

HOW TO GET TO COUNSELING PAGE?

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**LOMPOC VALLEY
MIDDLE SCHOOL**

Teach • Learn • Empower

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What Can you do at this page?

2. Hover over "services" Click on "Counseling" the first option.

Counseling

Counseling Secretary

Rachel Reyna

Email: <mailto:reyna.rachel@lusc.org>

805-742-2620



Students: Last names
A-L

Lompoc Valley Middle School Counseling Department

[Click here to submit a request to speak with your counselor](#)

All Students have been invited to join our Google Classroom through their school emails. If your student has not received an invitation, please email their counselor.

[LVMS Virtual Calming Center](#)

Click the link above to be taken to our LVMS Virtual Calming Center. This website includes calming music, creative writing prompts, and information on mindfulness.

[After School Tutoring Schedule](#)

[Flyer for After School Tutoring:](#)
[Spanish](#)

LVMS will offer after school tutoring to students where they will have an opportunity to meet with teachers to help answer their questions in the school library. Students do not need to be present for the entire time, they may enter and leave tutoring as needed. Click on the link above for tutoring information. Please refer all questions to the counseling department.

Make an appointment with your counselor.

Visit the Calming Center

In person tutoring

Other things to do:

Report Bullying
Counseling Presentations
Community Resources

