



2022

January – May

PARENT SERIES

AUDIENCE:

INDEPENDENT SCHOOL PARENTS & CAREGIVERS

A VIRTUAL PROGRAM

5 ONE-HOUR WEBINARS

WEBINARS WILL TAKE PLACE VIA ZOOM

6:30 – 7:30 PM CENTRAL/

7:30 – 8:30 PM EASTERN

Recordings available until June 30, 2022

School leaders, so many of you accessed the fall ISACS Parent Series to strengthen partnerships with parents in support of the school/home relationship. To continue to help you support parents, ISACS will offer a winter/spring series of five one-hour sessions for parents in all stages of their child's growth. We hope you find the new topics to be compelling and helpful to your school and to parents as they continue to learn from leading experts in the fields of education and child development.

Parents and caregivers, we hope you consider joining other independent school parents for any of the five evening sessions led by a variety of experts to help you support your children socially, emotionally, educationally, and developmentally as we all continue to learn and grow.

WEDNESDAY, JANUARY 12, 2022

How To Unleash Your Child's Brilliance - Even in a Pandemic

CHRIS REAVIS, PARENT COACH & AUTHOR

Learn three practical and proven ways to bolster your child's academic and social-emotional learning—yes, even now. This session will help you apply modern, neuroscience-based approaches that give results, even in the most difficult situations. Your presenter, Chris Reavis, is the best-selling author of *Unleashed: What a Child with Autism Can Teach You*. While this webinar is for parents of children in grades 2-10, all parents are welcome.



CHRIS REAVIS is a parent coach, techie, and entrepreneur. He helps adults understand how their children's brains work. With this new expertise, adults can unleash the brilliance inside their child. Reavis also is the author of *Unleashed: What a Child with Autism Can Teach You* which was published in November 2021. He lives in the Pacific Northwest with his two children, wife, and wonder dog Penelope.

WEDNESDAY, FEBRUARY 9, 2022

Smart But Scattered: How Parents Can Help Strengthen Executive Skills in Their Children

PEG DAWSON, PSYCHOLOGIST & AUTHOR

Executive skills are critical to the acquisition of academic skills, but, more importantly, they are the skills students need to get things done. They are brain-based skills such as task initiation, sustained attention, working memory, planning, organization, and goal-directed persistence that are critical to school success. Some students seem to acquire them naturally, but many students struggle. Dr. Peg Dawson, co-author of the books *Smart but Scattered* and *Smart but Scattered Teens*, will describe how these skills develop throughout childhood and will suggest strategies parents can use to help children acquire the critical skills they need to be successful students. This webinar is for parents of children in grades K-12.



PEG DAWSON has over 40 years of clinical practice experience and has worked with thousands of children and teens who struggle at home and in school, often attributable to weak executive skills. Along with Dr. Richard Guare, she has written numerous books on this topic for educators, mental health professionals, and parents, among them *Smart but Scattered*, *Smart but Scattered Teens*, *Executive Skills in Children and Adolescents*, and *Coaching Students with Executive Skills Deficits*. Dawson also is a past president of the National Association of School Psychologists and the International School Psychology Association, and is a recipient of NASP's Lifetime Achievement Award.

REGISTER YOUR SCHOOL TODAY

TUESDAY, MARCH 8, 2022**How Does Play Promote Children's Social, Emotional & Intellectual Development?**

PETER GRAY, RESEARCH PROFESSOR OF PSYCHOLOGY & NEUROSCIENCE AT BOSTON COLLEGE

"Play" is a word that is used to refer to children's preferred activities. But what, really, is play? Hear the definition of play as activity and learn about the characteristics of play and how each of them contributes to play's educational and developmental value. Learn why play came about—to promote children's healthy physical, intellectual, social, moral, and emotional growth—and how psychological detriments have accompanied the decline of play in recent decades. This webinar is for parents and caregivers of children birth-age 14.



PETER GRAY is a research professor of psychology and neuroscience at Boston College. He has conducted and published research in neuroendocrinology, developmental psychology, anthropology, and education. His recent research focuses on the role of play in human evolution and how children educate themselves through play and exploration—when they are free to do so. He expanded on these ideas in his book, *Free to Learn: Why Unleashing the Instinct to Play Will Make Our Children Happier, More Self-Reliant, and Better Students for Life*. He also authors a regular blog called *Freedom to Learn* for *Psychology Today* magazine.

TUESDAY, APRIL 5, 2022**Raising a Renaissance Kid**

LISA VAN GEMERT, GIFTEDGURU & AUTHOR

Parents of high-ability children often find that they are struggling to keep up with the whirlwind of their children's interests and passions. We're supposed to make sure our children are creative but also critical thinkers, while simultaneously not quashing their individualism. It can be daunting, intimidating, and even paralyzing. And it also can be thrilling and rewarding, invigorating, and even fun. Join us for this session that will provide five tips every parent needs when raising a high-ability child. This webinar is for parents and caregivers of children ages 4-17.



LISA VAN GEMERT shares best practices in education with audiences around the world. She is a consultant and advisor to television shows including Lifetime's "Child Genius," a writer of award-winning lesson plans, numerous articles on social psychology and pedagogy, and four books, including the award-winning *Perfectionism: A Practical Guide to Managing Never Good Enough*. Van Gemert is a former teacher, school administrator, and Youth & Education Ambassador for Mensa.

TUESDAY, MAY 3, 2022**Helping Our Children of Color Thrive in Independent Schools**

CAROL SUTTON LEWIS, GROUND CONTROL PARENTING

How can parents of children of color help them successfully navigate their independent school experience? What can we do to support their academic, social, and emotional growth in school and beyond? Parent advocate Carol Sutton Lewis is the founder of Ground Control Parenting and host of the *Ground Control Parenting* podcast. She draws upon her extensive experience with independent schools and parenting to offer tips and advice on how parents can help their children manage the opportunities and challenges that an educational experience in independent school can present. While this discussion will be of particular interest to parents and caregivers of children of color, all are welcome to join.



CAROL SUTTON LEWIS, a trained attorney, has spent over 25 years focusing on parenting, child development, and education, with a particular interest in how Black and Brown children learn and develop. She shares best parenting practices in her blog, *Ground Control Parenting* and produces a weekly *Ground Control Parenting with Carol Sutton Lewis* podcast where she talks with experts about the job and the joy of raising Black and Brown children. Sutton Lewis serves on the board of Stanford Law School and is on the New York City Advisory Council and the Editorial Advisory Board of Common Sense Media. She has previously served on the boards of the University of Pennsylvania School of Arts and Sciences and her sons' K-12 independent school in New York City.

REGISTRATION DETAILS & FEE

ONLY ONE PERSON FROM YOUR SCHOOL NEEDS TO REGISTER AT [ISACS.ORG/PARENTSERIES](https://isacs.org/parentsseries)

- \$375 per school for ISACS members for any or all five one-hour webinars
- \$475 per school for non-ISACS members for any or all five one-hour webinars
- Webinars will take place via Zoom at 6:30 – 7:30 pm central/7:30 – 8:30 pm eastern
- All parents or other members of the school community (faculty, administrators, etc.) who plan to attend the live presentations must pre-register individually on Zoom for each webinar.
- Prior to each webinar, ISACS will send an email to the school's contact person with details of the upcoming webinar including the pre-registration Zoom link.
- To accommodate busy schedules, webinars will be recorded and available to registered schools until June 30, 2022.
- There will be no refunds for the Parent Series.

REGISTER YOUR SCHOOL TODAY

Questions? Contact Karen Zeitlin at karen@isacs.org.

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