

Scarborough Public Schools

Weekly Newsletter - December 17, 2021

Happy New Year!

To all the SPS Community!

This will be the final Smore for the 2021 school year - and what a year it has been! We now can reflect on where we've been, and look forward to new beginnings in 2022. From all of us at SPS, we hope you can enjoy the winter break with your friends and family, and find time to unwind, relax and get energized for the new year.



Resources for Parents from the Greater Good Science Center:

- [Our Favorite Parenting Books for 2021](#)
- [How to Deepen Your Relationships With Children](#)
- [How Latino Families Can Raise Courageous, Caring Kids](#)
- [What Multicultural Families Can Teach Kids About Character](#)

COVID Dashboard

Here is our weekly snapshot of school-related cases that have occurred in the last 2 weeks. Close contacts are being communicated in 2 columns, whereas the Maine CDC exempts people from school quarantine if they have classroom only contact (since we are universally masking), are fully vaccinated, or actively participating in pooled testing.

Positive COVID cases at Scarborough Public Schools
Dec 4, 2021 to Dec 17, 2021

Location	Total Case # in last 14 days	Total # Close Contacts quarantined from school and community	Total # Close Contacts quarantined from community only
Blue Point School	2	0	0
Eight Corners School	4	8	10
Pleasant Hill School	4	9	56
Wentworth School	6	8	92
Scarborough Middle School	9	9	51
Scarborough High School	8	1	6
District (non-school)	1	0	0
TOTAL	34	35	215

Health & Safety

Please make sure you review the UPDATED Student Health Self Assessment questions for 2021-22 below EVERY DAY before sending your child off to school.

TOGETHER, we can make our schools as safe as possible!



Pre-Screening Tool for School Attendance

Within the past 24 hours have you had a fever* or taken fever reducing medicine?

YES =



Do you feel sick, had Vomiting/diarrhea, fever*, sore throat, new cough, or felt unwell?

YES =



Have you been told to stay home and isolate/quarantine due to COVID-19 exposure?

YES =



Most Common Symptoms of COVID-19:

Cough
Shortness of breath or difficulty breathing
Fever *
Chills
Sore throat
New loss of taste or smell

Less Common Symptoms:

Muscle pain
Nausea or Vomiting
Stomach pain
Diarrhea
Fatigue
Headache
Rash
Swelling or redness of hands/feet
Red eyes/eye drainage
Congestion/runny nose

*Fever is 100.4°F/ 38°C regardless of measurement location (oral, temporal).

Stay home with any **YES** response to the questions above.

Symptoms of illness can have many causes. Please keep your student home and contact your school nurse or primary care provider if your student is unwell. Students who present with symptoms while in school will be dismissed to home at the discretion of the nurse.

*A fever is 100.4°F/38°C or greater.



Updated 10.19.2021

Return to School Requirements for International Travel

For those of you traveling outside of the United States, please follow the state mandate as listed below, per the Maine Center for Disease Control and Prevention requirements:



For all people who are **NOT FULLY VACCINATED** and arrive in Maine within 7 days of entering the United States:

- Quarantine for 7 days from arrival in the US AND get a COVID-19 molecular or antigen test 3-5 days after arrival in the US.
 - If the COVID-19 test is positive, isolate.
 - **Even if the COVID-19 test is negative, complete the 7-day quarantine after travel.**
 - If individuals arriving from international travel do not get a COVID-19 test after their arrival, they should quarantine for 10 days after their arrival in the US.
- Avoid being around anyone who is at increased risk of severe COVID-19 illness for 14 days following arrival in the US, regardless of COVID-19 test results.

For people who **ARE FULLY VACCINATED** (at least 14 days past their final COVID-19 dose) who arrive in Maine:

- Quarantine is not required unless you are experiencing symptoms.

- If the COVID-19 test is positive, [isolate](#).



2021-2022 Breakfast & Lunch Ordering Protocols

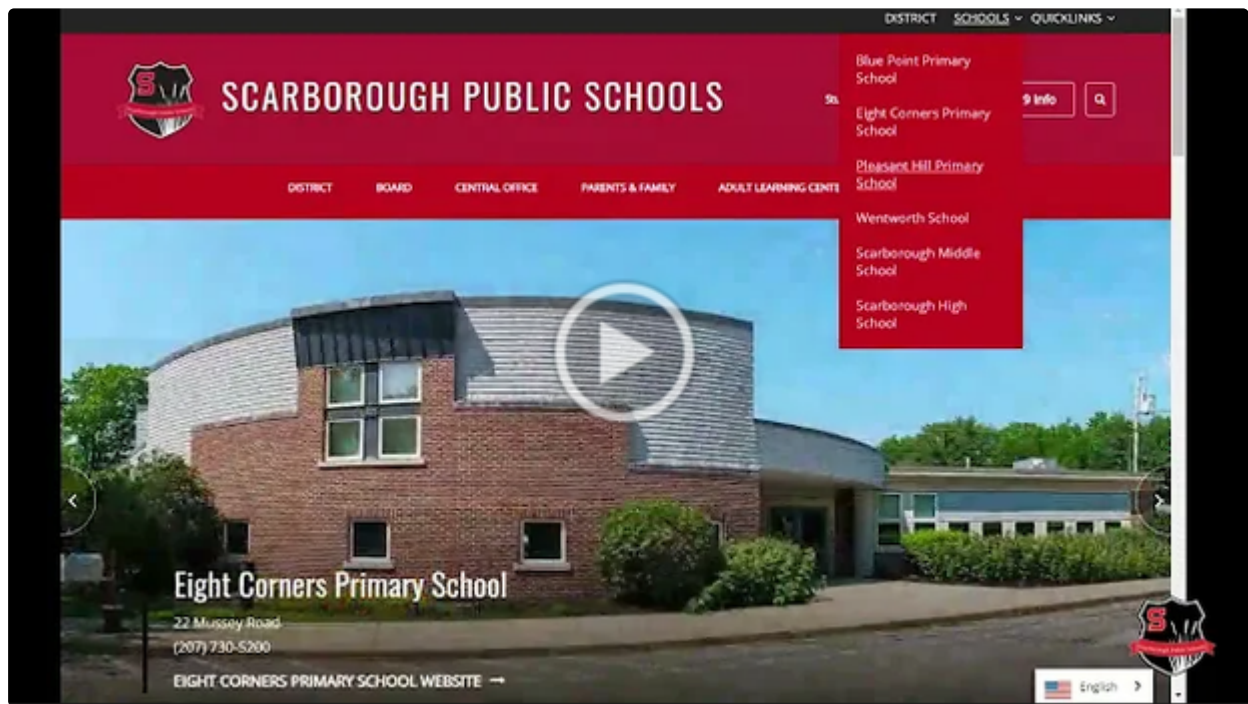
As a general reminder, all breakfast and lunch meals for all students in Scarborough Schools are free for this school year 2021-2022. All existing students whose parents have an account will be able to order breakfast and lunch using the same procedure as last year, from the Nutrislice app on a device or at <https://www.scarboroughschools.org/> (at the top of the page click "Quick links", then go to School Lunch for all meal menus).

All Kindergarten and new students to the district will have to make a Nutrislice account through the Nutrislice app or through <https://scarboroughschools.nutrislice.com/menu/create-account> before they can order breakfast and lunch. Parents will need the child's ID# before they can start the registration process.

For breakfast meals in all of our schools, you can order online on the same day before 6:30 AM, while for lunch meals, you can order online on the same day before 7:30 AM. You can order meals for the day, or set up a weekly or monthly plan for meals to be provided to your children. The menus for all meals for a new month will be posted on the school's website and on the Nutrislice app the last Monday at the end of the previous month.

Each school has created their own system for their lunch disbursement. They are continually reviewing the process and making modifications as needed. Please be patient with our school staff as they work towards improving and refining their daily lunch routines.

Please call or email Brenda Franklin at 207-730-4700 or bfranklin@scarboroughschools.org for any help or questions or if you need the child's ID#.



New SPS Website has been Launched!

Our team at Scarborough Public schools has spent the last few months working to create a brand new website, and are excited to announce that it has been launched to the Scarborough Schools community!

Please take a moment to watch the video below, and preview what new features are in store as we share our new district website.

[Watch New SPS Introduction Video](#)

Resources for Parents

- Podcast and Post: (Season 4 Episode 1) [Back To School! 4 Ways to Boost Your Kids' Mental Health](#)
- Article: [How Your Kids Can Have Fun Without Stressing You Out](#)
- Reviews: [For what your kids are into \(before they get into it\)](#)



Upcoming SPS Events - Mark Your Calendar!

[2021-2022 School Calendar](#)

- **December 23 - 31** - Winter Vacation
- **January 6** - School Board Meeting

Links to Our Schools



Blue Point



Eight Corners



Pleasant Hill



Wentworth School



Middle School



High School

Services & Information

[Spec. Services](#) | Alison Marchese, amarchese@scarboroughschools.org
[Transportation](#) | Sarah Redmond, sredmond@scarboroughschools.org
[Food Services](#) | Peter Esposito, pesposito@scarboroughschools.org
[Athletics & Activities](#) | Mike LeGage, mlegage@scarboroughschools.org
[Curriculum](#) | Monique Culbertson, mculbertson@scarboroughschools.org
[Community Services](#) | Todd Souza, tsouza@scarboroughmaine.org



Tech Support

For technology assistance with SPS student laptops, please send a message to techsupport@scarboroughschools.org and someone from Technology will be in touch to assist you.



Scarborough Schools

Facebook @scarbmeschools

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scarboroughschools.org

