



ST. ANDREW'S SCHOOLS

THE PRIORY ♦ THE PREP ♦ THE PRESCHOOL

Wellness

St. Andrew's Schools

Yale's

Center for Emotional Intelligence

RULER

St. Andrew's Schools and our partnership



Yale's

Center for Emotional Intelligence

RULER

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RULER Anchor Tools:

An overview of how to incorporate these tools into your daily lives:

[Family Charter](#)

[Mood Meter](#)

[Meta-Moment](#)

[The Blueprint](#)

Class Visit Updates

Lower School

Priory and Prep - Grade 1

RULER's Emotions Matter

Mood Meter

Class Charter Revisited

Priory and Prep - Grade 3

RULER's Emotions Matter

Mood Meter

Class Charter Revisited

Exploring Best Self

Yale Center for Emotional Intelligence



- R**ecognizing emotions in self and others
- U**nderstanding the causes and consequences of emotions
- L**abeling emotions accurately
- E**xpressing emotions appropriately
- R**egulating emotions effectively

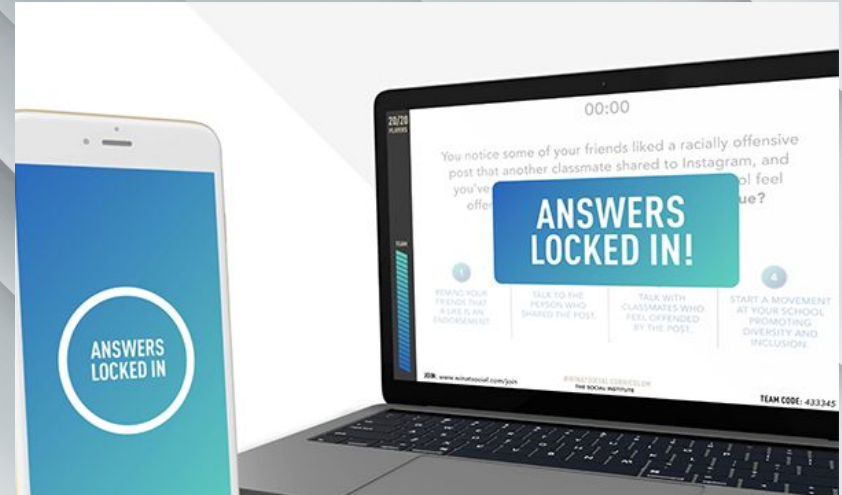
The Social Institute

WinAtSocial

St. Andrew's Schools and our partnership

#WINATSOCIAL PROGRAM SNAPSHOT

Watch a brief overview of the program and its benefits.



#WinAtSocial Parent Toolkit Account Setup

Follow these easy steps to sign up for the Resource Portal:

1. Visit TheSocialInstitute.com and click **Log In** in the top right.
2. Scroll down and click **Need To Activate Account**
3. Enter your Account Information and Parent Toolkit School Code: 118f408CE103B0 to create your account.
4. Your Parent Toolkit account is now active. We encourage you to look through the various Playbooks, Huddles, and the Wall of Wins. Your account will expire June 1, 2021 for this school year.

WinAtSocial Rollout

Lower School

Priory and Prep - Grade 4

Priory and Prep - Grade 5

Priory and Prep - Grade 6

Upper School

Phase one of rollout...

Priory - Grade 10

Priory - Grade 11

THE **SOCIAL** INSTITUTE



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NĀ PUA O ‘EMALANI **THE CHILDREN OF ‘EMALANI**

Founded by a courageous, faith-filled queen, our school deeply values our Hawaiian and Episcopal heritage, purposefully cultivating the mind-body-spirit connection. In this nurturing environment, our students uncover the gifts and talents that will make a difference in the lives of others. We know that as children increase their understanding of their connection to others, they are ultimately inspired to make positive contributions to the world throughout their lives.

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