



# TULSA PUBLIC SCHOOLS SECONDARY BREAKFAST

# JAN 2022

## MONDAY

3

Mini Cinnamon Bagels  
Mixed Fruit

## TUESDAY

4

Bacon Scramble  
Breakfast Pizza  
Baked Cinnamon  
Apples & Raisins

## WEDNESDAY

5

French Toast Sticks  
Fresh Banana &  
Orange Smiles

## THURSDAY

6

Breakfast Sandwich  
Diced Peaches

## FRIDAY

7

Blueberry Mini Waffles  
Applesauce

Happy New Year! Welcome back to school!

10

Oatmeal Round  
Raisins

11

Pancakes  
Mixed Fruit

12

Cereal  
Fresh Banana &  
Orange Smiles

13

Tater Tot Burrito  
Diced Pears

14

Breakfast Pizza  
Orange Smiles

Variety of cereal offered daily

17

Sausage Biscuit  
Applesauce

18

Maple, Egg and Sausage  
Tornado  
Diced Peaches

19

French Toast Sticks  
Apple Slices

20

Honey Glazed Chicken  
Biscuit  
Banana

21

Breakfast Cinnamon  
Bar  
Raisins

Make healthy choices!

24

American Breakfast  
Sandwich  
Raisins

25

Pancakes  
Diced Peaches

26

Oatmeal Round  
Bananas & Orange  
Smiles

27

Breakfast Taco Roll  
Orange Smiles

28

Cinnamon Roll  
Applesauce

31

Confetti Pancakes  
Diced Pears

Variety of  
**Juice** and fat  
free and low  
fat **Milk** are  
offered daily

Revised: 12/13/2021

Menu subject to change based on product availability

This institution is an equal opportunity provider.