



## Middle & High School Breakfast Menu

**JAN** 2022

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

3

Cinni Mini  
Rotating Hot Breakfast Sandwiches  
Cold Cereal with Toast  
Bagel with Cream Cheese  
Fruit Muffin with String Cheese  
Cereal Bar with String Cheese

4

Mini Maple Pancakes  
Rotating Hot Breakfast Sandwiches  
Cold Cereal with Toast  
Bagel with Cream Cheese  
Fruit Muffin with String Cheese  
Cereal Bar with String Cheese

5

Sausage Breakfast Pizza  
Rotating Hot Breakfast Sandwiches  
Cold Cereal with Toast  
Bagel with Cream Cheese  
Fruit Muffin with String Cheese  
Cereal Bar with String Cheese

6

Blueberry Mini Waffles  
Rotating Hot Breakfast Sandwiches  
Cold Cereal with Toast  
Bagel with Cream Cheese  
Fruit Muffin with String Cheese  
Cereal Bar with String Cheese

7

Dutch Waffle  
Rotating Hot Breakfast Sandwiches  
Cold Cereal with Toast  
Bagel with Cream Cheese  
Fruit Muffin with String Cheese  
Cereal Bar with String Cheese

10

Waffles  
Rotating Hot Breakfast Sandwiches  
Cold Cereal with Toast  
Bagel with Cream Cheese  
Fruit Muffin with String Cheese  
Cereal Bar with String Cheese

11

Mini Blueberry Pancakes  
Rotating Hot Breakfast Sandwiches  
Cold Cereal with Toast  
Bagel with Cream Cheese  
Fruit Muffin with String Cheese  
Cereal Bar with String Cheese

12

Sausage Breakfast Pizza  
Rotating Hot Breakfast Sandwiches  
Cold Cereal with Toast  
Bagel with Cream Cheese  
Fruit Muffin with String Cheese  
Cereal Bar with String Cheese

13

Cherry or Apple Frudel  
Rotating Hot Breakfast Sandwiches  
Cold Cereal with Toast  
Bagel with Cream Cheese  
Fruit Muffin with String Cheese  
Cereal Bar with String Cheese

14

Cinni Mini  
Rotating Hot Breakfast Sandwiches  
Cold Cereal with Toast  
Bagel with Cream Cheese  
Fruit Muffin with String Cheese  
Cereal Bar with String Cheese

17

NO SCHOOL

18

Buttermilk Biscuit with Jelly  
Rotating Hot Breakfast Sandwiches  
Cold Cereal with Toast  
Bagel with Cream Cheese  
Fruit Muffin with String Cheese  
Cereal Bar with String Cheese

19

Apple Frudel  
Rotating Hot Breakfast Sandwiches  
Cold Cereal with Toast  
Bagel with Cream Cheese  
Fruit Muffin with String Cheese  
Cereal Bar with String Cheese

20

Mini Maple Waffles  
Rotating Hot Breakfast Sandwiches  
Cold Cereal with Toast  
Bagel with Cream Cheese  
Fruit Muffin with String Cheese  
Cereal Bar with String Cheese

21

Donut  
Rotating Hot Breakfast Sandwiches  
Cold Cereal with Toast  
Bagel with Cream Cheese  
Fruit Muffin with String Cheese  
Cereal Bar with String Cheese

24

French Toast Sticks  
Rotating Hot Breakfast Sandwiches  
Cold Cereal with Toast  
Bagel with Cream Cheese  
Fruit Muffin with String Cheese  
Cereal Bar with String Cheese

25

Mini Maple Pancakes  
Rotating Hot Breakfast Sandwiches  
Cold Cereal with Toast  
Bagel with Cream Cheese  
Fruit Muffin with String Cheese  
Cereal Bar with String Cheese

26

Sausage Breakfast Pizza  
Rotating Hot Breakfast Sandwiches  
Cold Cereal with Toast  
Bagel with Cream Cheese  
Fruit Muffin with String Cheese  
Cereal Bar with String Cheese

27

Blueberry Mini Waffles  
Rotating Hot Breakfast Sandwiches  
Cold Cereal with Toast  
Bagel with Cream Cheese  
Fruit Muffin with String Cheese  
Cereal Bar with String Cheese

28

Cinni Mini  
Rotating Hot Breakfast Sandwiches  
Cold Cereal with Toast  
Bagel with Cream Cheese  
Fruit Muffin with String Cheese  
Cereal Bar with String Cheese

31

Waffles  
Rotating Hot Breakfast Sandwiches  
Cold Cereal with Toast  
Bagel with Cream Cheese  
Fruit Muffin with String Cheese  
Cereal Bar with String Cheese

Breakfast includes choice of entrée,  
fruit and milk

This institution is an equal opportunity provider.