



CARMEL CLAY SCHOOLS

EDU-CARE MENU



SPRING 2022

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 	BFAST	Mini Pancakes *	P Egg Bite w/ Croissant OR Assorted Cereal	French Toast Sticks *	Blueberry Muffin *	Chicken Biscuit Sandwich
	AM SNACK	Fresh Fruit Milk	Trail Mix * Milk	Fresh Veggies & Hummus Water	Apple Slices w/ Sunbutter Yogurt Dip Water	Yogurt Parfait w/ Cereal* Water
	LUNCH	Meatballs in Marinara w/ Garlic Toast Peas & Carrots Pineapple	Chicken Smackers w/ Bread * Mashed Potatoes Sliced Apples	Grilled Cheese Sandwich * w/ Tomato Soup California Veggies Fresh Fruit	Cheeseburger* Green Beans Diced Peas	Personal Pan Pizza * Steamed Broccoli Diced Peaches
	PM SNACK	Strawberry Appleways Bar * Juice	Banana & Chat Snax Water	Applesauce Cup Milk	Cheese & Crackers Milk	Goldfish Crackers * Milk
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 2 	BFAST	Mini Waffles *	Cheesy Omelet w/ Biscuit	Sausage Pancake Bites *	Biscuit Stick w/ Jelly	Banana Muffin *
	AM SNACK	Cottage Cheese w/ Pineapple Water	Fresh Fruit Milk	Cheddar Whales * Juice	Yogurt Parfait w/ Cereal* Water	Hummus & Pretzels Water
	LUNCH	Chicken Nuggets * w/ Bread Steamed Broccoli Fresh Fruit	P French Toast Sticks * w/ Sausage Triangle Tater Tots Cinnamon Pears	Fish Sticks * Steamed Carrots Pineapple	Pasta w/ Meat Sauce & Garlic Toast Green Beans Diced Peaches	Chicken Patty Sandwich * Baked Beans Mandarin Oranges
	PM SNACK	Birthday Cake Bites* Milk	Cheez-its* Juice	Applesauce Cups Milk	French Toast Goldfish* Milk	Cheerios * or Raisins Milk
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 3 	BFAST	Mini Pancakes *	Egg & Cheese Biscuit	Yogurt w/ UBR *	French Toast Sticks *	Assorted Cereal *
	AM SNACK	Yogurt Parfait w/ Cereal* Water	Cheese & Crackers Milk	Trail Mix * Milk	Cottage Cheese w/ Pineapple Water	Fresh Fruit Milk
	LUNCH	Macaroni & Cheese * Green Beans Applesauce	Teriyaki Chicken w/ Rice* Steamed Broccoli Fresh Fruit	Cheese Pizza * Butternut Squash Diced Peaches	Chicken Rings w/ Bread * Smiley Potatoes Mandarin Oranges	Mini Corn Dog * Baked Beans Diced Peas
	PM SNACK	Goldfish Crackers * Milk	Blueberry Appleways Bar* Juice	Fresh Veggies & Hummus Water	Cinnamon Bites * Milk	Yogurt Cup & Graham Crackers Water

Serving Notes:
Milk served daily with breakfast and lunch. Fruit served daily with breakfast.

P Contains Pork ***** Whole Grain or Whole Wheat Item Contains Fish or Shellfish

January					February					March					April					May									
M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F					
	3	4	5	6	7			1	2	3	4			1	2	3	4					1		2	3	4	5	6	
	10	11	12	13	14		7	8	9	10	11		7	8	9	10	11		4	5	6	7	8		9	10	11	12	13
	17	18	19	20	21		14	15	16	17	18		14	15	16	17	18		11	12	13	14	15		16	17	18	19	20
	24	25	26	27	28		21	22	23	24	25		21	22	23	24	25		18	19	20	21	22		23	24	25	26	27
	31						28						28	29	30	31			25	26	27	28	29		30	31			

This institution is an equal opportunity provider

Nutrition or allergen question? Visit our website: <https://www.ccs.k12.in.us/services/food-service>

Menu subject to change