

November 26, 2021年11月26日



Happy Thanksgiving! 欢度感恩节

We celebrated the Thanksgiving holiday by eating a traditional meal. Our chefs prepared hard to replicate what most Americans would eat at home. They did a great job! It was fun for our staff and students to eat together and reflect on what they are grateful for this year. The IB Learner Profile of Caring focuses on taking care of one another. We are working hard at Sias IS to build a culture where all students care for one another and show gratitude.

我们用一顿传统的饭菜来庆祝感恩节。厨师团队很难复制大多数美国人在家里吃的传统食物。不过这次的感恩节食物味道很好!对于我们的员工和学生来说,大家一起用餐并思考他们今年感激的事情是很有意思的。IB 学习者的关怀模式侧重于相互关怀。西亚斯外籍学校致力于建立一种全体学生互相关心、相互感激的文化。











HAPPY THANKSGIVING!











Newsletter 家校通讯录

















Parent Roundtable 家长圆桌会议

On Thursday afternoon, we hosted a parent roundtable meeting where I got feedback from parent volunteers. Parents gave great feedback and suggestions for our growth. The topics, summaries, and our next steps are below.

周四下午,我们举办了一场家长圆桌会议,我从与会家长那里得到了很多反馈。家长们对学校成长与发展给予了很好的反馈和建议。以下是我们讨论的主题、各项总结以及将要采取的措施。

- After School Activities- Parents want high quality, professional activities and are willing to pay for them. Sias IS will create a survey to get more feedback from families about ASAs.
- © Breakfast/Lunch/Snacks- Parents are pleased with the quality of food overall. Parents want breakfast to be provided. Sias IS will prepare to offer breakfast and the times it will be served. We will communicate with you when we are prepared.
- © School Bus- Parents would be more willing to ride the school bus if we provided breakfast. Sias IS will reshare the bus sign up information. We encourage you to consider riding the bus.
- © Recruitment and Growth- Sias IS aiming to added 200-250 new students for next school year and we need your help. Please share the positive things about Sias IS with your friends and community.
- O Hosting Teachers- Parents are interested in hosting teachers for dinner to help them better acclimate to life in Zhengzhou. Sias IS will prepare a sign up for families interested in hosting foreign staff.
- © Seesaw Communication- We know that Seesaw can be challenging for some families. This is an internationally used tool for classroom to parent communication. If you have emergencies or need an immediate response from the school, please contact the public WeChat account.
- ② 课后延时课程——家长们希望学校可以提供更高质量的课后延时课程,并支持付费上课。学校将开展一项调查, 从所有家庭中获得更多关于课后延时课程的反馈。
- ◎ 早餐 / 午餐 / 加餐──家长们对食物的整体质量感到满意。并希望学校可以提供早餐。学校将为此做好准备。当一切准备就绪,我们会与您及时沟通。
- ◎ 校车——如果学校提供早餐,家长们会倾向于让孩子们乘坐校车。学校将再次与各位家长同步校车报名信息。鼓励大家积极报名。
- ◎ 招聘和发展——西亚斯外籍学校的目标是在下学年增加 200–250 名新学生,我们需要您的帮助。请与您的朋友和所在社区分享学校的精彩信息以及教学优势。
- ◎ 家校沟通——家长们表示有兴趣与外籍教师共进晚餐,以帮助老师们更好地适应在郑州的生活。学校将为有兴趣接待外籍员工的家庭准备一份登记表。
- Seesaw 沟通——我们知道通过 Seesaw 沟通对一些家庭来说是一个挑战。这是国际通用的教师与家长沟通平台。如果您有紧急情况或需要学校立即回复,请联系企业微信。



School Bus Information 校车信息更新

For more information about the school buses, please scan below.

更多关于校车的信息,请扫描下方二维码。





Open House Events 家长开放日活动

We will host an Early Years Open House on December 4th in the morning. We will host a Primary and Middle School Open House on December 11th in the morning. Please share the below information with your friends.

12月4日上午学校将召开学前教育班家长开放日。12月 11日上午学校将召开小学及中学家长开放日。请将以下信 息分享给您的朋友。





Tree Lighting Ceremony 点灯仪式

We are inviting our Sias IS families to join us for a Tree Lighting ceremony to celebrate the winter holidays. Due to COVID safety restrictions, please only bring your immediate family, scan in upon arrival, and wear a mask. We will provide cookies and warm refreshments. The event will last from 5:00-6:30. The tree lighting program will be from 5:30-6:00.

我们将持续邀请西亚斯外籍学校大家庭来小参加为庆祝冬假准备的点灯仪式。为配合新冠疫情防控工作,仅限学生的直系亲属参与本次活动,到场时请按要求扫描二维码,并佩戴好口罩。活动现场备有饼干和热饮。活动时间为下午五点至六点半。点灯仪式为五点半到六点。

Learning at Sias IS 在西亚斯外籍学校的学习





















Newsletter 家校通讯录















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Lunch Menu

菜单

Week 10					
	Monday 星期一	Tuesday 星期二	Wednesday 星期三	Thursday 星期四	Friday 星期五
加点 Snack	德亚纯牛奶 Milk 小面包 Bread	德亚纯牛奶 Milk 蒸蜜薯 Sweet potato	德亚纯牛奶 Milk 去皮核桃仁 Walnut kernel * 香梨 Pear	德亚纯牛奶 Milk 粘玉米 Corn	德亚纯牛奶 Milk 吐司配果酱 Toast with jam
中餐 Lunch	双色米饭 Rice 番茄炒鸡蛋 Scrambled egg with tomato 青笋木须肉片 Sliced beef with bamboo shoots and mustache 蒜蓉菠菜 Spinach 紫菜蛋花汤 Seaweed and Egg Soup	意式风情披萨 Itlian Pizza 秘制烤鸡腿 Roast dumstick 薯条配番茄沙司 French Fries 玉米浓汤 Cream corn Soup	红烧牛肉面 Braised beef noodle 盐水大虾 Salted prawns 香卤素鸡 Stewed chicken 田园蔬菜汤 Pastoral vegetable soup	鸡肉汉堡 Chicken sandwich 芝士焗红薯 Baked sweet potatoes with cheese 酥脆洋葱圈 Onion rings 香橙红萝卜浓汤 Orange and carrot soup	泰国香米饭 Thai rice 清炒西兰花 Stir-fried broccoli 糖醋鸡柳 Sweet and sour chicken fillet 手撕包菜 Shredded cabbage 水果小汤圆 Fruit dumplings
加点 Snack	德亚酸奶 Yogurt 白心火龙果 橙子 Orange	德亚酸奶 Yogurt 哈密瓜 Hami melon 库尔勒香梨 Pear	德亚酸奶 Yogurt 冬枣 winter jujube 香蕉 Banana	德亚酸奶 Yogurt 蓝莓 Blueberry 柚子 Grapefruit	德亚酸奶 Yogurt 凤梨 Pineapple 圣女果 Cherry tomato

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№ Location 地址

Longhu Middle Ring Road and Chaoyang Road Intersection, Zhengzhou New District, Zhengzhou City, Henan Province, China

中国河南省郑州市郑东新区龙湖中环路与朝阳路交叉口

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