 Route 2 Preston, CT 06365 | 860-887-5581 |
| Stonington Youth Services | 166 South Broad Street Pawcatuck, CT 06379 | 860-535-5015 |
| TEEG | 15 Thatcher Road N. Grosvenordale, CT 06255 | 860-923-3458 |
| Tri-Town Youth Services (Chester, Deep River, Essex) | 56 High Street Deep River, CT 06417 | 860-526-3600 |
| United Services, Inc (Brooklyn, Canterbury, Eastford, Killingly, Plainfield, Sterling) | P.O. Box 378 Wauregan, CT 06387 | 860-564-6100 |
| Voluntown Youth Services | 195 Main Street Voluntown, CT 06384 | 860-376-2325 |

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|---|--|--------------|
| Waterford Youth Service Bureau | 200 Boston Post Road Waterford, CT 06385 | 860-444-5848 |
| Westbrook Youth and Family Services | 1163 Boston Post Road Westbrook, CT 06498 | 860-399-9239 |
| Willington Youth Services | 40 Old Farms Road Willington, CT 06279 | 860-429-8321 |
| Windham Youth Services (Willimantic, Windham) | 872 Main Street Willimantic, CT 06226 | 860-423-4534 |

School Based Health Centers (SBHC)

Eligible students are those that attend the schools in which the SBHC is located

*Note Expanded School Health Sites provide medical or behavioral health services where SBHC provides both

| Name of School | Location | Contact |
|--|--|------------------------------------|
| Parish Hill High/Middle School* | 304 Parish Hill Road Chaplin, CT 06235 | 860-455-9584 |
| Catherine Kolnaski Magnet School | 500 Poquonnock Road Groton, CT 06340 | 860-445-2191 |
| Fitch High School | 101 Groton Long Point Road Groton, CT 06340 | 860-446-9543 or 860-449-7253 |
| Groton Middle School | 35 Groton Long Point Road Groton, CT 06340 | 860-446-4200 |
| Thames River Magnet School | 250 Brandegee Avenue Groton, CT 06340 | 860-980-8230 temporary |
| Jeffrey Elementary School* | 331 Cope Road Madison, CT 06443 | 203-245-6340 |
| Ryerson Elementary School* | 982 Durham Road Madison, CT 06443 | 203-245-6340 |
| Beman Middle School | 1 Wilderman's Way Middletown, CT 06457 | 860-347-8594 |
| Commodore Macdonough Elementary School | 66 Spring Street Middletown, CT 06457 | 860-347-8553 |
| Wesley Elementary | 10 Wesleyan Hills Road Middletown, CT 06457 | 860-344-0381 |
| Mystic River Magnet School | 160 Fishtown Road Mystic, CT 06355 | 860-908-8300 |
| Stonington Middle School | 204 Mistuxet Ave Mystic, CT 06355 | 860-536-9613 x4112 |
| Bennie Dover Jackson Middle School | 36 Waller Street New London, CT 06320 | 860-437-6480 x7232 |

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| ISAAC (Interdistrict School for Arts and Communications) | 190 Governor Winthrop Blvd New London, CT 06320 | 860-447-1003 |
| Jennings Elementary School | 50 Mercer Street New London, CT 06320 | 860-447-6050 x7665 |
| Nathan Hale Elementary School | 37 Beech Drive New London, CT 06320 | 860-447-6060 x7537 |
| New London High School | 490 Jefferson Avenue New London, CT 06320 | 860-437-6400 x7019 |
| Regional Multicultural Magnet School | 1 Bulkeley Place New London, CT 06320 | 860-437-7775 x7333 |
| Winthrop Elementary School | 74 Grove Street New London, CT 06320 | 860-447-6070 x7115 |
| Barrows STEM Academy | 141 Tuckie Road North Windham, CT 06226 | 860-465-2610, x4610 |
| Putnam Middle School* | 35 Wicker Street Putnam, CT 06260 | 860-928-4698 Elem/middle or 860-928-2714 High school |
| Friendship School | 24 Rope Ferry Road Waterford, CT 06385 | 860-447-4049 x7156 |
| Windham High School | 355 High Street Willimantic, CT 06226 | 860-465-2465 |
| Windham Middle School | 123 Quarry Street Willimantic, CT 06226 | 860-465-2620 |

Family Resource Centers (FRC)

| Name | Location | Contact |
|-------------------------------------|--|--------------|
| Catherine C. Kolnaski Magnet School | 500 Poquonnock Road Groton, CT 06340 | 860-448-5586 |
| Farm Hill School | 390 Ridge Road Middletown, CT 06457 | 860-347-0869 |
| Jennings School | 50 Mercer Street New London, CT 06320 | 860-448-5294 |
| Nathan Hale School | 37 Beech Drive New London, CT | 860-448-5049 |
| Thomas W. Mahan Elementary School | 94 Salem Turnpike Norwich, CT 06360 | 860-823-4205 |

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| Plainfield's Early Childhood Center | 651 Norwich Road Plainfield, CT 06374 | 860-564-6411 |
| Putnam Elementary School | 33 Wicker Street Putnam, CT 06260 | 860-963-6940 |
| Goodyear E.C.C. | 22 Williamsville Road Rogers, CT 06263 | 860-779-6770 |
| Natchaug Elementary School | 123 Jackson Street Willimantic, CT 06226 | 860-465-2396 or 860-465-2578 |

Regional Behavioral Health Action Organization (RBHAO) overseeing Regional Suicide Advisory Board (RSAB)

Specific RBHAO town information can be found: <https://portal.ct.gov/-/media/DMHAS/Prevention/RBHAOContacts.pdf>

Specific RSAB town information can be found: <https://www.preventsuicidect.org/get-involved/regional-advisory-boards/>

| Name of Agency | Service Provided | Location | Contact |
|---|------------------|---|----------------------|
| Alliance for Prevention and Wellness/A Program of BHcare | RBHAO RSAB | 127 Washington Ave, 3 rd Fl East North Haven, CT 06473 | 203-736-8566 |
| <i>Alliance for Prevention and Wellness serving the towns of Ansonia, Bethany, Branford, Chester, Clinton, Cromwell, Deep River, Derby, Durham, East Haddam, East Hampton, East Haven, Essex, Guilford, Haddam, Hamden, Killingworth, Lyme, Madison, Meriden, Middlefield, Middletown, Milford, New Haven, North Branford, North Haven, Old Lyme, Old Saybrook, Orange, Portland, Seymour, Shelton, Wallingford, Westbrook, West Haven, Woodbridge</i> | | | |
| SERAC | RBHAO RSAB | 228 West Town Street Norwich, CT 06360 | 860-848-2800 |
| <i>SERAC serving the towns of Ashford, Bozrah, Brooklyn, Canterbury, Chaplin, Colchester, Columbia, Coventry, East Lyme, Eastford, Franklin, Griswold, Groton, Hampton, Killingly, Lebanon, Ledyard, Lisbon, Lyme, Mansfield, Montville, New London, North Stonington, Norwich, Old Lyme, Plainfield, Pomfret, Preston, Putnam, Salem, Scotland, Sprague, Sterling, Stonington, Thompson, Union, Voluntown, Waterford, Willington, Windham, Woodstock</i> | | | |
| National Suicide Prevention Lifeline | | https://suicidepreventionlifeline.org/ | 1-800-273-8255 |
| Crisis Text Line | | https://www.crisistextline.org/text-us/ | Text CT to 741741 |

Statewide Programs

| Name of Agency | Service Provided | Location | Contact |
|----------------|--|---|--------------|
| FAVOR, Inc. | Family Advocacy Family Peer Support | 185 Silas Deane Highway Wethersfield, CT 06109 | 860-563-3232 |

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CC/Intensive Care Coordination

500 Enterprise Drive
Rocky Hill, CT 06067

877-552-8247

Disclaimer: This may not be an exhaustive list of the services available in your area. For additional services, you may reach out to your local children's behavioral health collaborative listed at www.connectingtocarect.org or contact Infoline 2-1-1 Connecticut at www.211ct.org.

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