

WINTER 2022 AFTER SCHOOL PROGRAM IN THE LOWER SCHOOL



The Convent of the Sacred Heart offers an After School Program for students in the Lower School. There is a limit to the number of children who can be enrolled in each activity.

During Christmas vacation, class enrollment will be determined. Parents will be notified concerning a student's acceptance or wait list status for her desired class(es).

- A class may be canceled if a minimum number of students do not register for it. Requests are honored in the order they are received.
- Registration will not be accepted if there are outstanding After School Program balances with the business office for prior semesters.
- A bill for the activity for which your child is registered will be sent to you. **Please do not send any payment with the application.**
- All fees include a snack.
- After School activities do not meet on school holidays or early dismissal days.
- Students are not allowed to bring play dates to the After School Program.
- Children are expected to be picked up promptly when the activity ends. **Students who are late being picked up (greater than 15 minutes) will be placed in Extended Day and a fee will be charged.**
- Financial aid is available to those who qualify.

MONDAY

CHOIR for Grade 4

Teacher: Ms. Megan Postle

Hours: 3:00 - 3:25 pm

This class is for fourth graders who love to sing! We will perform for school events and outside performances.

DRAWING & PAINTING for Grade 4

Teacher: Ms. Holly Brown

Hours: 3:30 - 4:30 pm

Class Fee: \$525 Material Fee: \$50

Students will learn about a variety of artists, using their work as inspiration for hands-on art projects. We will work in a variety of media including collage, painting, drawing and sculpture.

HARRY POTTER for Grade 3

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$525 Materials Fee: \$50

Conjure liquid luck, grow a mini mandrake, create a messenger owl and more as you continue to explore more wizardry wonders.

FIBER ARTS for Grade 3

Teachers: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$525 Materials Fee: \$50

Crocheting, cross-stitching and crafting. Students will learn wet-felting, macrame and create an object from fabric and thread. The world of textiles is fun and educational!

HOMEWORK'S DONE! for Grade 1

Teacher: Ms. Veronica Sanabani

Hours: 3:30 - 4:30 pm

Class Fee: \$525

Wouldn't it be nice to bring home an empty backpack at the end of the day? Finish your homework at school while working in a quiet room with the guidance and support of a teacher and the company of your peers.

HOMEWORK'S DONE for Grade 4

Teacher: Ms. Yedifer Piña

Hours: 3:30 - 4:30 pm

Class Fee: \$525

Wouldn't it be nice to bring home an empty backpack at the end of the day? Finish your homework at school while working in a quiet room with the guidance and support of a teacher and the company of your peers.

INTRODUCTION TO RUNNING! for Grade 2

Teacher: Ms. Katie Amodio & Ms. Katie Nelson

Hours: 3:30 - 4:30 pm

Class Fee: \$525

This class will instruct the girls in age-appropriate running techniques using warm-up and fitness games. Emphasis will be on safety and fun!

LET'S EXPLORE DRAWING & PAINTING for Grade 4

Teacher: Ms. Holly Brown

Hours: 3:30 - 4:30 pm

Class Fee: \$525 Material Fee: \$50

Students will learn about a variety of artists, using their work as inspiration for hands-on art projects. We will work in a variety of media including collage, painting, drawing and sculpture.

MUSICAL THEATER for Grade 1

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$525

This class is a perfect blend of musical theater training, character exploration and fun theater activities. Students will also learn vocals and choreography to popular Broadway songs.

ROBOTICS for Grade 2

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Fee: \$525 Material Fee: \$50

Students get hands-on experience learning about gears, motors and energy while building projects! Students will build creativity and develop problem-solving skills while learning concepts in engineering and robotics.

New

RUNNING CLUB for Grade 4

Teacher: Veronica DiBari and Sammy Pedersen

Hours: 3:30 - 4:30 pm

Class Fee: \$525

This class will instruct the girls in age-appropriate running techniques using warm-up and fitness games. Emphasis will be on safety and fun!

SCIENCE for Grade 3

Teacher: Upper School students

Hours: 3:15 - 4:00 pm

Join the Upper School students in a fun afternoon of hands-on projects and experiments!

SEWING for Grade 1

Teacher: Ms. Catherine Rowland

Hours: 3:30 - 4:30 pm

Class Fee: \$525 Materials Fee: \$50

Girls enjoy a relaxing class working on simple sewing projects. They will make bags, doll's quilts, hair bands and stuffed animals!

TUESDAY

CRAFTING FOR HOPE for Grade 3

Teacher: Ms. Tali Balas

Hours: 3:30 - 4:30 pm

Class Fee: \$525 Materials Fee: \$50

Do you love to make things, help others? Then this is the after school for you! Each month we will choose a different craft project and donate the items made to organizations around the world. Possible projects sock monkeys, pillowcase dresses, or bean bags. Grab your needles and get ready to make the world a better place using your hands!

CREATIVE ARTS for Grade 1

Teacher: Ms. Jennifer Simon

Hours: 3:30 - 4:30 pm

Class Fee: \$525 Materials Fee: \$50

This class will feature weekly themes to celebrate the seasons, holidays, family and school life. We will explore various art forms, including drawing, collage and crafting in a relaxed and fun environment.

EARTH SCIENCE for Grade 2

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$525 Material Fee: \$50

Through the foundations of biology, zoology, geology, oceanography and more, we'll learn all about how our planet works and the things that live here with us! Everything from bumblebees to blue whales, volcanoes to vortexes. If you are curious about anything in the world, this is the class for you!

New

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Teacher: T.B.A.

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Class Fee: \$525 Materials Fee: \$50

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HIP HOP for Grade 3, 4

Teacher: Ms. Abbie Ruff

Hours: 3:30 - 4:30 pm

Class Fee: \$525

This class features kid-friendly routines based on original Hip Hop choreography. The instructor will break down the steps, add games, activities and cultural elements into the lessons. Come dance the afternoon away.

HOMEWORK'S DONE! for Grade 2

Teacher: Mrs. Larissa Lanni

Hours: 3:30 - 4:30 pm

Class Fee: \$525

Wouldn't it be nice to bring home an empty backpack at the end of the day? Finish your homework at school while working in a quiet room with the guidance and support of a teacher and the company of your peers.

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Class Fee: \$525 Materials Fee: \$50

Girls enjoy a relaxing class working on simple sewing projects. They will make bags, dolls' quilts, hair bands and stuffed animals!

WEDNESDAY

CHOIR for Grade 3

Teacher: Ms. Megan Postle

Hours: 3:00 - 3:25 pm

This class is for third graders who love to sing! We will perform for school events and outside performances.

DIVE INTO ART! for Grade 1

Teacher: Ms. Jennifer Simon

Hours: 3:30 - 4:30 pm

Class Fee: \$525 Materials Fee: \$50

Let your imagination soar in the art studio! Students will create original works of art using a variety of fun and creative techniques including drawing, collage and crafting.

FUN WITH CANVAS for Grade 4

Teacher: Ms. Jaelyn Talley

Hours: 3:15 - 4:15 pm

Class Fee: \$525 Materials Fee: \$50

In this class we will combine paint, photography and mixed media on canvas. We will have fun while exploring various materials, creating unique pieces to hang on your wall!

MATH ENRICHMENT for Grade 4

Teacher: Ms. Yedifer Piña

Hours: 3:15 - 4:15 pm

Class Fee: \$525

This class will focus on math concepts and honing math skills. The girls will review in-class lessons and homework.

MUSICAL THEATER for Grade 2

Teacher: Ms. Alexandra Dominguez
Hours: 3:30 - 4:30 pm
Class Fee: \$525

This class is a perfect blend of musical theater training, character exploration and fun theater activities. Students will also learn vocals and choreography to popular Broadway songs.

New

POSITIVELY ME! for Grade 4

Teacher: Ms. Rachel Tenenbaum
Hours: 3:30 - 4:30 pm
Class Fee: \$525

This is a program of mindfulness, emotional intelligence, leadership, study skills, healthy habits, executive function and character development. The goal of this class is to promote self-esteem and the social skills that are foundations for all healthy behavior. We will practice breath-work techniques, self-soothing skills, and healthy communication.

New

ROBOTICS for Grade 1

Teacher: T.B.A.
Hours: 3:00 - 4:00 pm
Fee: \$525

Material Fee: \$50

Students get hands-on experience learning about gears, motors and energy while building projects! Students will build creativity and develop problem-solving skills while learning concepts in engineering and robotics

RUNNING CLUB! for Grade 3

Teacher: Ms. Lori Ayanian and
Ms. Veronica DiBari
Hours: 3:30 - 4:30 pm
Class Fee: \$525

This class will instruct the girls in age-appropriate running techniques using warm-up and fitness games. Emphasis will be on safety and fun!

New

YOGA for Grade 2

Teacher: T.B.A.
Hours: 3:30 - 4:30 pm
Class fee: \$525

This class will release some excess energy from our bodies and invite some mindfulness into our heads. Combining movement and theatre games with the practice of yoga, we create a fun and playful environment while teaching breathing techniques and age-appropriate yoga poses.

CREATIVE ARTS for Grade 2

Teacher: Ms. Jennifer Simon
Hours: 3:30 - 4:30 pm
Class Fee: \$525 **Materials Fee: \$50**
Join this class in exploring drawing, collage and paper construction to create and design individual works of art. If you can dream it, you can make it!

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PLAY PRODUCTION! for Grade 2

Teacher: T.B.A.
Hours: 3:30 - 4:30 pm
Class Fee: \$525
Join us for an interactive and immersive theatrical experience! This theater class will explore the fundamentals of stage production. We'll touch on performance and stage presence, writing and storytelling, costume concepts and more.

POSITIVELY ME! for Grade 3

Teacher: Ms. Rachel Tenenbaum
Hours: 3:30 - 4:30 pm
Class Fee: \$525
This is a program of mindfulness, emotional intelligence, leadership, study skills, healthy habits, executive function and character development. The goal of this class is to promote self-esteem and the social skills that are foundations for all healthy behavior. We will practice breath-work techniques, self-soothing skills, and healthy communication.

New

THE STOCK MARKET GAME! for Grade 4

Teacher: Mrs. Maureen Cook
Hours: 3:30 - 4:30 pm
Class Fee: \$525
Join our online simulation of the stock market! Girls will be given a virtual \$100,000 to invest while learning how to create a portfolio, trade, buy and sell stocks. Working with partners, students will develop and enhance skills in leadership, problem solving and team building. **This class requires commitment for two semesters (Winter/Spring).**

FRIDAY

CODING/SCRATCH for Grade 2

Teacher: Ms. Katherine Freel
Hours: 3:30 - 4:30 pm
Class Fee: \$525 **Materials Fee: \$50**
Learn to speak your computer's language. This class uses a combo of fun games, tech sites, and hands-on projects to engage all learning types! Coding teaches you how to think!

HIP HOP for Grade 1

Teacher: Ms. Abbie Ruff
Hours: 3:30 - 4:30 pm
Class Fee: \$525
This class features kid-friendly routines based on original Hip Hop choreography. The instructor will break down the steps, add games, activities and cultural elements into the lessons. Come dance the afternoon away!

ON-CAMERA ACTING for Grade 4

Teacher: T.B.A.
Hours: 3:30 - 4:30 pm
Class Fee: \$525
Lights, camera, action! This cinematic course focuses on acting techniques and audition skills. Learn the basics of playing to the camera!

STEM CLUB/CODING for Grade 3

Teacher: T.B.A.
Hours: 3:30 - 4:30 pm
Class Fee: \$525 **Material Fee: \$50**
This class combines the wonders of science, technology, engineering and math with fun projects. Students will learn computer coding, dabble in physics, practice their civil engineering skills, and even do a little chemistry. The perfect way to keep the learning momentum going outside the classroom.

WINTER 2022 Calendar

JANUARY

Monday	3, 10, 24, 31
Tuesday	4, 11, 18, 25
Wednesday	5, 12, 19, 26
Thursday	6, 13, 20, 27
Friday	7, 14, 21, 28

FEBRUARY

Monday	7, 14, 28
Tuesday	1, 8, 15
Wednesday	2, 9, 16, 23
Thursday	3, 10, 17, 24
Friday	4, 11, 25

MARCH

Monday	7
Tuesday	1
Wednesday	-
Thursday	-
Friday	11

THURSDAY

AFFINITY GROUP for Grades 1, 2, 3, 4

Teacher: Ms. Anastazia Neely & Ms. Marielena Quintanilla
Hours: **3:30 - 4:30 pm**
Our LS affinity group provides an opportunity for LS students of color to celebrate their shared identities, strengthen their sense of belonging, and enrich our inclusive community. Through read alouds, craft/virtual projects, circle shares, dance parties, and other activities, participants can connect with students of color from other grades and classes. Please note: This group is open to those who identify their racial/ethnic background as Black/ African American, African, Asian, Pacific Islander, Southeast Asian, First Nations, Latinx/Hispanic, Greater Middle Eastern, or Multiracial.

Registration for Winter 2022 please go to:

<https://lowschoolafterschool.campbrainregistration.com/>

-- Create an account and password

-- Select your after school class/es

-- Use your Credit card to pay (VISA, Discover and Mastercard only)