

First and Last Name printed neatly: _____ Grade Level: _____ LA Teacher: _____

Parent Signature: _____

CESIT Selection for the Fourth Six Weeks 2021-2022

Number your first choice with a 1, second with a 2, third with a 3, and so on.....Look at your schedule and only choose a CESIT for the periods your schedule shows a CESIT class or a PE 7/8 Class. If your schedule shows PE 7/8 you must choose a PE 7/8 class taught by a PE certified teacher. If your class shows CESIT you may sign up for a regular CESIT or a PE 7/8.

First Period Classes	Second Period Classes	Third Period Classes
<p>Everyday classes:</p> <p>___ Art (Pena)</p> <p>___ Art-Op Art (Leichtenberg)</p> <p>___ Baking</p> <p>___ Biking/Weightlifting (PE 7/8 Priority)</p> <p>___ Chinese Cultures/Puzzlemania</p> <p>___ Cold Case CESIT</p> <p>___ Creative Writing</p> <p>___ CSA News</p> <p>___ Diamond Dotz</p> <p>___ Gamesapalooza</p> <p>___ Namaste CSA (PE 7/8 Priority)</p> <p>___ Nine Square</p> <p>___ Smash Bros</p> <p>___ Sportzapalooza (PE 7/8 Priority)</p> <p>___ Teacher/Office/Library Assistant (Teacher Signature Required)</p>	<p>Everyday classes:</p> <p>___ ASL (American Sign Language)</p> <p>___ Art (Pena)</p> <p>___ Baking</p> <p>___ CSA Investigates</p> <p>___ CSA Roar</p> <p>___ Documentaries and Discussion</p> <p>___ Diamond Dotz</p> <p>___ Gamesapalooza: Card Edition</p> <p>___ Let's Type</p> <p>___ Trek Through The Stars</p> <p>___ Nine Square</p> <p>___ Nitro-Basket-Soccer-Matball (PE 7/8 Priority)</p> <p>___ Puzzlemania</p> <p>___ Wii Sports and Just Dance</p> <p>___ Teacher/Office/Library Assistant (Teacher Signature Required)</p>	<p>Everyday classes:</p> <p>___ Bullet Journaling</p> <p>___ Courtyard Shenanigans (PE 7/8 Priority)</p> <p>___ CSA Strong (Strength and Fitness)</p> <p>___ Challenge Racers</p> <p>___ GarageBand</p> <p>___ Harry Potter</p> <p>___ Lunch Time Entertainment</p> <p>___ Namaste CSA (PE 7/8 Priority)</p> <p>___ Smash Bros</p> <p>___ Sportzapalooza (PE 7/8 Priority)</p> <p>___ Switch and More</p> <p>___ Teacher/Office/Library Assistant (Teacher Signature Required)</p> <p>___ Wellness & Watch</p> <p>___ Wonderful Wizarding World</p>

CESIT Course Descriptions (Alphabetical)

Term 4

January 5th to February 10th

2021-2022

Art (Leichtenberg)

Op Art. We will learn to draw and explore Optical Illusions.

Art (Pena)

If you love being creative, you must VAN GOGH sign up for the Art CESIT

ASL (American Sign Language)

Learn how to sign with Ian Stalnaker's Mom. Learn enough signs for basic communication and to sign them comfortably.

Baking

Love to bake? Never baked, but love to eat baked goods? Come have some fun with the baking CESIT. In this course, you will learn all of the basic knowledge needed to truly become a confident baker. We will bake everything from cookies to cakes, to loaf breads and chocolate works. And of course, we will have to taste all of our products before we share them!

Biking / Weight Training (PE 7/8 Priority)

Students will stay in shape by weightlifting and biking on alternating days. Learn how to lift weights for strength and toning, how to lift safely, and how to get the most out of your workout. Additionally, learn about bicycles, how to ride, how to ride safely, and get a cardio workout with the wind blowing through your hair. Don't have a bike? Don't worry. CSA has a bike for you to ride.

Challenge Racers

Do you find yourself bored every day, in need of a challenge? Are you a competitive person looking to defeat the masses? In *Challenge Racers*, you'll face a new challenge/puzzle/competition in class every day. These challenges will push you to get creative, build structures to reach goals, work with teams, and race against the clock!

Chinese Cultures (M/W/F) and Puzzlemania (T/Th)

Chinese culture is diverse and unique, yet harmoniously blended.

This class contains information divided into Traditions, Heritage, Arts, Festivals, Language, and Symbols each Monday, Wednesday, and Friday brought to you by Marcus Wang's Mom. On Tuesdays and Thursdays enjoy a relaxing atmosphere with the brain teaser that is puzzles and the satisfaction of finishing and breaking the pieces apart.

Cold Case CESIT

Have you ever watched a Crime show and thought "I could do better than this cop!", well now you can put your skills of deduction to the test! Use your critical thinking and problem-solving skills to try and solve various cold cases.

Creative Writing

If you enjoy writing stories and imagining worlds on your own, come to Creative Writing! We will explore different genres of writing and discuss how we can better tell a story. This class will help you in your language arts skills and expand your creative mind.

CSA Investigates

Have you ever wondered how 9 Square started at CSA? Are you obsessed with chicken nuggets and want to know more about them? Do you have other random questions in your mind that are begging to be answered? In this CESIT you will learn about anything you want, no matter how specific, by using interviews, your Chromebook, books, things you already know and more. At the end of this session, you will have the opportunity to publish what you've discovered!

CSA News

Come and be a part of our broadcast news program. We will produce the Friday weekly announcements in a video to be shared school-wide. Students will learn how to create and produce a quality video using iPads and green screen effects.

CSA Roar News Magazine

Description: Do you love to write about things that really interest and inspire you? Do you want to publish your work in a beautiful full color magazine for the entire school? In this class you will get to select a topic of interest, research that topic and write a news article for our school magazine.

CSA Strong (Strength and Fitness)

Does utilizing the force of gravity in the form of weighted bars, dumbbells and weight stacks to oppose the force generated by muscle sound like fun to you? I thought so. In plain English, this course is about building strength through resistance training (aka bodyweight movements, lifting weights, using machines etc.) Resistance training carries a plethora of benefits physically and mentally. This CESIT isn't just for those that already like working out, it's for everyone of all levels and goals! Come be a part of a supportive community that is centered around self-betterment and proving to yourself that you can achieve success.

Diamond Dotz Painting

Diamond Dotz is a 5D painting experience that combines cross-stitch and paint-by-numbers into one beautiful piece of art. Colorful gems are used to bring life to your work with textured three-dimensional "diamonds" that sparkle with color. Students will use an applicator to apply hundreds of sparkling resin rhinestones, one-by-one, on an adhesive color-coded canvas painting.

- Students & Parents: Use this link for a preview of Diamond Painting
<https://tinyurl.com/y7rcvmtk>

Documentaries for Change

This course involves watching documentaries about modern day issues and discussing the importance of seeing the world through other lenses. Explore topics that range from educational disparities to climate change, as well as mental health and the influence social media has on our brains. Come join us in this expansion of minds and world views!

Gamesapalooza

"It won't be a "Risk" to take Gamesapalooza! You'll be "Sorry!" if you don't give it a chance. Grab all your friends and give them a "Clue" at how awesome it will be to compete in all sorts of games. You'll be the "Mastermind" as you have fun exploring all the exciting games out there with Ms. Englund!"

Gamesapalooza: Card Edition

From ERS to a simple Go Fish, in Gamesapalooza: Card Edition, we will enjoy competitive card games and the satisfaction that comes from beating one's opponent!

GarageBand

Do you love music? Is there a song in your heart? With GarageBand on the iPad, you can create your own music and learn so much about how songs are put together. Come play and write your own song in your own style.

Let's Type! Are you still typing with 2 fingers? Struggling to get that paper in on time because your typing skills are slowing you down? Well, we've got you covered! In this CESIT we will build your typing skills from beginner to advanced so that you're prepared for the road ahead!

Namaste CSA (PE 7/8 Priority)

Join us in Namaste CSA for daily yoga practice that focuses on strength, flexibility and breathing to boost physical and mental wellbeing through exercise. Yoga is proven to decrease injury in athletes by increasing flexibility and practice creates mental clarity and calmness, centers attention and sharpens concentration. All bodies and skill levels are welcome!

Nine Square

Enjoy the game that everyone loves to play at lunch but without the line. Come out and have a blast.

Nitro-Basket-Soccer-Matball (PE 7/8 Priority)

Play a variety of team sports to fulfill your PE credit requirements.

Puzzlemania

Come one, come all to Puzzlemania! In this CESIT we will enjoy a relaxing atmosphere with the brain teaser that is puzzles and the satisfaction of finishing and breaking the pieces apart!

Smash Bros./Gaming

A place for both casual and competitive gamers. Showcase your skills in one of the most popular fighting games on the Nintendo Switch!

Sportzapalooza (PE 7/8 Priority)

Do you feel like running around and having fun? Come join sportzapalooza and play a different game every day. Some of the games are: capture the flag, poison, flag tag, jacked up nuke 'em, chaos, jacked up indoor soccer and more.

Switch and More

Do you want to learn a new game? Do you need some extra time to practice your skills in playing Mario Kart, Just Dance, or Super Mario Brothers U? How about some time to discover the most effective strategy to use while playing with friends? If so, bring your own device or play on our big screen 3rd period and be ready to be challenged!

Wellness & Watch

Love watching movies or watching your favorite show?!?! ME TOO!! Well... Let's get moving while being entertained. We will take our favorites and complete mini exercises while we watch. For example... every time Dory forgets → you AND I will complete 10 jumping jacks.... every time Rapunzel lets down her hair → you AND I will complete 15 lunges. You will also have the opportunity to create a fun and engaging workout routine with a group to your favorite movie or show.

Trek Through the Stars

Are you interested in what goes on above our heads? Do you find yourself looking to the stars with an endless stream of questions? In *Trek Through the Stars*, we'll learn more about space science, including topics about planets outside of our solar system, star clusters and constellations, our search for life beyond Earth, and NASA's efforts to explore off-world.

Wii Sports and Just Dance/Switch Mario Kart

Do you enjoy playing with a group practicing your driving skills, tennis skills or other team sports? How about practicing your dance moves with your friends to your favorite song? If so, join us second period and be ready to have some fun!

Wonderful Wizarding World

Are you a fan of the #1 selling book series Harry Potter? Do you have an interest in learning about the world that JK Rowling built? In this class we will be deep diving into the wonderful wizarding world of Harry Potter! What is the history behind the Ancient Runes class? Why did the Founders have those animal symbols? Most importantly: what is your TRUE Hogwarts house and Patronus?! Find out all about it here!