## Local Control and Accountability Plans (LCAP): the Wellness Connection

<table>
<thead>
<tr>
<th>LCAP Priority Area</th>
<th>Brief Description of Area</th>
<th>Connection to Student Wellness and Local School Wellness Policies</th>
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</table>
| **Conditions of Learning** | **1. Basic Services**                                           | - Teachers are fully credentialed in subject area  
- School Facilities are in good repair  
- Physical Education Specialists  
- School Nurses  
- Wellness coordinators (district and/or site)  
- Professional development for teachers in student wellness  
- Cafeterias, playgrounds, and drinking water fountains in good condition |
|                            | **2. State Adopted Standards**                                 | - Focus on Common core implementation  
- Nutrition Education  
- Physical Education  
- Health Education (including nutrition) |
|                            | **3. Course Access**                                           | - Broad course of study in required subject areas offered for all students  
- Physical Education  
- Health Education (including nutrition)  
- Culinary Arts Programs |
| **Student Outcomes**       | **4. Student Achievement**                                     | Support learning through  
- healthy meals and snacks  
- physical activity opportunities  
- student health services  
- before- and after-school programs  
- counseling and mental health services |
|                            | **5. Other Pupil Outcomes**                                    | - Physical education minutes  
- California Physical Fitness Test results |
| **Engagement**             | **6. Parental Involvement**                                    | Support for parents to  
- participate in District and School Site Wellness Councils  
- provide input on nutrition and physical activity opportunities  
- provide input on LCAP  
- volunteer in physical activity and other wellness programs  
- support healthy fundraising  
- receive education on wellness topics  
- receive regular communication about wellness: website, newsletters, email/phone reminders, back-to-school nights, principal coffees |

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| 7. Pupil Engagement | • Attendance  
• Absenteeism  
• Drop-outs  
• Graduation | Reduce barriers to attendance and increase connectedness through support of  
• active transportation to school  
• active recess  
• intramural athletics  
• before- after-school programs |
|---------------------|-----------------|----------------------------------------------------------|
| 8. School Climate   | • Pupil suspension  
• Expulsion  
• Connectedness | Support for  
• pleasant eating environments  
• instructional gardens  
• anti-bullying/violence prevention  
• peaceful playgrounds  
• before- and after-school programs  
• joint-use agreements  
• school-based health centers  
• Smarter Lunchroom practices |