

TULSAPUBLICSCHOOLS

Week of January 17th

Tons of Variety - Try Something New Every Day.

GRILL

EVERYDAY SELECTIONS

Hamburger, Cheeseburger, Crispy Chicken, Spicy Chicken, Veggie Burger



- Chicken Parmesan Sandwich
- Bacon Cheeseburger
- W: Italian Meatball Sub
- Th: Grilled Cheese

TOPPINGS: Cheddar Cheese, Pepper Jack Cheese, Shredded Lettuce, Sliced Tomatoes, Sliced Red Onions, Jalapeños, Pickles

PIZZA

EVERYDAY SELECTIONS

Cheese Pizza, Mozzarella Stuffed Breadstick with Marinara M/W/F: Pepperoni Pizza T: Sausage Th: Hawaiian





- M: Blazin' Hot Buffalo Chicken Pizza
- Chorizo Sausage Pizza
- W: Jalapeño Lime Chicken Pizza
- Th: Jerk Chicken Pizza

FAST TAKES

DAILY SPECIALS

- M: Chef Salad
- Chicken Caesar Salad
- W: Crispy Chicken Salad
- Buffalo Chicken Salad
- Chicken Caesar Salad





- Spicy Muffaletta Sub/Salad
- M: Blazin' Hot Buffalo Chicken Sub/Salad W: Jalapeño Lime Chicken Wrap/Salad
 - Th: Jerk Chicken Wrap/Salad



EVERYDAY SELECTIONS

Custom Subs with a Variety of Meats, Cheeses, Fresh Baked Breads, Premium Sauces and **Toppings**

- M: Blazin' Hot Buffalo Chicken Sub
- Spicy Muffaletta Sub

- Crispy Chicken Sandwich
- Chicken Salad Sandwich
- W: Buffalo Chicken Sandwich
- Th: BBQ Chicken Sandwich
- Jerk Chicken Sandwich
- W: Jalapeño Lime Chicken Wrap
- Th: Jerk Chicken Wrap

ADVENTURE



Enjoy this week's features Monday-Thursday in Adventure!

Prepare for an original Italian experience in which the "pasta-bilities" are endless! Make your perfect bowl, topped with your choice of mix-ins. sauces and more.





ADVENTURE

Steak Fingers

DELI Jerk Chicken Sandwich



Cheeseburger Pizza

GRILL BBQ Rib Sandwich

FAST TAKES Fruit and Yogurt Parfait



EXTRAS



A hearty garden bar, fresh fruits and a variety of vegetables and sides are offered daily. We hope to inspire and encourage all students to make healthy choices regularly.

EVERYDAY SELECTIONS

Make every day a fiesta of flavor and fun! Choose your filling, then build your Mexican favorite just the way you like. Burritos, salads, nachos and tacos available daily.



KICK IT UP A NOTCH

by adding one of our specialty sauces or spices to your meal! This month's spices are T4 Signature and Chipotle Cinnamon Seasonings.

Creamy Sriracha Sauce A spicy cayenne pepper sauce with special seasonings

Chipotle Lime Sauce Mayonnaise blended with chipotle and adobo sauces, fresh cilantro, lime juice, honey, garlic and yellow mustard.

