


Learning Activities at Home

	Cognition	Social and Emotional Development	Physical Health and Development	Language and Literacy	Creative Arts	Mathematics	Science	Social Studies
	<ul style="list-style-type: none"> *Exploring *Asking questions *Making choices *Pretending *Remembering *Trying new and difficult things 	<ul style="list-style-type: none"> *Caring *Affection *Relationships *Safety and security 	<ul style="list-style-type: none"> *Healthy Eating *Physical activity *Helping with self-care 	<ul style="list-style-type: none"> *Interacting with people *Talking *Enjoying books, songs and writing *Expressing ideas, needs and feelings 	<ul style="list-style-type: none"> *Enjoying music *Dancing *Describing or making art and music *Looking at pictures *Being creative 	<ul style="list-style-type: none"> *Counting *Measuring *Comparing 	<ul style="list-style-type: none"> *Exploring *Experimenting *Investigating *Learning about living things 	<ul style="list-style-type: none"> *Understanding Family *Hearing stories about the past *Recognizing how people are the same and different
Morning Routine								
Breakfast								
Playtime								
Outside								
Lunch								
Jobs								
Music or Storytime								
Naptime								
Playtime								
Dinner								
Bedtime Routines								