

JTHS is providing all physical education (PE) students with a t-shirt that they are required to wear during class every day. The reason for this change in dress code is to promote school safety. The t-shirt ensures that students are wearing appropriate athletic attire and allows the instructor to visually identify the students who belong in class.

The t-shirt is provided at no cost to students and families. Students who refuse to wear the school-issued t-shirt are not allowed to participate in class, which will negatively impact their grade. Students can purchase additional t-shirts from locker room supervisors and have the option to rent a t-shirt if they forget theirs at home. If a pattern of renting or refusal emerges, we will ensure that parents are contacted.

PE is a performance-based class and full participation is expected every day. In addition to wearing the school-issued t-shirt, students are expected to wear appropriate bottoms that allow a full range of movement. Athletic 7-inch seam shorts, sweatpants, and full-length leggings are encouraged. Appropriate footwear is also mandatory to ensure safety during physical activity. Supportive sneakers with laces are encouraged. Shoes such as Crocs, flip flops, slides and boots are not acceptable and will result in exclusion from class.

Students are expected to enter the locker room every day to change and store belongings. Students who do not follow this expectation will receive a discipline referral for “unauthorized presence” as their whereabouts during the beginning of class are unknown.

We will continue to adjust and make changes that encourage the safety and participation of all students in PE. Next semester, students will have the opportunity to participate in a committee to provide input regarding their PE experience, including dress code. Parents who wish to provide feedback are encouraged to contact Corinne Zimmerman, Curriculum Director for Science & Applied Life, at czimmerman@jths.org or (815) 727-1073.

Have a great holiday break,

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