

Stonington Public Schools
Standing Order for Anaphylaxis/Administration of Epinephrine
2021/2022

SEVERE ALLERGIC REACTION MAY OCCUR FROM INSECT BITE, FOOD ALLERGY, OR OTHER ALLERGENS.

1. Assess Patient:

SIGNS OF ALLERGIC REACTION INCLUDE:

- **Mouth:** Itching, tingling
- **Skin:** Hives, itchy rash, redness or swelling
- **Face:** Swelling of face, lips, tongue, mouth.
- **Lung:** Shortness of breath, repetitive coughing, wheezing
- **Throat:** Tightening of throat, hoarseness
- **Stomach:** Nausea, stomach pain, vomiting, diarrhea
- **Airway:** Trouble breathing, swallowing or speaking
- **Heart :** fast heartbeat, weak pulse, feeling anxious

THE SEVERITY OF SYMPTOMS CAN QUICKLY CHANGE!!

All above symptoms can potentially progress to a life-threatening situation!

*****IF IN DOUBT, GIVE Epipen or Auvi-Q *****

2. Give Epinephrine: Epipen or Auvi-Q

First dose- For persons 66 pounds and **over** - give 0.3mg Epinephrine (Epipen or Auvi-Q 0.3mg)
For children **under** 66 pounds- give 0.15mg Epinephrine (Epipen Jr. or Auvi-Q 0.15 mg)

Second dose- Repeat the injection as above in 5-10 minutes if the patient is still symptomatic and ambulance has not arrived. Each Epipen/ Epipen Jr. and Auvi-Q 0.3mg / 0.15 mg) delivers only one dose. A second dose is available for a repeat dose if warranted.

3. Call 911: Always call 911 after giving epinephrine. NO EXCEPTIONS!

4. Other Measures: Lie patient down flat: elevate feet 8-12 inches unless leg is site of insect bite. If insect bite: remove the stinger if present by scraping the back of a credit card or other straight-edged object across the stinger. Do Not use tweezers- these may squeeze the venom sac and increase the amount of venom released. Wash the site with soap and water. Place the ice pack on the site of the sting for 10 minutes and then off for 10 minutes. Repeat this process.

Vijay Sikand, MD

7/1/21

School Medical Advisor: Vijay Sikand, MD

Date